Non-Fiction

Making Babies  B Writers Emr
By Anne Enright
A carefully written, honest, and witty memoir of becoming a mother. By an award-winning novelist.

Life Changing Magic of Not Giving a F*ck  818.6 Kni
by Sarah Knight
A parody of the best-seller by Marie Kondo explains how to rid yourself of guilt, shame, and unwanted obligations.

H is for Hawk  B Animals Mac
by Helen MacDonald
When the author’s father died, she is knocked sideways by grief, and becomes determined to train her own goshawk.

Daring Greatly
by Brené Brown
Based on 12 years of research, this book by a TEDtalk author examines how vulnerability is the core of emotions like fear and love.

Furiously Happy  B Personal Memoir Law
by Jenny Lawson
A hysterical and ridiculously heartwarming book about the author’s lifelong battle with mental illness. All about embracing all the things that make us who we are.

The Dark Between Stars  811 Att
by Atticus
A collection of poems exploring the honesty of loneliness and our search for connection, and how we need moments of both beauty and pain to appreciate all life offers.

The Moment of Lift  305.42 Gat
by Melinda Gates
A timely call to action for women’s empowerment that identifies the link between women’s equality and societal health.

Becoming  B Prs/Heads Spouse & Children Oba
by Michelle Obama
The former first lady describes her life, from childhood to living at the White House, all in her own terms and her own words.

Our Dogs, Ourselves  636.7 Hor
by Alexandra Horowitz
Examines all the different aspects of this unique and complex interspecies friendship, especially the odd, surprising, and contradictory way we live with dogs.

April 2020

Uplifting Lit

Happy and joy-filled books to raise your spirit!

Gilford Public Library
31 Potter Hill Road
Gilford, NH 03249
(603) 524-6042
Fiction

Where’d You Go, Bernadette  F Sem
By Maria Semple
An agoraphobic architect goes missing before a family trip to Antarctica, so her daughter searches for her. Told in a series of documents and interludes. Movie adaptation in 2019 starring Cate Blanchett.

The Guernsey Literary & Potato Peel Pie Society  F Sha
By Mary Ann Shaffer & Annie Barrows
In 1946, an author visits a unique book club formed to protect its members from arrest by occupying Germans during the war. Adapted into a movie.

The Rosie Project  F Sim
By Graeme Simsion
A professor of genetics sets up a project to find him the perfect wife. He ends up meeting a woman who is everything he is not looking for, & helps her try to find her biological father.

The Storied Life of AJ Fikry  F Zev
By Gabrielle Zevin
A bookstore owner begins to isolate himself after his rare collection of Poe poems is stolen. He begins to re-make his life after receiving a mysterious package.

How to Stop Time  F Hai
By Matt Haig
A man who’s been alive for centuries because of a rare condition breaks the one rule that is protecting people like him: never fall in love.

The Art of Racing in the Rain  F Ste
By Garth Stein
A dog with a philosopher’s soul tries to bring his family back together after a vicious custody battle. Adapted into a movie in 2019.

Etta and Otto and Russell and James  F Hoo
By Emma Hooper
An octogenarian woman walks from rural Canada to the East coast so she can see the ocean for the first time in her life.

I Owe You One  F Kin
By Sophie Kinsella
A woman saves a man’s laptop from certain disaster, and he leaves her with an IOU. A story of love, empowerment, family, and IOUs.

The 100 Year Old Man Who Climbed Out the Window and Disappeared  PB Jon
By Jonas Jonasson
A bizarre and imaginative tale of a centenarian explosives expert and vodka lover who escapes out his window on his 100th birthday.