Adult Calendar

March 2024



31 Potter Hill Road Gilford, NH 03249 524-6042 www.gilfordlibrary.org









MYSTERY BOOK DISCUSSION- MARCH 4@ 5PM

Join us for this month's mystery book group! Betty Tidd will lead the discussion of *Depth of Winter* by Craig Johnson. Copies of the book will be available at the circulation desk.

WELLNESSLINK - MARCH 6 @ 10:30AM

The Partnership for Public Health will be talking about their program, WellnessLink which supports older adults' access to public health.



Discover what it is to be gluten tree and how to get started on the diet from Health Coach, Reiki Master and Occupational Therapist, Judy Cook.

ST PATRICK'S DAY SING-A-LONG - MARCH 18 @ 10AM

Enjoy some fun and festive St. Patrick's Day songs with Jane! These engaging songs are perfect for celebrating the holiday. Grab a snack, sing a song and don't forget to wear lots of Green.

THE ECLIPSE IS COMING! - MARCH 19 @ 5:30PM

Sally Jensen, a NASA Solar System Ambassador, will explain the coming total solar eclipse and how to safely observe it.



DISCOVER LIVE: FLORENCE, ITALY- MARCH 20 @ 1PM

See the wonders of this magnificent city from the street market to the Cathedral of Saint Mary of the Flower in this live, virtual tour.

SUNFLOWER WREATH ADULT CRAFT - MARCH 21 @ 1PM

Use your creativity to make a one of a kind Sunflower Wreath for your door using clothespins, paint and glue. Sign up is a must. Don't wait!



BOOK DISCUSSION: SHARK HEART - MARCH 21 @ 5:30PM

This month's book is *Shark Heart* by Emily Habeck. Led by Molly; books are available at the front desk.

HEALTH BENEFITS OF FASTING - MARCH 26 @ 10AM

Have all of your questions answered on the health benefits of intermittent and extended day fasting from Dr. Amanda of Awakening Chiropractic.

COOKBOOK CLUB: MAGNOLIA TABLE- MARCH 26 @ 5:30PM

Join us for this month's Cookbook Club: Magnolia Table by Joanna Gaines. Copies are available at the Front Desk. Make any recipe from the book and bring it to our bimonthly potluck!

GRAY GHOSTS & OLD FENCE POSTS - MARCH 28 @ 5:30PM

NH Audubon raptor biologist Chris Martin will talk about the state-endangered Northern Harriers and their efforts along with NH Fish & Game to find harrier breeding areas and document nest outcomes.





KIDS CALENDAR

MARCH 2024



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31 Potter Hill Road
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3:30PM



PROGRAMS



DR. SEUSS' BIRTHDAY PARTY

It's Dr. Seuss's birthday! We'll have crafts & snacks, along with a special quest, The Cat in the Hat for a story!

BABY STORYTIME

Meet new friends with your baby in this interactive storytime filled with songs, nursery rhymes, and movement. *ages birth to 3 years old.

PRESCHOOL STORYTIME - TUESDAYS

Listen to fun stories and make cute crafts with Miss Linda!

LITTLE MATH WIZ

Little Math Wiz is filled with fun stories & educational games! *Ages 3

SCIENCE SEEKERS: CRAZY COLORS

Create color changing experiments with Miss Jill!

MELODY & MOTION

Join us in playing & moving with all different kinds of musical instruments!

PRESCHOOL STORYTIME - FRIDAYS

Connect with other kids in a fun-filled storytime with Miss Jill!

ELEMENTARY EARLY RELEASE: ST PATRICK'S DAY

Celebrate St. Patrick's day by making shamrock shakers and wands!

DROP-IN CRAFT: WASHCLOTH BUNNIES

Make a unique washcloth bunny!

BUNNY HOP STORYWALK

Gilford Parks-Rec have teamed up with us to celebrate Easter with an adventurous storywalk that includes an egg hunt! *Sign-up is required* Call Gilford Parks-Rec (603)527-4722 by March 27th. This event is for 4th graders and under, accompanied by parents/guardians.

T(W)EEN CRAFTER SCHOOL CLUB

The first Thursday of the Month brings a new craft to the Teen Room. Try out Diamond Painting this month with Hayden.

T(W)EEN DUNGEONS & DRAGONS CLUB

Play Dungeons and Dragons with Dungeon Master Hayden!

T(W)EEN AFTER SCHOOL CLUB

Hangout with friends, play games, and make stuff. You decide what we do!

HOMESCHOOL GAME CLUB

Home school kids between 11 and 18 years old, come for an afternoon of activities.

T(W)EEN EARLY RELEASE: DE-STRESS FOR T(W)EENS

Join Hayden and Karen Deighan from 4H in making stress balls to help you relieve your stress!























