

BELMONT SENIOR ACTIVITY CALENDAR **JUNE 2024**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
						1			
2	3	Tioga Trail Walk 9a-10a Excercise Class Franklin VNA 10:15a-11a Social Hour 11a-12p Arts & Crafts 12p-2p	4	5	Tioga Trail Walk 9a-10a Chair Yoga 10a-11a Belmont Blooms 11a-2p	6	7	8	
9	10	Tioga Trail Walk 9a-10a Franklin VNA Health Clinic 10a-11a Excercise Class Franklin VNA 10:15a-11a Social Hour 11a-12p Game Time 12p-2p	11	MOVIE TIME AT GILFORD CINEMA 8 11:30a-2p	Tioga Trail Walk 9a-10a Chair Yoga 10a-11a Comhole & Ice Cream Social 11a-2p	13	Community Game Time 4p-6p	14	15
16	17	Tioga Trail Walk 9a-10a Excercise Class Franklin VNA 10:15a-11a Social Hour 11a-12p Game Time 12p-2p	18	OUT TO LUNCH CLUB 11:30a	Tioga Trail Walk 9a-10a Chair Yoga 10a-11a Music Jam & Picnic at the Pavilion 12p-2p	20	21	22	
23	24	Tioga Trail Walk 9a-10a Excercise Class Franklin VNA 10:15a-11a Coffee Social 11a-12a Game Time 12p-2p	25	FUNSPOT BOWLING 12p-2p	Tioga Trail Walk 9a-10a Book Club 10a-11a HAWAIIAN LUAU AT THE PAVILION 11a-2p	27	Community Game Time 4p-6p	28	29
30									

The Belmont Center
14 Mill St - 2nd Floor

PLEASE SEE REVERSE SIDE FOR PROGRAM INFORMATION

