



**May 7, 2024**

They say that 'birds of a feather flock together' and are we all bound by our love for the library and the sundry services it can provide. The new display in our Exhibit Area shows just that!

This week at the library we have a "Meet the Artists" program at 4:30pm on Thursday for our wonderful exhibit centered around our avian friends. Some art pieces will be available for purchase during this event. This will dovetail into "Breeding Season Backyard Birds" at 5:30pm giving you some tips and tricks for ID'ing the birds that find their way into your backyard.

And this isn't peacocking, but we even have some great bird-centric programs next week as well so be sure to [check the calendar](#) for what we have in store.

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**On the Librarian's  
Nightstand:  
The Cemetery Of  
Untold Stories  
by Julia Alvarez**

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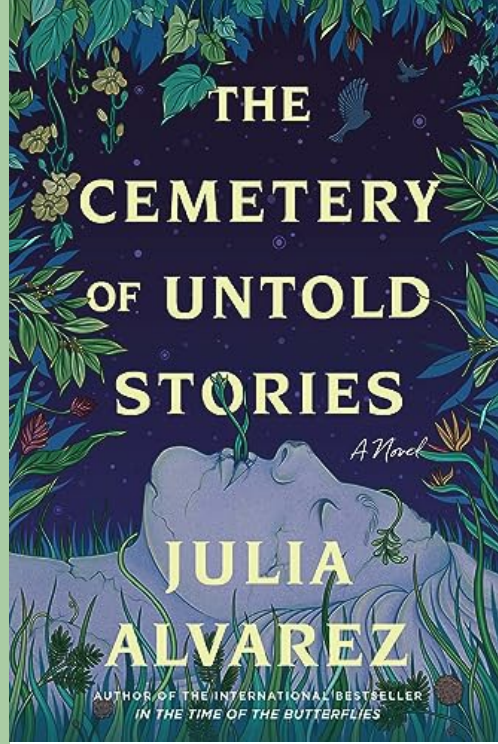
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**They were pretty excited to do  
crafts they missed during the year!**



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**Benefits of Forestry Practices on  
Bird Diversity**



"A rich and moving saga of Dominican history emerges, embodied in the lives of irresistible characters... Her gifts for glowing prose and powerful narrative are still strong. Buried stories find their way to the light in this finely crafted novel."

—Kirkus Reviews (starred review)

### **Nosy Neighbors**

by Freya Sampson

### **Real Americans**

by Rachel Khong

### **Home Is Where The Bodies Are**

By Jeneva Rose

### **A History Of The World In Twelve Shipwrecks**

by David Gibbins

### **Change**

by Edouard Louis



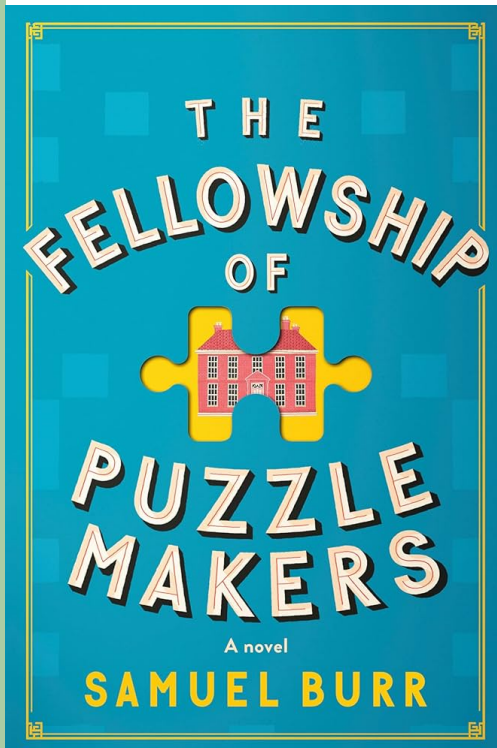
Dr. Len Reitsma from Plymouth State University talks about what happened to bird species diversity and abundance of individual birds after a tree harvest at a New Hampshire American Tree Farm.  
**Tuesday, May 14 @ 5:30 p.m.**

### **Bird Walk**



Join Bird Enthusiasts and Nature Photographers Chris Agurkis and Wendy Oellers-Fulmer for a birding excursion on the Wetlands Walk at Gunstock Mountain. Please dress appropriately and bring binoculars if you have them. Meet at the library at 7:30am for coffee and light refreshments before the walk.  
**Saturday, May 18 @ 7:30 a.m.**

**Book of the Week:  
The Fellowship of  
Puzzlemakers  
by Samuel Burr**



Abandoned at a commune for esteemed enigmatologists, our hero Clayton has been raised to navigate complex problems and examine the minutiae of our world. When his main benefactor dies, she leaves behind one last trail of clues to his true parentage and he must venture out beyond the walls of the commune in search of his greater identity.

**Links of the Week**

[Book Riot's New Releases Tuesday: The Best Books Out This Week](#)

[Publishers Weekly This Week's Bestsellers: April 29, 2024](#)

[The Best Events](#)

**This Week at the  
Library**

**Adults**

**Senior Sculpt**

Today, 9:00 a.m. - 10:00 a.m.  
Exercise for 55+. Bring 2 -3 lb. dumbbell, a stretch band and water.

**Geri Fit**

Today, 10:00 a.m. - 11:00 a.m.  
Please bring your own 2-3 pound dumbbell, a stretch band, and water to drink during the workout.

**Intermediate Line Dancing**

Today, 4:00 p.m. - 5:00 p.m.  
Lower intermediate dance class with Bonnie Deutch.

**Senior Stretch Yogaah**

Wednesday, 9:00 a.m. - 10:00 a.m.  
Lani Voivod will lead us through a series of gentle stretches that can be done from a chair. Sponsored by the Friends of the Library, no cost.

**Trustee Meeting**

Wednesday, 10:00 a.m. - 11:30 a.m.

**Card Games**

Wednesday, 10:00 a.m. - 12 p.m.  
Play a few rounds of "Pay Me".

**Check Out An Expert**

Wednesday, 10:00 a.m. - 12 p.m.  
Need basic technology help? Swing by for a 20 minute session with our expert.

**Chess Group for Beginners and Up**

Wednesday, 1:00 p.m. - 3:00 p.m.  
Chess for all levels; come learn or play a game with others.

**Paint Group**

Wednesday, 1:00 p.m. - 3:00 p.m.  
Bring your supplies to work on your art with other artists!



## Happening in May in NH

### Ultimate Guide for Mother's Day Gifts and Ideas

### NH's Best Places: Recommended Picnic Spots

## Children's Corner

**Do your kids** have a busy schedule filled with school, sports, and other important activities? Their need to read is important to us, so let us help you with [Instant Book Cart!](#)

This quick and easy online form asks you simple questions, so we can have your items ready for you to pick up. No need to stress about time, because we are here for you and your little ones!

**Featured Book:** *Mama in the Moon* by Doreen Cronin



## Word of the Week

**Shibboleth**  
*noun*

shi-buh-leth

A widely held belief; a word or saying used by adherents

## **Geri Fit**

Thursday, 9:00 a.m. - 10:00 a.m.  
Please bring your own 2-3 pound dumbbell, a stretch band, and water to drink during the workout.

## **French Club**

Thursday, 4:00 p.m. - 5:00 p.m.  
Join the library's ongoing Conversational French Group.

## **Meet The Artists**

Thursday, 4:30 p.m. - 5:30 p.m.  
Meet the artists whose works are being displayed at the library this month.

## **Breeding Season Backyard Birds**

Thursday, 5:30 p.m. - 6:30 p.m.  
Steve Hale will host an interactive presentation on ways to identify and attract birds.

## **Senior Sculpt**

Friday, 9:00 a.m. - 10:00 a.m.  
Exercise for 55+. Please bring your own dumbbell, stretch band and water.

## **Chair Yoga!**

Friday, 10:00 a.m. - 11:00 a.m.  
Embark on a wellness journey with Chair Yoga led by Lani Voivod.  
\$5 per class or 5 for \$20.

## **Hand and Foot**

Friday, 12:30 p.m. - 2:30 p.m.  
Come play a few rounds of this fun card game.

## **Happy Crafters**

Friday, 1:30 p.m. - 2:30 p.m.  
All crafters welcome!

## **Advanced German**

Friday, 2:30 p.m. - 3:30 p.m.  
Join our weekly class for advanced conversational German speakers.

## **Beginner Line Dancing**

Friday, 4:00 p.m. - 5:00 p.m.  
Dancing Class with Bonnie Deutch.

## **Beginner Line Dancing**

Saturday, 10:30 a.m. - 11:30 a.m.  
Dancing Class with Bonnie Deutch.

## **Fun and Fitness With Joyce**

Monday, 9:00 a.m. - 10:00 a.m.  
The focus of this class is movement of the body - warmup, stretching, toning, weight training, balance, endurance and relaxing. Sponsored by the Friends of the Library.

of a party, sect, or belief and usually regarded by others as empty of real meaning.

"There is some truth in the shibboleth that crime does not pay."

## Upcoming May Programs



**Book Discussion**  
*The Collected Regrets of Clover* by Mikki Brammer  
**Thursday, May 16 @ 5:30 p.m.**

GILFORD PUBLIC LIBRARY  
**COOKBOOK CLUB: MEDITERRANEAN EDITION**  
MAY 21ST - 5:30PM

GRAB A COPY OF *5 INGREDIENTS MEDITERRANEAN* OR *THE MEDITERRANEAN DISH* AT THE FRONT DESK!

MAKE A DISH FROM EITHER BOOK AND BRING IT TO OUR BIMONTHLY POTLUCK!

**Cookbook Club**  
Cook Mediterranean! This month's books are *The Mediterranean Dish* by Suzy Karadsheh or *5 Ingredients Mediterranean* by Jamie Oliver.  
**Tuesday, May 21 @ 5:30 p.m.**

## Seed Library

Monday, all day.  
Come pick up three free seed packets with your library card and try your hand at home gardening - inside or out.

## Powerful Tools For Caregivers

Monday, 10:00 a.m. - 11:30 a.m.  
This six week program will help family caregivers learn to take care of themselves. Sign up.

## Mahjong

Monday, 12:30 p.m. - 3:00 p.m.  
Know how to play? Join these mahjong players every Monday!

## Children

### Preschool Storytime

Tuesday, 10:30 a.m. - 11:30 a.m.  
Listen to stories and make crafts with Miss Linda.

### Little Math Whiz

Wednesday, 10:30 a.m. - 11:30 a.m.  
Fun stories and educational games. Ages 3 - 5.

### Wonder Wings: Nature Detectives

Thursday, 3:30 p.m. - 4:30 p.m.  
Explore the outdoors to learn more about birds!

### Preschool Storytime

Friday, 10:30 a.m. - 11:30 a.m.  
Storytime fun with Miss Jill!

### Drop-In Craft: My Superhero

Saturday, 10:30 a.m. - 12:00 p.m.  
Celebrate Mother's Day with a sweet craft!

### Baby Storytime

Monday, 10:00 a.m. - 10:30 a.m.  
Join other families for a fun storytime.

## T(w)eens

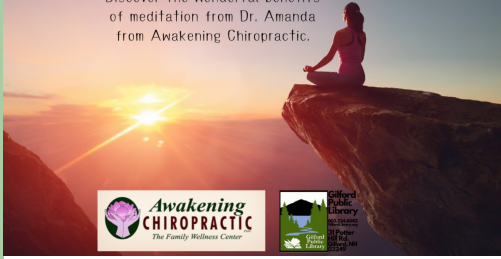
### T(w)een After-School Club

Wednesday, 3:00 p.m. - 4:00 p.m.  
Hayden will facilitate this weekly fun group.

## The Power of Meditation

Tuesday, May 28 @ 10AM

Discover the wonderful benefits of meditation from Dr. Amanda from Awakening Chiropractic.



**The Power of Meditation**  
With Dr. Amanda from  
Awakening Chiropractic  
**Tuesday, May 28 @ 10:00**  
**a.m.**

## Home School Game Club

Thursday, 12:00 p.m. - 1:30 p.m.  
Come hang out with Hayden and  
other home school kids to play  
games, eat - whatever we decide!

### **Nature Corner: Mayflowers Are a Precious Sight in Springtime**

by Wendy Oellers-Fulmer

On a woods walk this weekend, we were delighted to find a patch of Trailing Arbutus, a.k.a. Mayflowers. The blossoms are tiny, and often hidden in leaf litter.

Folklore tells us that it got its name because this early blooming wildflower in May was a welcome sight to pilgrims after their first challenging winter.



Mayflowers, unfortunately, have become quite rare. The sweet smelling flower was often over harvested for its beautiful aroma and tiny, showy flowers. Their challenges for survival are due to loss of habitats, over harvesting, and specific growing requirements. Mayflowers require a specific variety of fungus to nourish its roots. Ants help to disperse the seeds, but it is almost impossible to transplant.

If you are fortunate enough to spot this beautiful, fragrant flower, please do not pick. In some states it's considered endangered, and in others protected. Once gone, it might never come back.

To discover more:

[Wildflowers of the Adirondacks: Trailing Arbutus](#)

[Plant Database: Epigaea Repens](#)

[Pim Trailing Arbutus](#)

**Did you know**...about May's art exhibition? Each month we feature beautiful art from a variety of artists. This month we are playing host to a collection of artists whose subjects are the feathered friends all around us. With paintings, photographs, and drawings of birds taking center stage this month, we hope you stop by for not just the art, but for the plethora of bird-centric programs we have in store.

[www.gilfordlibrary.org](http://www.gilfordlibrary.org)



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