



May 14, 2024

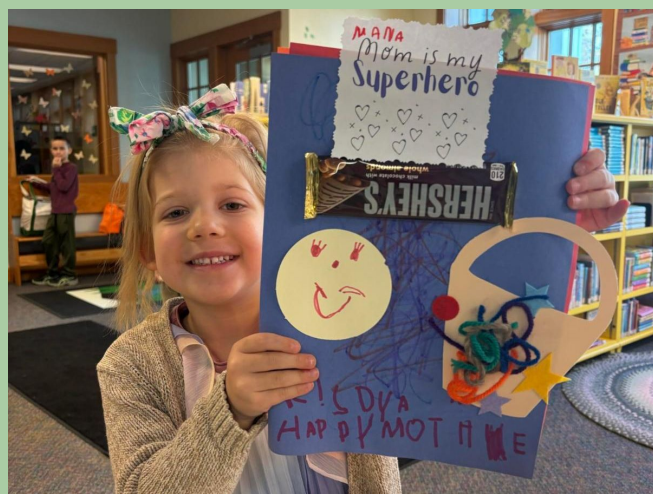
One finch, two finch, goldfinch, bullfinch; that's how it goes right? This week we continue on our dalliance with the players with the pleasant plumage.

Later today at 5:30pm we have "Benefits of Forestry Practices on Bird Diversity" talking about how humans can enable greater biodiversity when it comes to birds. Then on Saturday the 18th at 7:30am we have a "Bird Walk" with Wendy Oellers and Chris Agurkis, two of the fabulous photographers featured in this month's exhibition. Be sure to sign up for the latter as there are limited spaces available. We will meet at the library for coffee and light refreshments in the Meeting Room before heading over to Gunstock.

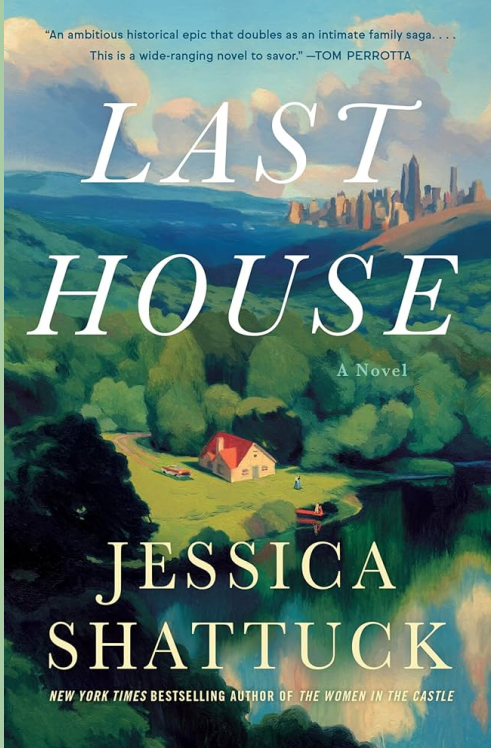
Though your heart may be wren-t asunder with the end of our bird programs, fear not as the library will continue to provide delightful and informative programs of all kinds as long as we are able, and that's no lark.

**On the Librarian's
Nightstand:
Last House
by Jessica Shattuck**

**One of many happy faces for our
Drop-In craft!**



Cookbook Club: Mediterranean



"Shattuck's evocative novel really shines in its presentation of authentic voices for all the generations and their viewpoints born of different life experiences and ideals. Everything here is convincing. . . Shattuck channels complex history through the saga of a single family."

— *Booklist*

(author of *The Women in the Castle*)

Secrets Of The Octopus
by Sy Montgomery

Nosy Neighbors
by Freya Sampson

How To Read A Book
By Monica Wood

This Summer Will Be Different
by Carley Fortune

The Ministry Of Time
by Kaliane Bradley

This Strange Eventful History
by Claire Mussud

GILFORD PUBLIC LIBRARY
COOKBOOK CLUB:
MEDITERRANEAN EDITION



MAY 21ST- 5:30PM

GRAB A COPY OF *5 INGREDIENTS MEDITERRANEAN* OR *THE MEDITERRANEAN DISH* AT THE FRONT DESK!

MAKE A DISH FROM EITHER BOOK AND BRING IT TO OUR BIMONTHLY POTLUCK!



Join us for this month's Cookbook Club: *The Mediterranean Dish* by Suzy Karadsheh or *5 Ingredients Mediterranean* by Jamie Oliver. Make any recipe from the book and bring it to our bimonthly potluck!

Tuesday, May 21 @ 5:30 p.m.

Bird Walk

Bird Walk

Saturday, May 18 @ 7:30AM

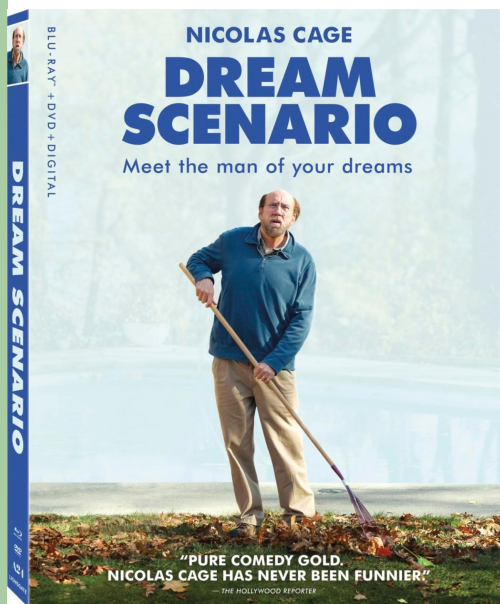
Join Bird Enthusiasts and Nature Photographers Chris Agurkis and Wendy Oellers-Fulmer for a birding excursion on the Wetlands Walk at Gunstock Mountain. Please dress appropriately and bring binoculars if you have them. Meet at the library at 7:30am for coffee and light refreshments before the walk.



Sign up to join two Nature Photographers for a birding excursion on the Wetlands Walk at Gunstock Mountain. Meet at the library at 7:30am for coffee and light refreshments before the walk.

Saturday, May 18 @ 7:30 a.m.

DVD of the Week: Dream Scenario



Starring Nicolas Cage, we follow a 'dumpy' professor as he is awakened to a new experience, popping up in other people's dreams. Though not in control or aware at first, his life begins to turn upside down as his relation to the people around him begin to change. Eerie and unsettling at times this is a fun film to set your nerves on edge.

Links of the Week

[Book Riot's New Releases Tuesday: The Best Books Out This Week](#)

[The Most Read Books on Goodreads This Week May 10, 2024](#)

[NH's Best Places: Where to Go Bird Watching](#)

[Where to Pick Your Own Strawberries in NH](#)

[NH's Best Places: Easy Hikes \(or Walks\)](#)

Children's Corner

Do you love hiking with the family? Libby has many

This Week at the Library

Adults

Senior Sculpt

Today, 9:00 a.m. - 10:00 a.m.
Exercise for 55+. Bring 2 -3 lb. dumbbell, a stretch band and water.

Geri Fit

Today, 10:00 a.m. - 11:00 a.m.
Please bring your own 2-3 pound dumbbell, a stretch band, and water to drink during the workout.

Intermediate Line Dancing

Today, 4:00 p.m. - 5:00 p.m.
Lower intermediate dance class with Bonnie Deutch.

How Forestry Practices Can Benefit Bird Diversity

Today, 5:30 p.m. - 6:30 p.m.
Dr. Len Reitsma will discuss how selective tree harvesting can positively affect bird diversity and abundance.

Senior Stretch Yogaaah

Wednesday, 9:00 a.m. - 10:00 a.m.
Lani Voivod will lead us through a series of gentle stretches that can be done from a chair. Sponsored by the Friends of the Library, no cost.

Card Games

Wednesday, 10:00 a.m. - 12 p.m.
Play a few rounds of "Pay Me".

Check Out An Expert

Wednesday, 10:00 a.m. - 12 p.m.
Need basic technology help? Swing by for a 20 minute session with our expert.

Powerful Tools For Caregivers

Monday, 10:00 a.m. - 11:30 a.m.
This six week program will help family caregivers learn to take care of themselves. Sign up.

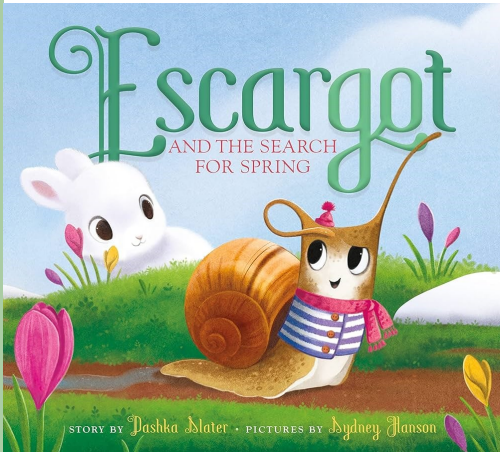
Chess Group for Beginners and Up

Wednesday, 1:00 p.m. - 3:00 p.m.
Chess for all levels; come learn or play a game with others.

ebooks/audiobooks about hiking with kids and tons of other fun stories to look at!

Also, here are the [Best Kid Friendly Trails near Gilford](#), New Hampshire to check out for the weekend!

Featured book: *Escargot and the Search For Spring* by Dashka Slater



Word of the Week

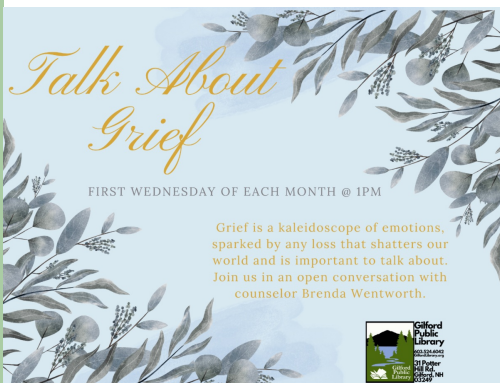
Perfunctory
adjective

per-FUNK-tor-ee

Characterized by routine or superficiality; lacking in interest or enthusiasm.

"His perfunctory smile proved that he had had a long day."

Upcoming May Programs



Talk About Grief

Paint Group

Wednesday, 1:00 p.m. - 3:00 p.m.
Bring your supplies to work on your art with other artists!

Geri Fit

Thursday, 9:00 a.m. - 10:00 a.m.
Please bring your own 2-3 pound dumbbell, a stretch band, and water to drink during the workout.

French Club

Thursday, 4:00 p.m. - 5:00 p.m.
Join the library's ongoing Conversational French Group.

Book Discussion: The Collected Regrets Of Clover

Thursday, 5:30 p.m. - 6:30 p.m.
Rhetta will lead a discussion of this book by Mikki Brammer.

Senior Sculpt

Friday, 9:00 a.m. - 10:00 a.m.
Exercise for 55+. Please bring your own dumbbell, stretch band and water.

Chair Yoga!

Friday, 10:00 a.m. - 11:00 a.m.
Embark on a wellness journey with Chair Yoga led by Lani Voivod.
\$5 per class or 5 for \$20.

Hand and Foot

Friday, 12:30 p.m. - 2:30 p.m.
Come play a few rounds of this fun card game.

Happy Crafters

Friday, 1:30 p.m. - 2:30 p.m.
All crafters welcome!

Advanced German

Friday, 2:30 p.m. - 3:30 p.m.
Join our weekly class for advanced conversational German speakers.

Beginner Line Dancing

Friday, 4:00 p.m. - 5:00 p.m.
Dancing Class with Bonnie Deutch.

Bird Walk

Saturday, 7:30 a.m. - 9:30 a.m.
Two bird enthusiasts and nature photographers will lead us on a birding excursion on the Wetlands Walk at Gunstock Mountain.
Meet at the library at 7:30 a.m. for coffee and refreshments before we head to Gunstock.

Beginner Line Dancing

Saturday, 10:30 a.m. - 11:30 a.m.

With counselor Brenda Wentworth.
First Wednesday of the month @ 1:00 p.m.



Clay Pot with Fabric Craft
Sign up to decorate a pot!
Monday, June 3 @ 11:00 a.m.



Civil War Soldiers' Quilts
With historian Pam Weeks
Thursday, June 6 @ 5:30 p.m.



Discover Live: London, England
Live, virtual tour followed by a \$10 luncheon held at Gilford Community Church. Sign up with Gilford Parks and Rec for a seat and let them know if you are having the meal. (603)527-4722.

Dancing Class with Bonnie Deutch.

Fun and Fitness With Joyce
Monday, 9:00 a.m. - 10:00 a.m.
The focus of this class is movement of the body - warmup, stretching, toning, weight training, balance, endurance and relaxing. Sponsored by the Friends of the Library.

Powerful Tools For Caregivers
Monday, 10:00 a.m. - 11:30 a.m.
This six week program will help family caregivers learn to take care of themselves. Sign up.

Mahjong
Monday, 12:30 p.m. - 3:00 p.m.
Know how to play? Join these mahjong players every Monday!

Children

Preschool Storytime
Tuesday, 10:30 a.m. - 11:30 a.m.
Listen to stories and make crafts with Miss Linda.

Little Math Whiz
Wednesday, 10:30 a.m. - 11:30 a.m.
Fun stories and educational games. Ages 3 - 5.

Wonder Wings: Nature Detectives
Thursday, 3:30 p.m. - 4:30 p.m.
Explore the outdoors to learn more about birds!

Preschool Storytime
Friday, 10:30 a.m. - 11:30 a.m.
Storytime fun with Miss Jill!

Baby Storytime
Monday, 10:00 a.m. - 10:30 a.m.
Join other families for a fun storytime.

T(w)eens

Dungeons and Dragons
Today, 3:00 p.m. - 4:30 p.m.
Come play with dungeon master Hayden,

T(w)een After-School Club
Wednesday, 3:00 p.m. - 4:00 p.m.
Hayden will facilitate this weekly fun

**Tuesday, June 11 @
11:00 a.m.**



**Long-Lost Elephants of
New England**
With naturalist Susie Spikol
**Tuesday, June 11 @ 5:30
p.m.**

group.

Home School Game Club

Thursday, 12:00 p.m. - 1:30 p.m.
Come hang out with Hayden and other home school kids to play games, eat - whatever we decide!

T(w)een Early Release: JUST DANCE!

Friday, 1:00 p.m. - 2:00 p.m.
Not going to the Prom? Join friends for snacks and laughs with JUST DANCE on the big screen.

Nature Corner: The "Magical Wonder" of Northern Lights

by Wendy Oellers-Fulmer

This past weekend, sky gazers were in awe of the brilliant, seemingly magical night display of northern lights. But where do they come from?

The sun ejects charged particles from its upper atmosphere (corona) creating a solar wind. When the solar wind crashes into our planet's upper atmosphere, it creates an aurora. In our part of the world (Northern Hemisphere) it's called Northern Lights, a.k.a. Aurora Borealis. In the Southern hemisphere, it's called the Southern lights, a.k.a. Aurora Australis.

At any given moment, the sun is ejecting charged particles from its upper atmosphere (corona), creating solar wind. When this wind slams into Earth's outer atmosphere (ionosphere), the aurora is born. The incredible dancing light shows take place nearer the earth's poles and are caused by the solar particles interacting with the earth's atmosphere. Auroras can manifest in a range of colors from blue and purple to green and pink.

To discover more about the incredible colors of Northern Lights:
[Aurora colors: What causes them and why do they vary?](#)



Did you know...dog licenses just lapsed? If you've been caught slacking for your furry friends, now's the time to get down to town hall and make sure they're registered and ready to go. You are required to present a copy of the current rabies certificate and any spaying or neutering certificates at that time. For a non-altered dog the cost is \$9.00, neutered/spayed dog \$6.50 and a senior citizen may license one dog for \$2.00. Make sure your canine companion is street legal before you drive it around town.

www.gilfordlibrary.org



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