LOCAL RESOURCES

Navigating Recovery
Recovery Community Center, with workshops, classes, and recovery support.
635 Main Street, Suite 303
Laconia, NH 03246
(603) 524-5939
www.navigatingrecovery.org

LRGH Recovery Services
Hospital-run recovery and treatment clinic.
Lakes Region General Hospital
80 Highland St. Laconia, NH 03246
603.524.3211
http://www.lrgh.org/programs-services/occupational-health-services/lrghealthcare-recovery-clinic

Belknap County Restorative Justice
Aims to reduce recidivism through different programs, with treatment, counseling, and community reparation.
Belknap County Restorative Justice/Court Diversion
34 County Drive, Laconia, NH 03246
(603) 527-5493
http://www.belknapcounty.org/pages/belknapcounty_justice/index

Riverbank House (Men Only)
Local 28-day and long-term recovery and addiction center. Not an institutional drug rehab facility.
96 Church Street, Laconia, NH 03246
Phone: (603) 505-7912
https://riverbankhouse.net/

Horizons Counseling
Confidential and affordable outpatient treatment and referrals for individuals and families dealing with substance abuse.
Village West Building 7, 25 Country Club Rd.
Suite 705, Gilford, NH 03249
Phone (603) 524-8005
http://horizonsnh.org/

HEALTH RESOURCES
ALCOHOL ADDICTION

Gilford Public Library
31 Potter Hill Road
Gilford, NH 03249
603-524-6042
www.gilfordlibrary.org

We can help you find any resources you need at the circulation desk. If you don't feel comfortable asking for help with this topic, you can always find more information online at gilfordlibrary.org
The Flight Attendant
F Boh
A mystery by Chris Bohjalian of a woman who wakes up hungover in a bed with a dead man.

Any Day Now
F Car
Love story by Robyn Carr with a recovering alcoholic.

Under the Influence
F May
Alcohol addiction cost a photographer her marriage and her son, deals with her life after; by Joyce Maynard

Louis Undercover
J GN Bri
A graphic novel focusing on a young boy with an alcoholic father and a worried mother. By Fanny Britt.

Last Night I Sang to the Monster Y Sae
18 year old Zach can't remember how he ended up in alcohol addiction treatment, by Benjamin Alire Saenz

ONLINE RESOURCES

NH Assembly of Alcoholics Anonymous
Statewide resource for local Alcoholics Anonymous meetings, and other helpful information.

nhaa.net

National Council on Alcoholism & Drug Dependence
Resource for individuals with alcohol addiction and families of those with addictions.

https://www.ncadd.org

Substance Abuse and Mental Health Services Administration
Government service. Information and resources on local and state resources, as well as 24/7 helpline

https://www.samhsa.gov