Welcome to the February 2021 issue of The Hub, the town-wide newsletter for Gilford. In these pages, you'll find information from Town Hall, the Library, the Youth Center, Community Church, Public Works, and more community institutions.

We are always looking to feature important news and events, so if your group has something they'd like featured, please email us at gilfordlibrary@gmail.com by the 20th of the month and we will try to fit it in the next month's issue.
NEWS FROM TOWN HALL

Town Meeting Packet 2021

NOTICE OF PUBLIC MEETINGS
2021 ANNUAL TOWN MEETING
1st Deliberative Session

Gilford High School Auditorium
Tuesday, February 2, 2021 7:00pm

The First (Deliberative) Session of Town Meeting will consist of explanation, discussion and debate on each of the warrant articles; and will afford those voters who are present the opportunity to propose, debate and adopt amendments to each warrant article to the extent prescribed under the laws of the State of New Hampshire.

Due to the Covid-19 pandemic, it is requested that participants practice social distancing and wear masks in accordance with CDC and State of New Hampshire guidelines.

Click here to join the meeting.

Please find the 2021 Annual Town Meeting Warrant and Budget information below.

2021 Meeting Packet

CALENDAR

School Board Meeting
2/1, 6PM - Zoom

Deliberative Session - Board of Selectmen
2/2, 7PM - @ GHS

Conservation Commission
Meeting Cancelled

School Deliberative Session
2/4, 7pm - @GHS

Planning Board
2/8, 7PM

Town Offices Closed
2/15, President's Day

Kimball Wildlife Forest Committee
2/18, 4PM

TOWN NEWS ON YOUR TV

You can find recorded meetings, flyers for town events and programs, & information all on Lakes Region Public Access, which can be found locally on Atlantic Broadband Channels 24, 25, & 26 on the schedule below.

Mondays
5:00am - 4:30pm
Fridays
5:00am - 5:45 pm
Sundays
6pm-12 Midnight

Lakes Region Public Access
community empowered by media
Meet Chrissy Blood – the Town’s new Executive Assistant who began working on January 20, 2021. Chrissy took over for recently departed Angela Bovill who served the Town well for over 5 years. Chrissy joined the Town after working for almost 20 years in the insurance industry. This experience should serve her well because one of her primary responsibilities working for the Town is benefits administration. Some of her other duties include website maintenance, telephone receptionist, taking minutes for the Board of Selectmen and Budget Committee and assisting the Town Administrator. Chrissy lives in Moultonborough with her husband Matt and 2 children, Wyatt age 2 1/2 and Lilly who is 10 months old. She has lived in the lakes region since 2015, having grown up and graduated from high school in Merrimack, NH. She enjoys spending time with her family and they love to camp. Some of her other hobbies include reading, ice fishing and listening to country music.

Chrissy looks forward to meeting lots of folks from Gilford and she hopes to make a positive difference in the way people view Town government.
Join us on **February 23rd at 5pm on Zoom** for a New Hampshire Humanities event, *Granite Gallows*, sponsored by the library. Chris Benedetto will examine the history of the death penalty in NH, as there is still one person on death row in NH.

Register for the event by clicking [here](#).

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**Children’s Corner**

Groundhog Day is here, and to celebrate join us for an outdoor adventure in finding our groundhog! Join us for an outdoor scavenger hunt in finding our groundhog at Gilford Public Library! Pizza Express coupons will go to people who participate. (K-4th)

Due to incoming snowstorm, this event will now be 2/3.

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Need something to keep you busy while you watch the snow fall? The Gilford Library and the Friends of the Gilford Library have sponsored a new adult reading challenge for 2021! Adults can pick up a “Gilford Public Library Reading Challenge” leaflet at the front desk or download it and start working on it immediately. 21 categories need to be completed in 2021 to finish the challenge! When the challenge is finished, bring in your completed checklist and we will be awarding prizes for our finishers. We’re here to help push you along in your reading resolutions!
**Winter Wildlife Snowshoe Hike - February 19th, 12:30pm**

Get out and enjoy that wonderful winter weather that New Hampshire offers with the Library and Gilford Parks and Rec. Wendy Oellers-Fulmer and Ron Fulmer will help to lead a nature snowshoe hike through Ramblin' Vewe Farm.

Sign up required, please call the Library. Limited number of snowshoes available from Parks and Rec, please call the Library early to reserve a pair.

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**Nailed It! Gilford Edition - February 24th, 2PM**

Gilford Public Library, Park & Recreation, and The Village Store brings Gilford's version of popular show Nailed It. This is a friendly baking competition via Zoom. Village Store baker and owner, Alex will show participants the basics of making a cake and then set them off to recreate her masterpiece. Winners will win a gift card to the Village Store and featured on our social media!

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**20 Love Stories in 20 Minutes - February 3rd, 1pm**

Catch Molly on Facebook Live at 1pm, or watch anytime to hear about 20 Love Stories in 20 Minutes! Gentle reads, historical romances, fun and witty encounters - these titles are perfect reads to get you ready for Valentine's Day!

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**Children’s Events**

**Bilingual Storytime** - Tuesday @ 10:30AM, 2/2, 2/9, 2/16

**Mother Goose on The Loose** - Thursday @ 10:30 AM, 2/4, 2/11, 2/18

**Take and Make** - Wednesday, 2/12 & 2/27

**Snowy Story Walk** - February 23rd, 10:30AM

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**Valentine Card Take and Make**

From February 3rd to February 12, you can grab a Valentine Card Take and Make Kit from the front desk!
The Gilford Youth Center is excited to announce its new program designed to provide delicious meals to Seniors. Each week a tasty new meal is on the menu and available to pre-registered recipients for delivery. Lunches will be delivered on Wednesdays between 11-12 pm. Lunches will be prepared and ready to heat! You must register to receive the meals. The deadline for registration for Mobile Meals is the Monday before Meal delivery.

How to Register/Order:
Register by calling the Gilford Community Church Office at 524-6057. Please leave your name, address & phone number. Orders must be placed by the preceding Monday.

Cost: $3.00 per meal. (payment is due upon delivery)

Navigating Recovery offers crisis navigation and one-on-one support to anyone affected by or afflicted with Substance Use Disorder (family members included).

Navigating Recovery is closed to the public (staff only in the building). Please call if you need anything, and all appointments will be kept by either telephone or Zoom. We appreciate your understanding during this surge in Coronavirus cases.

Community Action Program
Belknap-Merrimack Counties, Inc.

Community Dining Takeout Option
We are offering grab and go meal options at your Senior Center on Monday and Thursday. Reservations requested.
You can receive a combination of frozen and shelf stable meals.
Come and get 1 or 5, it is up to you.
A $2 donation is suggested for each meal

Please contact your local senior center for more details.

Alton-875-7102       Bradford-938-2104
Franklin(TRIP)-934-4151   Laconia-524-7689
Tilton-527-8291         Pittsfield-435-8482
Suncook-485-4254

We are also in great need of substitute Meals on Wheels drivers.
For more information, call the Senior Center near you.
Gilford School District
SAU 73
2 Belknap Mountain Road
Gilford, NH 03249
Phone 603-527-9215
| Fax 603-527-9216

Gilford School Board
Next Meeting is
February 1st

PTA Meeting - GES
February 9th - 6PM

National Honor Society Induction at the High School
on February 16th at 7PM

School Vacation Week - February 22 to February 26th.

School Deliberative Session - February 4 at 7:00 p.m. - GHS Auditorium
Masks will be required and social distancing will be observed for the entirety of the session. This year we will also live-stream the meeting for those who have COVID-19 concerns but would still like to observe the meeting. To view the session go to https://zoom.us/j/97923967896

Arthur A. Tilton Ice Rink
Gilford's Arthur A. Tilton Ice Rink is open daily from late December through early March as conditions allow.

We ask all patrons to please wear a mask and socially distance.

Schedule

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>Dawn – 10:00 am</td>
<td>Open Skating</td>
</tr>
<tr>
<td>10:00 am – 12:00 pm</td>
<td>Stick and Puck (Ages 13 and Under)</td>
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<tr>
<td>12:00 pm – 3:30 pm</td>
<td>Open Skating</td>
</tr>
<tr>
<td>3:30 pm – Dusk</td>
<td>Stick and Puck (Ages 14 and Up)</td>
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</tbody>
</table>

(No Sticks and Pucks Allowed During Open Skating)

Rink Not Supervised, Skate At Your Own Risk!

Schedule is subject to change at discretion of the Parks and Recreation Department

For information on rink rentals for private games/parties, please contact the Parks and Recreation Department at 527-4722

Located on Varney Point Road
We want your CLEAN USED OIL!

ACCEPTED CLEAN USED OILS:
- #2 FUEL OIL
- USED MOTOR OIL (UP TO 50 SAE)
- USED HYDRAULIC OIL
- USED TRANSMISSION FLUID

NO CONTAMINATES SUCH AS:
- WATER
- ANTIFREEZE
- DIRT
- LEAVES / PINENEEDLES
- PAINT THINNER
- PARTS WASHER OR SOLVENTS
- CHLORINATED SOLVENTS

Call 527-4778 or stop by the DPW garage at 55 Cherry Valley Road

Avoid the “Second Shovel”

Place Shovelled Snow From End of Driveway Here

Supposed Location of Mailbox to Reduce Possibility of Damage

Clear This Area

Credit: County Road Association of Michigan, 2014, miroadways.com
**PUBLIC WORKS NEWS**

Just a reminder that the DPW has a sand/salt mix out behind our building at 55 Cherry Valley Road which is available for residents. Feel free to stop by anytime and fill two (2) 5-gallon buckets of mix (per storm). Please remember to bring your own shovel though. This time of the year DPW heats the garage with our waste oil burner so we are always looking for CLEAN waste oil if you have any.

This month we’ve add some helpful hints on “Avoiding the Second Shovel” which we know can be very frustrating during storm events. Lastly, 2021 Town Stickers are needed and can be obtained at the Town Clerk’s Office Mon-Fri 8am – 5pm.

**GILFORD PHONE DIRECTORY**

<table>
<thead>
<tr>
<th>Department</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Administrator</td>
<td>527-4700</td>
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<tr>
<td>Assessing Office</td>
<td>527-4704</td>
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<tr>
<td>Board of Selectmen</td>
<td>527-4700</td>
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<tr>
<td>Budget Committee</td>
<td>527-4700</td>
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<tr>
<td>Building Inspector</td>
<td>527-4727</td>
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<tr>
<td>Finance Department</td>
<td>527-4701</td>
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<tr>
<td>Fire Department</td>
<td>527-4758</td>
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<tr>
<td>Gunstock Acres Village Water District</td>
<td>293-8580</td>
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<tr>
<td>Health Officer</td>
<td>707-5860</td>
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<tr>
<td>Historic District</td>
<td>527-4727</td>
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<tr>
<td>Library</td>
<td>524-6042</td>
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<tr>
<td>Parks &amp; Recreation</td>
<td>527-4722</td>
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<tr>
<td>Police -Business Emergency</td>
<td>527-4737</td>
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<tr>
<td>Planning &amp; Land Use</td>
<td>527-4727</td>
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<tr>
<td>Public Works</td>
<td>527-4778</td>
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<tr>
<td>Solid Waste Center</td>
<td>527-4778</td>
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<tr>
<td>Town Clerk/ Tax Collector</td>
<td>527-4713</td>
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<tr>
<td>Welfare Office</td>
<td>527-4796</td>
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The Town of Gilford is currently accepting proposals for professional bridge engineering services for the design and preparation of bidding and construction documents for repairs / replacement of the bridge expansion joints and supporting concrete structure, assistance with bidding and contract award, and construction administrative services. Bid specifications outlining general requirements may be obtained on the Town’s website at Gilfordnh.org, at the Public Works office located at 55 Cherry Valley Road, Gilford NH. Bids will be accepted no later than 2:00 P.M. on February 18th, 2021.
All participants are asked to register in advance, no later than Tuesday, February 23rd. To download the registration form and guidelines, please visit the Parks and Recreation website at www.gilfordrec.com. We ask that all participants please wear facemasks during the event.

For more information, please call the Parks and Recreation Office at 527-4722.
As shipments of COVID-19 vaccines continue to make their way across the state, first responders in the Winnipesaukee Public Health Region are starting to receive their second doses. Thanks to the strong relationships of our emergency responder community and the public health network we have planned out and already completed 14 clinics for the first dose of the coronavirus vaccine. Now onto the second dose.

Many vaccinated first responders recognized this monumental time in the history and were getting vaccinated to protect not only themselves, but their coworkers, family, and the patients they treat every day.

Receiving the vaccine was a welcomed holiday gift. We are a part of history right now, and what this vaccine represents now and in the future is significant in so many ways. We still have months of hard work that will require all of us to continue to follow the existing precautions as we move to get more and more people vaccinated.

On behalf of everyone at Winnipesaukee Public Health Network, we wish to thank the emergency responder community for supporting the operation of the vaccination sites. We could not do it without you and our wonderful volunteers!

For more information, please contact John Beland at jbeland@pphn.org
Winter weather in New Hampshire can be unpredictable and unforgiving; emergencies can happen, especially with extreme weather conditions and when they do, the best strategy is to already have a plan in place. This includes knowing the proper food safety precautions to take before, during and after a power outage.

Be prepared before losing power. Make sure you have thermometers in your refrigerator and freezer; check to ensure that the freezer temperature is at or below 0° F, and the refrigerator is at or below 40° F; in the event of a power outage, the thermometers will help you determine if the food is safe. Also, try freezing containers of water for ice, these will help keep your refrigeration unit cooler, protecting food items for a longer period. If the normal water supply is unavailable, the melting ice will also supply drinking water. You may also want to think about freezing refrigerated items such as leftovers, milk, and meats not immediately needed. Group food together in the freezer. This helps the food stay cold longer. Have coolers on hand to keep refrigerated food cold if the power will be out for more than 4 hours.

When the power goes out, keep the refrigerator and freezer doors closed as much as possible to maintain the cold temperature. Depending on the unit, the refrigerator should keep food cold for about 4 hours if unopened; a full freezer will keep the temperature approximately 48 hours (24 hours if it is half full) if kept closed. Buy dry or block ice to keep the refrigerator as cold as possible if the power is going to be out for a prolonged period. Fifty pounds of dry ice should keep an 18 cubic foot, fully stocked freezer cold for two days. If you plan to eat refrigerated foods, it is important that each item is thoroughly cooked to a safe minimum internal temperature to ensure that any foodborne bacteria that may be present are destroyed. However, if at any point the food was above 40º F for 2 hours or more (or 1 hour if temperatures are above 90 º F) — discard it.

Once power is restored, determine the safety of your food. If the freezer is 40° F or below, the food is safe and may be refrozen. Check each package of food to determine its safety; you cannot rely on appearance or odor. If the food still contains ice crystals or is 40° F or below, it is safe to refreeze or cook.

If the power was out for no more than 4 hours, refrigerated food should be safe if the doors were kept closed. When the power comes back on, check the temperature in the refrigerator or of the food. Discard any perishable food (such as meat, poultry, seafood, milk, eggs, or leftovers) that has been at refrigerator temperatures above 40°F for 4 hours or more. Perishable foods with temperatures that are 45°F or below (measured with a food thermometer) should be safe but should be cooked and consumed as soon as possible. Perishable food such as meat, poultry, seafood, milk, and eggs that are not kept adequately refrigerated or frozen may cause illness if consumed, even when they are thoroughly cooked.

If you have any questions concerning food safety during a winter weather emergency, please feel free to reach out to the Partnership for Public Health at (603) 707-5860.
When can I get a **COVID-19 VACCINE** in NH?

**DECEMBER - MARCH**

- People 65 and older
- Medically vulnerable people under 65 who are at significantly higher risk with 2 or more conditions
- Family caregivers of medically vulnerable persons under 16 years old
- Residents and staff of residential facilities for persons with intellectual and developmental disabilities
- Corrections officers and staff working in correctional facilities
- First responders and health workers not already vaccinated

**PHASE 1B**

NOW OPEN

To register go to www.vaccines.nh.gov

**PHASE 2A**
- K-12 school and childcare staff

**PHASE 2B**
- People 50-64 years old

**PHASE 3A**
- Medically vulnerable people under 50 years old at moderately higher risk with 1 or more conditions

**PHASE 3B**
- Everyone else not already vaccinated

**MARCH - MAY**

**MAY and BEYOND**

Visit vaccines.nh.gov or call 2-1-1 for more information.

*Estimated time frame depends on vaccine doses allocated to NH from the federal government and vaccine uptake.

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**THE EVICTION NOTICE MUST BE IN WRITING.**

**YOU DON'T HAVE TO LEAVE WHEN YOU GET THE EVICTION NOTICE.**

After the eviction expires, your landlord still must ask a judge’s permission to evict you. This request is called a "landlord & tenant writ." The sheriff will bring the writ to your home. You do not have to move out when you get this.

**DO YOU WANT TO FIGHT THE EVICTION? TELL THE COURT.**

To do this you must "file an appearance" with the court. This is a simple one-page form the court should send you, or you can get it at the court. You MUST return the form to the court by the RETURN DAY on the first page of the landlord & tenant writ. You can hand deliver or mail the form to the court. Allow at least two days for delivery if you mail it.

**COURT DATE**

Once the court gets your "appearance form," it will send you a "notice of hearing." This will have the date and time of your hearing.

**TALK TO THE JUDGE**

At your hearing, tell the judge why you should not be evicted. If you need help with what to say, call legal aid at 1-800-639-5390 or apply online at nhlegalaid.org. Even if there is no legal defense against the eviction, you can ask the judge for up to 90 days to move.

**WHAT IF YOU LOSE?**

If the landlord wins, the judge will sign a "writ of possession." You do not have to leave until the sheriff brings this writ to your home.
Three Ways to Avoid COVID-19 Vaccine Scams

If you get a call, text, email — or even someone knocking on your door — claiming they can get you early access to the COVID-19 vaccine, STOP. That’s a scam.

For help, contact your #seniormedicarepatrol. In New Hampshire - that’s ServiceLink! 1-866-634-9412

Three Ways to Avoid COVID-19 Vaccine Scams

While vaccination details are getting worked out, here’s what you can be sure of:

• You can’t pay to put your name on a list to get the vaccine. **That’s a scam.**

• You can’t pay to get early access to the vaccine. **That’s a scam.**

• Nobody legit will call about the vaccine and ask for your Social Security, bank account, or credit card number. **That’s a scam.**

Ignore any vaccine offers that say different, or ask for personal or financial information.

Learn more at

[ftc.gov/coronavirus/scams](http://ftc.gov/coronavirus/scams)
[consumerresources.org/beware-coronavirus-scams](http://consumerresources.org/beware-coronavirus-scams)
New Hampshire COVID-19 Vaccination Allocation Plan Summary  
January 16, 2021

**List of Underlying Medical Conditions (adapted from CDC):**

**Phase 1b: Two or more conditions**
- Cancer
- Chronic Kidney Disease
- COPD (Chronic Obstructive Pulmonary Disease) and other high-risk pulmonary disease
- Down Syndrome
- Heart Conditions, such as heart failure, coronary artery disease, or cardiomyopathies
- Immunocompromised states

**Phase 3a: One or more conditions**
- Obesity (body mass index of 30 kg/m or higher)
- Pregnancy
- Sickle cell disease
- Type 2 Diabetes Mellitus

*Note: DPHS allows a health care provider to vaccinate any patient assessed to have significant risk for severe illness due to co-morbidities, even if not listed here. This list does not include every condition that might increase one’s risk for developing severe illness from COVID-19, such as those for which evidence may be limited (e.g., rare conditions or combinations of conditions).*

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*** Estimated timeframe depends on vaccine doses allocated to New Hampshire from the federal government and vaccine uptake***

Equity is a crosscutting consideration: Vaccine access will be prioritized for geographic areas identified through the COVID-19 Community Vulnerability Index (CCVI).