



**Monthly E-Newsletter
April 2017
Volume 23, Issue 4**

Hit the Road @ Federal Jack's

Join us on **Thursday, April 20 from 5-7 p.m.** at Federal Jack's for our 20th Edition Road Race pre-registration event with plenty of giveaways!

"We're thrilled to be partnering with one of our Road Race sponsors for this family event," says Director Jill LeMay. "We wanted to figure out a way to make our 20th year a special one and this opportunity spoke to our mission of being part of the community. We'll also have a lot of fun!"

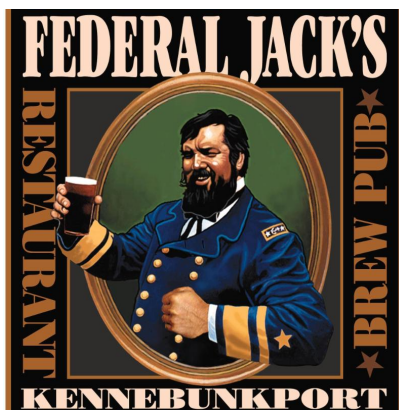
These extras are included in the fun: corn hole for a chance to win a registration, Sea Dog tickets for the first 10 registrations, reduced in-person pricing and Road Race water bottles, while supplies last!

The 20th Edition



**ROAD
RACE**

5K Run/Walk



This year's race is on Friday, July 14 at 6 p.m. As always registration includes free supper, fabulous goodie bags and t-shirts to the first 250 and massage therapists. There are also incredible raffles, a concert by the Kennebunk River Band, outdoor showers and a beer & wine tent.

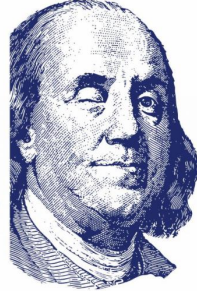
Chip timing and pre-race packet pick-up are new this year. Come join in the tradition! **REGISTER NOW!**

Federal Jack's is located at 8 Western Ave in Kennebunk, Maine. For more information please call 207-967-4322 or visit their website www.federaljacks.com

The Psychology of Money

Dr. Robin Barstow will present The Psychology of Money on **Monday, April 24 at 6:30 p.m.** as one of more than 5,000 free financial programs offered nationwide during Money Smart Week®, April 22-29, 2017. KFL is a participating library bringing financial

MONEY SMART WEEK®



awareness to our community.

Money influences how we see other people and how we see ourselves. The decisions we make about it may have more to do with emotions than with math. By talking about money on a personal level we can discover a better understanding of our psychological relationship with it and that can help us lead happy lives.

As a clinical social worker Dr. Robin Barstow uses Cognitive Behavioral Therapy (CBT) in her work. The premise of CBT is that our thoughts affect our actions. Robin has discovered that a great many people have never wondered about their personal understanding and relationship with money. So, they do not know their thoughts about money and how they may be affecting their actions with money. Money has extraordinary power over our minds. We invest in it the promise of so many things that we value. If we are to understand ourselves, and how money helps us to create the things we need and want, then we benefit by talking about it. Simple memories of what one learned as a child can be a gentle and fascinating place to begin. Please join in the dialogue with us.

Dr. Robin Barstow is a clinical social worker at Maine Behavioral Healthcare. She earned her BA from Sarah Lawrence College, her MS in anthropology from Columbia University, her PhD in biology at Yale University, and her MSW from University of Maine.

Protecting Yourself from Identity Theft

The Kennebunk Savings Bank will present Protecting Yourself from Identity Theft at KFL on **Tuesday, April 25 at 6:30 p.m.**

During this program you will learn about identify theft and why it is important to protect your personal and financial information. You will also learn the necessary steps to take if you believe you are the victim of identity theft.

Piggy Tales!

Money Smart Week is not just for the adults! Piggy Tales begins with a story about Pete, *You Can't Buy a Dinosaur with a Dime* by Harriet Ziefert. What does Pete want to buy with his money? How does he earn, spend, and save his money? How do we make these decisions? After another story or two we will make our own piggy banks to save money in! All craft materials will be provided. This is a drop-in program for kids, grades 1-3 on **Wednesday, April 19** starting at 1:00 p.m.

Money Smart Week® is a public awareness campaign to promote financial education across all age groups. Launched in 2002 by the Federal Reserve Bank of Chicago, the program is now active in all 50 states through national partnerships with the Certified Financial Planner Board of Standards, Consumer Financial Protection Bureau and USDA (United States Department of Agriculture) Cooperative Extension and the American Library Association.

To learn more about Money Smart Week® visit www.moneysmartweek.org

Faerie House Submissions

It's that time of year again! The fairies are returning to Kennebunk! Help welcome them back by creating a fairy house or gnome home to display at the KFL.

This year, homes created by children will be accepted beginning Tuesday April 19. To be eligible for a certificate, please submit houses to the Library by Wed. May 4.

Houses should be created from all natural materials as fairies are allergic to plastic. Due to space constraints, houses should have a base no larger than 14" x 14," and a height no taller than 30 inches. Although glue is allowed, try string, thread or raffia to connect pieces, or make glue using flour and water.

As you enjoy the spring weather outside, remember to set aside bark, pine cones, shells and feathers to inspire your children to create homes for the wee folk. If you need building materials, stop by the Kennebunk Free Library Children's Room. A selection of pine cones, bark and sea shells will be available for children to use in construction will be available from April 3.

Faerie Houses will be on display until May 20. Stop by to see how creative the local children are!

Aromatherapy Make and Take Class at KFL

Learn about the healing properties of essential oils with Cindy Simon (NCC, RMT) on **Wednesday, April 19 at 6:00 p.m.** Attendees will also make their own aromatherapy sprays, facial moisturizers and bath soak salts to take home and use.

Cindy is a community educator, wellness coach, counselor, writing coach, as well as a freelance writer and published author. She truly hopes to inspire individuals of all ages to find deep relaxation through yoga, meditation and energy work. Cindy is passionate about leading people to their healthiest lifestyles and mentoring them in how to maintain such mind-body-spirit health day to day.



This class has limited space so please stop by the adult services desk, call 985-2173 or [email](#) to register. All supplies are provided free of charge.

Children's Programming

Beadcraft

Perler Beads - tiny plastic beads that can melt - were first introduced as a craft in Sweden in the 1950's and we still love them! Students entering Grades 1 and up are invited to join us for an afternoon of beading fun on **Wednesday, April 5 at 1 PM.** (It's an Early Release Wednesday.) This month you can make an Easter ornament or keychain. Bunny, chick and egg patterns will be available as well as Minecraft patterns. You can also design your own! All craft materials will be provided. [Registration is required.](#)

Parenting Class

Stevie Westmoreland, LMFT, LCPC leads her Parenting Class on **Friday, April 7 at 10:00 AM.**

The class offers an opportunity for parents, grandparents and caregivers to gather to share the joys and challenges of parenthood. Skills developed will focus on identifying and understanding a child's four basic feelings, calming ourselves down and the positive effect of mirror neurons with your child.

Stevie has been in private practice as a Licensed Marriage and Family Therapist and Licensed Clinical Professional Counselor for 30 years. She also brings her own experience as a parent and grandparent to the discussion.

Tail Waggin' Tutor

Jack, a Tail Waggin' Tutor will be at the Library on **Saturday, April 8 from 10:00 - 11:00 AM** to listen to children read. Children of all ages and abilities are encouraged to sit with Jack, and experience the pleasure of reading to such a non-judgmental listener. Children often relax in a manner they might not when reading to an adult or sibling. Practice gained by

reading to a dog has been shown to help students increase reading fluency.

Jack is a certified therapy dog, and will be accompanied by his favorite humans, Ursula and Kate Roese. He also volunteers at the Kennebunk Nursing and Rehabilitation Center.



Imagination Station - *Gas-Tastic!*

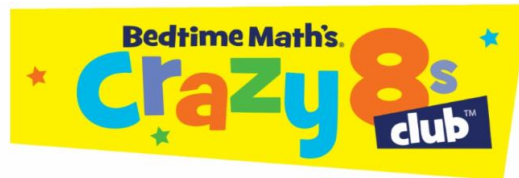
Welcome to Imagination Station - where you can let your imagination run wild! This is an exciting new program series at the Kennebunk Free Library for all ages.

March's Imagination Station session: *Gas-Tastic!* will happen on **Thursday, April 20, 3:30 to 4:30 PM**. Stay the whole time or drop in when you can.

Everyone - age 3 to 103 - is encouraged to join us for a series of programs showcasing science, technology, engineering, arts and math (STEAM) - in ways that are fun and accessible for everyone. Make a magnet maze.

Find out how stuff works, why things happen, and what makes our world the way it is.

Imagination Station is on the second Thursday of the month. Come for the whole hour or drop in when you can.



Join us for these fun, upcoming sessions!

Super-Cube Shuffle - Math and art collide when you use specifically colored cubes to create cool designs. After a round of design copy mania, you'll be a super-cube pro!

Epic Air Traffic Control - Build your own airport, complete with finger-light airplanes and glowstick runways. Use your math skills to land all the planes without crashing!

[Pre-registration](#) is required. The Club meets on alternating Wednesdays at 4PM through April 26. These sessions are designed for children in Grades K-5.

Legos Club

Legos Club is for children K and up. The next meeting will be on **Wednesday, April 19 at 4:00 PM**. All Legos blocks will be supplied; please leave yours at home. [Registration is required.](#)

Storytimes



There is a storytime break April 24-May 8

Mondays @ 10:15 AM: Peek-a-Book Babies (birth to age 2)

Tuesdays @ 10:15 AM: Family Storytime (all ages)

Thursdays @ 10:15 AM: Time for 2s & 3s (toddlers)

Age-appropriate toys are brought out at the end of Peek-a-Book Babies. Families are invited to spend some time interacting with other parents while engaging their children with the toys.

CANCELED -Genealogy Group: Civil War Years

Due to the weather forecast, this program has been canceled. Please stay tuned for a rescheduled date.

Researcher Clay Feeter, joins us on **Saturday, April 1 at 10:00 AM.** This is a family-friendly event with audience participation so make sure to bring your kids, grandkids and questions!



"Your Civil War ancestors' stories are always much deeper than the few lines about them that you might-or might not- find in your family genealogy book," says researcher Clay Feeter, who gives a lively, informative, "customizing your personal War of the Rebellion" self-help talk and question and answer session on the subject.

Guests are encouraged to bring in family history notes, genealogy books, artifacts and letters of discharge papers to share at this "Ancestors Road Show" type event.

Feeter, who lives in York, has performed more than 2,300 Civil War ancestor searches over the past 20 years. His goal is to bring not just your soldier-ancestor's stories to life, but to help you understand and discover more details about the full picture of suffering and challenges that The War of The Rebellion brought with it.

The Genealogy Group is free, open to the public and meets nine times a year. We welcome all new guests.

Lyme Disease - "Prevention is Key"

Annie Watts will be visiting Kennebunk Free Library on **Monday, April 3 at 6:00** to teach about how to treat your clothes, body and pets as well as other preventative measures as a means to avoid Lyme Disease.

Annie, a sufferer, will discuss the disease that is often misunderstood and misdiagnosed. She will be bringing specific products to present as we enter some very dangerous months in the woods and being exposed to deer ticks.



Free Admission



BRICK STORE MUSEUM

KFL and the Friends of KFL offer free or discounted entry into 7 museums and parks.

Brick Store Museum - NEW pass for 2017
Children's Museum and Theatre of Maine
Maine State Parks
Portland Museum of Art
Portland Observatory
Seashore Trolley Museum
Strawbery Banke

[Visit our website to learn more about all of these great options.](#)

Chair Chi

The next Chair Chi session will be held in Hank's Room on **Wednesday, April 26 at 2:30**. Chair Chi is a gentle exercise program that was developed to help people enjoy the benefits of Tai Chi while seated. Instructor Amber Wilson, Engage Life Director of Atria Kennebunk, will be using principles from her training to ease the mind, body and heart and enhance well being and community connection. Though geared toward seniors and adults this is a program open to all ages. Even though this program is free please contact the library to [pre-register](#).



The Download Library

The Maine InfoNet Download Library has moved to a brand new e-book and e-Audiobook platform called cloudLibrary. This has replaced the Overdrive platform.



To find out more about this switch please visit check out this [Q&A](#). Visit [here](#) to get the new app. Please contact your Librarian with questions.

National Library Week Celebrations

Throughout the week of April 10-15 we have fun ways to thank our patrons during the celebration of National Library Week. National Library Worker's Day is celebrated on April 11.

Patrons can participate in Food for Fines. KFL will waive half of your fines when you donate a nonperishable food item. All contributions will benefit COS of Kennebunk, Kennebunkport & Arundel.



During this week, we'll also offer our fabulous Book Bundle raffles. Visit every day and receive a free raffle ticket to increase your chance of winning.

New Blinds at KFL

Some of you may know that if you visit us at certain times of the day during certain seasons of the year that our adult services desk staff does battle with the sun. You'll find them repositioning monitors, shielding their eyes and wearing sunglasses to avoid the bright rays working their way through the main entrance windows to properly greet and assist patrons.

This will occur no more and with much thanks to Budget Blinds of Southern Maine who supplied us with the blinds at cost and the Town of Kennebunk who provided the lift to make it all happen.

With that in mind, here's hoping for some sunny and warm days ahead!



[Learn more](#) and how you can [support](#).

Tax Help

It's income tax season again! This year, AARP Tax Help will be offered every Thursday from 9:30-12:00 through April 13. No registration is necessary. Appointments are first come, first served. Library doors will open at 9:30 sharp, with a sign-up sheet inside the library.

Make sure to bring all relevant documents, including a copy of last year's income tax return; W-2 Forms from each employer; unemployment compensation statement; SSA-1099 form if you were paid Social Security benefits; all 1099 forms showing interest and/or dividends and documents showing original purchase price of sold assets; 1099-MISC showing any miscellaneous income; 1099-R form if you received a pension or annuity; all forms indicating federal income tax paid; dependent care provider information; all receipts or canceled checks if itemizing deductions; social security cards or other official documentation for yourself and all dependents; photo ID; check with printed bank information (if direct deposit of refund is requested); and health insurance coverage or exemption information.



Teen Programming

TEEN THURSDAYS (Thursdays)

April 6, 13 & 20

2:30 - 4:00 PM

Head to the Library after school ends, and spend Thursday afternoons with Melissa. This is a drop-in any time event, no registration required. Open to teens in Grades 6-12. Play a game with friends. Color, create or collaborate. Get help with homework. Find a new favorite book.

TEEN GAMING (Fridays)

April 7, 14, 21 & 28

Come play the Wii on the KFL projector screen. Handheld devices and trading card games also encouraged.

2:30-4:30 PM

ANIME AFTERNOON

April 5

4:00-5:00 PM

Join Melissa, the teen librarian to talk about anime, learn to draw your favorite characters, watch your favorite anime files on the projection screen and everything anime in-between.

Artwork from Preschool to High School Students

"Collective Outlook" artwork created by International Baccalaureate (IB) Visual Art students from Kennebunk High School will be on display in the Speers Gallery from **April 1 to 13**. The public is invited to view the exhibit during regular Library hours.

The IB Organization, a non-profit educational foundation, aims to develop inquiring, knowledgeable and caring young people who help to create a better and more peaceful world through intercultural understanding and respect. IB Visual Art is part of a rigorous curriculum and diploma program recognized by universities around the world. IB Visual Art at KHS offers a unique, two-year course for those motivated and mature students who are seriously committed to making and researching art.

This art show represents work from Kaitlyn Anderson and Sadie Gusha, two Seniors who have now completed the IB course and will be exhibiting their chosen body of artwork. Juniors who are in the class will be choosing one piece to be exhibited.

An opening reception will be held Tuesday April 4th from 4-6 p.m. The public is welcome to attend.



An exhibition of artwork by preschool-age children from the Kennebunk Recreation Department's Beyond Tots Adventure Club will be on display in the Speers Gallery from **April 14 to 28**.

The exhibit is in recognition of The Week of the Young Child™, an annual celebration sponsored by the National Association for the Education of Young Children (NAEYC). The purpose of the Week of the Young Child™ is to focus public attention on the needs of young children and their families and to recognize the early childhood programs and services that meet those needs. The 2017 Week of the Young Child™ is April 24-28.



The Beyond Tots Adventure Club artwork is a celebration of art and literature. We combined our love of a good story with roll-up-your-sleeves art projects! The children explored new techniques and mediums to create pieces that are engaging, multi-dimensional and visually exciting. No surface was safe as they hammered, taped, glued, and painted a gallery full of original pieces that complement some of the books we have been reading. Blending stories, artwork, games and activities has been a wonderful way to encourage literacy and the joy of a good book.

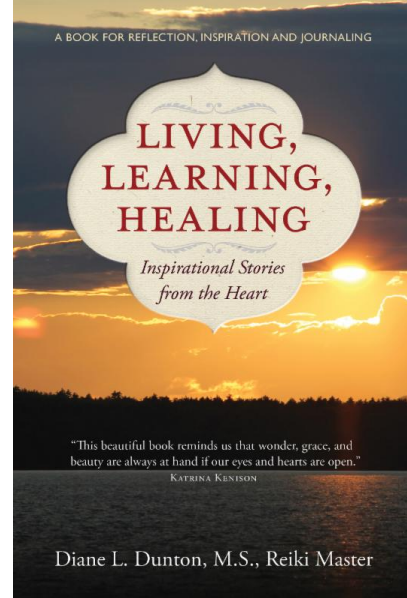
The public is invited to attend a reception on Monday, April 24 from 4 - 6 p.m. The Kennebunk Free Library is pleased and honored to be able to present these very talented artists.

Maine Author Changing the Status Quo

Kennebunk Free Library is hosting Maine author Diane Dunton on **Tuesday, May 2 at 6 p.m.** as she discusses her new book, *Living, Learning, Healing: Inspirational Stories from the Heart*. Diane Dunton knows a lot about shaking things up. In fact, changing the status quo is an integral part of the work she does with her clients. Her career in planned

organizational change and human resource development has helped countless individuals, nonprofit organizations and corporations to embrace change, unlock potential, and define and achieve goals.

When she found herself prematurely widowed and facing breast cancer a decade ago, Dunton immersed herself in the creative arts, beginning a journey of emotional, intellectual and artistic exploration and healing. But it was the many personal stories told to her by others facing adversity that inspired the writing of her new book. This collection of true stories, humorous anecdotes and heartwarming essays reveals the resilient nature of the human spirit. Regional nature photographs by Dunton are featured throughout the book, which also includes a section for personal journaling. The stories in *Living, Learning, Healing* are "compelling and very, very human," says Rev. David C. Hall, a Spiritual Life Director affiliated with the Maine Conference-United Church of Christ. "The book is like a tour guide gently drawing the reader into the simplicity and profound nature of life lived to the fullest, especially after the pain of life interrupts, and says: Pay attention!"



Author Katrina Kenison adds, "Whether grieving the loss of a loved one, confronting a difficult diagnosis, or grappling with the hard truths of lives that don't unfold according to our best-laid plans, this beautiful book offers quiet guidance to find our way forward and reminds us that wonder, grace, and beauty are always at hand if our eyes and hearts are open."



"All of us want personal and professional happiness," says Dunton, "but often we find it difficult to take the action needed to realize these goals. Human beings are natural story tellers. I've been privileged in my work to witness first hand profound stories of change and felt compelled to share the inspiring and motivating narratives of real people who have discovered, regardless of their circumstances, how to define and create through their own actions happy and fulfilling lives."

The book will be available for purchase the evening of the event. For more information about Dunton and her work, visit www.dianedunton.com.

Materials on the Move

The YA non-fiction has moved into the adult non-fiction section. This decision was made to increase awareness of some of the excellent non-fiction titles in the young adult collection. These titles will have a Y sticker on the spine, but the content can be enjoyed by readers of any age. This change will also provide easier access to a wide variety of books on the same topic - all of KFL's non-fiction offerings will be in the same place.

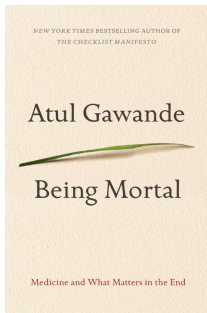
The Bolton Travel Collection is now located in the nonfiction stacks after biographies.

Please Note: College + Career materials for all ages will be on the bookshelf in the corner, and the 'how-to-draw' books (741.5) will be shelved with the YA Graphic Novels.

New Materials for April

Adult Fiction and Nonfiction
Children's
Young Adult
AV

Reading Groups



Nonfiction Book Discussion -
Being Mortal by Atul Gawande on
Monday, April 10 at 6:30 PM.



Adult Book Discussion -
Anthem by Anya Rand on
Tuesday, April 25 at 1:00 PM.

[Check out the listing of books for the Adult Book Group!](#)

Crafting Friends at KFL for 1 Year!

The Crafting Friends group meets on the first Wednesday of each month (**April 5**) and we're looking for new members. This group is open and free to the public and all portable projects are welcome.

Currently the projects range from adult coloring to a medallion project to knitting to cross stitch and tapestry weaving. Come join in on the fun, share stories, learn from each other and meet new friends.

Right: Current projects being worked on.



Friends May Day Book Sale

Saturday, May 6 from 8:30 a.m. - 1:00 p.m.

PREVIEW SALE FOR FRIENDS ONLY!

Friday, May 5 from 5:00 p.m. - 7:00 p.m.

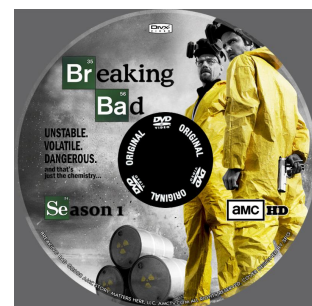
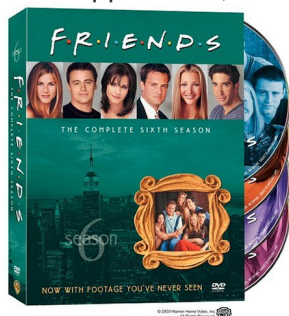
The next Friends meeting will be held on Monday, April 24 at 5:30 p.m.

[Learn more about joining the friends.](#)



Did You Know...TV Series

KFL has many TV series to select from. Many are received, with much appreciation, from donations. Sometimes we may not own a complete series so make sure to come to us if you have any questions. We can help you determine how many seasons are in a series and request them for you from other libraries.



Locally we own about 50,000 items but with consortium borrowing through Minerva you have access to over **6 million items!**

Islam and America in a Turbulent World

Acclaimed author and University of New England professor Anouar Majid spoke at KFL on March 8. Below is his presentation in full.



Islam and America in a Turbulent World



April 26 at 6:30 PM

Nifty Knitters

Every Tuesday at 11:00 AM.

Bring a needlework project to work on while socializing with other crafters, or bring in your project for others to help you.

Beginners welcome. We lend needles and wool is available for the asking.



Trustees Wanted

The Library is seeking individuals with a passion for their local library to apply to join the

Board of Trustees. All persons 18 years of age who are legal residents and/or employed within the towns of Kennebunk and Arundel are eligible to serve on the Board and are encouraged to apply. For more information, the Trustee job description and a nomination form, please visit our [website](#) or stop by the circulation desk for printed information.

Own a Reproduction of the William E. Barry *Historical & Road Map of Kennebunk, ME & Vicinity*



The original map was presented to KFL by Henry Parsons and was compiled and drawn by Wm. E. Barry, Arch. 1904-8

Select Size:

-Full Size: 29" x 51"

-Reduced Size: 22" x 41.5"

Select Frame:

-None

-Artiplaq mount (ready to hang)

Select Frame Color:

-Black

-Gold

-Silver

-White

Complete a form and please allow a minimum of 2 weeks for delivery.

Visit KFL to see the original and how the mounted product looks.

KFL Bags, Aprons and Mugs



Large Canvas Bags:
\$15.00

Small Jute Bags:
\$5.00

Aprons: \$15.00

Mugs: \$5.00



You now have the option of contributing a portion of your Amazon purchase through smile.amazon.com

We are listed as Kennebunk Free Library Association.

April Calendar of Events

April 1: Genealogy Group, 10:00 AM - CANCELED (Stay tuned for rescheduled date)
April 3: Peek-a-Book Babies, 10:15 AM
April 3: Lyme Disease: Prevention is Key, 6:00 PM
April 4: Family Storytime, 10:15 AM
April 4: Nifty Knitters, 11:00 AM
April 4: Art Reception, 4:00 - 7:00 PM
April 5: Beadcraft, 1:00 PM
April 5: Anime Afternoon, 4:00 PM
April 5: Crafting Friends, 5:30 PM
April 6: Tax Help, doors open at 9:30 AM
April 6: Time for 2s & 3s, 10:15 AM
April 6: Teen Thursdays, 2:30 PM
April 7: Parenting Class, 10:00 AM
April 7: Teen Gaming, 2:30 PM
April 7: Volunteer Appreciation Event, 4:30 - 6:30 PM
April 8: Tail Waggin' Tutor, 10:00 AM
April 10: Peek-a-Book Babies, 10:15 AM
April 10: Nonfiction Book Group, 6:30 PM
April 11: Family Storytime, 10:15 AM
April 11: Nifty Knitters, 11:00 AM
April 12: Bedtime Math: 4:00 PM
April 13: Tax Help, doors open at 9:30 AM
April 13: Time for 2s & 3s, 10:15 AM
April 13: Teen Thursdays, 2:30 PM
April 14: Teen Gaming, 2:30 PM
April 17: CLOSED for Patriot's Day
April 18: Family Storytime, 10:15 AM
April 18: Nifty Knitters, 11:00 AM
April 18: First day to bring in Faerie Houses!
April 19: Piggy Tales, 1:00 PM
April 19: Lego Club, 4:00 PM
April 19: Aromatherapy Workshop, 6:00 PM
April 20: Time for 2s & 3s, 10:15 AM
April 20: Teen Thursdays, 2:30 PM
April 20: Imagination Station, 3:30 PM
April 21: Teen Gaming, 2:30 PM
April 24: The Psychology of Money, 6:30 PM
April 25: Nifty Knitters, 11:00 AM
April 25: Adult Book Discussion, 1:00 PM
April 25: Protecting Yourself from Identity Theft, 6:30 PM
April 25: Trustees Meeting, 7:00 PM
April 26: Chair Chi, 2:30 PM
April 26: Bedtime Math, 4:00 PM
April 26: Trivia Night, 6:30 PM
April 28: Teen Gaming, 2:30 PM



Young Kennebunk patrons, Haley and Nicholas, decided to open a lemonade stand on Saturday, August 27 to raise money for the Library. Their hard work raised \$25.00 which they donated to their much-loved Library. Thank you so much Haley and Nicholas!

KFL Board of Trustees

Thank you to our wonderful Board and all that you do.

Pictured from top left: Joy Russo, Henry Bourgeois, Dan Riggall, Pat Carls, Ann Hibbard, Paul Dest, Linda Lucas, Deb Redding-Sampson, Risa Oganessoff Heersche and Karen Plattes.

Not Pictured: John Buraczynski, Laura Curtis, Marka Larrabee, Maryfrances Smith, Dan Stoddard and Trustee Emeritus Larry Dwight.



Kennebunk Free Library | 207-985-2173 | kfl@kennebunk.lib.me.us | kennebunklibrary.org

STAY CONNECTED:

