

COVID-19 - Town of Belmont

The Town of Belmont is actively engaged with the New Hampshire Department of Health and Human Services (DHHS) and our local and regional partners with regards to the State and local response to the COVID-19 virus.

While the town is closely monitoring the progression of the virus and is planning for the potential spread in the Lakes Region, we are asking everyone to concentrate their efforts on **PREVENTION**.

There is currently no vaccine to prevent COVID-19. Prevention measures that are accessible to almost everyone and should be practiced regularly include:

- [Proper Hand Washing](#) (If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol)
- [Covering Your Cough](#)
- Avoiding Touching your Eyes, Nose, and Mouth
- Avoiding Close Contact with Anyone Who is Sick (Maintaining a minimum distance of 6 feet)
- Staying Home When You Are Sick
- Regularly Cleaning and Disinfecting Frequently Touched Objects and Surfaces

If you are experiencing cough, fever or shortness of breath and have concern that this might be COVID-19, please call your Primary Care Provider for a risk assessment. If your provider establishes the need for COVID-19 testing, they will coordinate directly with your state department of health. **If you are a NH resident and do not have a primary care provider, please call 2-1-1.**

211NH has been mobilized to handle all COVID-19 related calls from New Hampshire residents with questions or concerns surrounding the COVID-19 outbreak. 211NH is New Hampshire's statewide, comprehensive, information and referral service operated by Granite United Way.

Respectfully,

Steven Paquin

Town of Belmont
Health Officer