Our Community Newsletter

BELMONT





1st Issue Tax Bills

First issue 2025 tax bills have been mailed and are due on July 1st, 2025. All bills are posted on the Town Clerk/Tax Collector's website at belmontnh.gov > Departments/Staff > Town Clerk/Tax Collector. The spring bill is issued using last year's assessed value and the 2024 tax rate of \$15.74. There is no town-wide revaluation planned for 2025 so assessment values should remain the same except for construction work that was started or completed before April 1, 2025. If you have any questions about your tax bill, please contact the Tax Collector's Office at (603)267-8300 x 2.

Water & Sewer Bills

First quarter water and sewer bills will be mailed next week and everyone should have theirs soon. Bills may be paid online from our home page located at: belmontnh.gov using the button for "Payments/ Inquiries/ Property Tax/ Water/ Sewer".

Water & Sewer Bills Due July 9th, 2025

Homeowner Tax Relief



The 2024 State of NH DP-8 application forms

are still available for Low & Moderate Income Homeowners Property Tax Relief. (Income limits: Single person \$37,000 per year and married couples \$47,000 per year.) Forms can be downloaded from the State website: https://www.revenue.nh.gov/forms/low-moderate.htm
We also have paper copies of the form available here at Town Hall. The deadline to submit applications is June 30, 2025.

Flag Retirement

With Flag Day around the corner, we wanted to take a moment to remind everyone how you can properly dispose of old, tattered US flags. There is a box located at the Belmont Fire Department where flags to be disposed of can be dropped off. Our local American Legion

will hold a proper flag retirement ceremony to give tribute to our flags.

Flag Day is celebrated on June 14th to commemorate the adoption of our US Flag on June 14, 1777.



Town Administrator's News (cont'd.)

Live Stream Meetings

The Town of Belmont uses YouTube to livestream meetings and to archive meeting videos. Videos will also still be made available at Lakes Region Public Access through https://vod.lrpa.org/

Please see our YouTube channel at: www.youtube.com/@belmontlive

Agendas and Minutes can always be found on our website at:

belmontnh.gov

On our homepage, click the button for:



Meeting Agendas Meeting Minutes



We continue to stress the importance of the "Not everything is flushable". Please check out the "Do Not Flush!" list to protect your sewer and septic system. A "Flushable" label does not mean it is SAFE for your septic system or the Town's sewer. Please read the brochure we have included on the Town's website at www.belmontnh.gov

We need your help to ensure our sewers keep flowing.

Should you have any questions, please do not hesitate to contact the Town Administrator's Office at 267-8300 ext. 124.

Bulky Waste Disposal

On the 1st Wednesday of each month, Casella Waste will collect your bulky items curbside. Please note this is for Town of Belmont Residential Customers ONLY:



service is not available to commercial property owners. Piles of debris, trash, yard waste or a single item too large for one person to collect WILL NOT BE ACCEPTED. A request for pickup must be made in advance by calling Town Hall at 267-8300, Extension 118 or 124 only. You will be asked to list the items you want picked up, you will be advised what the cost is, and you will need to drop off cash or a check made payable to the Town of Belmont prior to the collection visit the Town's website day. Please at www.belmontnh.gov for the full details on the program and a price list.



Just a reminder that the Town of Belmont is an active member of Lakes Region Public Access Television which can be seen locally on Breezeline Channels 24, 25, and 26. If you are a camera buff and you have an interest in producing a show to be shown on LRPA, please contact the station at 528-3070 to discuss your idea. LRPA has made significant strides to improve programming this past year and its presence in the Lakes Region. We urge you to check out their website at http://lrpa.org

911 TEXT Services

If you are in an emergency and are unable to speak, it is unsafe to speak, or you are unable to make a voice call due to poor connection or low battery, you can send a text message to #NH911. Put "911" in the "To" field and send a text to be connected to the same highly-trained, capable, compassionate call-takers who answer voice calls. We are here 24/7/365 to connect you to the help you need in an emergency. #CallIfYouCanTextIfYouCant



Board & Committee Openings—Get Involved!

BELMONT TRUSTEES OF TRUST FUNDS Help Wanted

There is currently one opening for an alternate position with the Trustees of Trust Funds. The trustees provide oversight for Capital Reserve Funds for the Town of Belmont, Sun Ray Shores Water District and Shaker Regional School District as well as a myriad of smaller trusts. Meetings are held quarterly and last approximately 1 hour. If you have a background in Finance or Business Management and are interested, please contact:

Alicia Jipson, Town Administrator, administration@belmontnh.gov

or

Thomas Garfield, Chairman at juniperknollfarm@gmail.com

LAND USE BOARDS Help Wanted

There are currently alternate positions open for the following:

- Planning Board—three alternates
- Zoning Board—two alternates
- Conservation Commission—three alternates

Please contact Karen Santoro at please contact Karen Santoro at planter@belmontnh.gov
to learn more about the positions or to submit an application

Town Clerk's Corner



It's that time of year again! The first-issue property tax bills will be hitting mail boxes at the end of May. This bill covers the period from April 1st through September 30th. The amount of the first-issue tax bill is half of the total taxes paid in the previous year (2024). The taxes are due July 01, 2025. Please mail your check in with your payment stub, stop by the office with your payment, or pay on our town website, www.belmontnh.gov, using either your checking account or a credit card.

The second issue water/ sewer bills are going out this month as well. This bill covers the months of March, April, and May and are due thirty days after the bill date in July. Like with property taxes, you may send your payment by mail, drop it off in person, or pay online.

The lien was executed May 19, 2025. If you have any questions, please give us a call at 267-8300 ext. 2 or come by our office.

Missed the deadline to license your dog? At this time, there will be additional late fees. For every month the dog's license is renewed late, there will be an extra dollar per month fee, effective this month. Also, there will be a \$25 civil forfeiture fee in addition to the license fees and the late fees.

If you are going to say "I Do" this summer, don't forget the important part, the marriage <u>license</u>. The <u>Town Clerk's office can provide it for you</u>. The <u>license costs \$50.00 and is valid for 90 days</u>. Both parties must be present at the time of application. If either party has been married previously, you must provide the official, sealed document of how the marriage ended (divorce decree, death certificate, etc.) as well as your state-issued identification.

It does take some time to process a marriage license application, so we ask that couples come in no later than 3:00 pm.

The warmer weather is coming, so now is the time to think about the beach. Beach passes are available. Please have your car registration with you so that we can document your license plate for the beach pass.

Wishing you a warm and sunny June!

Jenn, Sam & Devon



Highway Department News

Roadside Dumping

Over the past several weeks the Town has once again experienced an increase in illegal roadside dumping. Yes, it is part of the job, but picking up roadside treasures left in ditch lines and back road pull offs is costly and time consuming. Transfer station fees and tire—disposal fees are two items on the Public Works Budget worksheet and in spite of every effort to keep spending down, these budget lines seem to grow every year. These costly, time consuming, tasks pull resources away from maintenance activities that improve our Town, and have a labor cost as well as a disposal cost associated with them. Please report any illegal dumping activities to the Belmont Police Department.

The Town of Belmont has a great disposal option for residents. On the first Wednesday of each month Casella will collect your bulky items at the curb. Pick up requests must be made in advance at Town Hall 267-8300 ex 115 or 118. You will be asked to list items to be collected and advised of the cost. Cash or a check payable to the Town of Belmont must be received at Town Hall the Friday before collection. Please put the word out to friends and family in Town as this is a great option to utilize at a low cost and minimal effort. Please see belmonth.gov > Departments > Solid Waste > Bulky Item Curbside Collection.

The pictures shown below are from 3 different locations that were cleaned up in the last week.









Before you dig, remember to call DigSafe
Not only is it safe, IT'S THE LAW!



Highway Department News

Pavement Marking

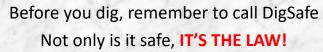
Painting stop bars, cross walks, and stencil work, along with both white and yellow lines is always first on the list once spring work is complete. All town roads have at least one of the items listed above and it receives a fresh coat every year to maintain safe travel in Belmont. Due to the number of locations, this project takes between 3 to 4 weeks to complete if the weather cooperates.

Pictured below is one of your team members putting the finishing touches on a stop stencil.

As always, please use care and caution when you see road work in your traveling area!









WATER Department Notice

Unknown Water Service Line Material

Because of new federal requirements for lead in drinking water, water systems must notify water users that we do not have a record of the piping materials for individual water service lines. Letters have been mailed to all water system customers. The good news is that you can help your water system assess, and where necessary, make improvements to your water service lines.

If your property is serviced by a private well, this notice does not apply to you.

It is very important that the Town meet the federal requirements to determine if any properties in Belmont have lead service lines. We strongly encourage all water system users to reach out to us for assistance. Please call us at (603) 267-8300 xt 115 or email us at water@belmontnh.gov

We appreciate everyone's assistance with this important project!

Why are you receiving this letter?

Because of new federal requirements for lead in drinking water, water systems must notify you that we do not have a record of the piping materials of your water service line. You and other water system customers are receiving this or a similar letter. The good news is that you can help your water system assess, and where necessary, make improvements to your water service lines. Please contact us via the phone or email below for assistance to report your service line materials. Until then, please follow the simple steps below recommended for everyone to prevent potential exposure to lead in drinking water.

What are the Health Effects of Lead?

The Environmental Protection Agency requires we inform you the following: Exposure to lead in drinking water can cause serious health effects in all age groups. Infants and children can have decreases in IQ and attention span. Lead exposure can lead to new learning and behavior problems or worsen existing learning and behavior problems. The children of women who are exposed to lead before or during pregnancy can have increased risk of these negative health effects. Adults can have increased risks of heart disease, high blood pressure, and kidney, or nervous system problems.

What Can I Do to Reduce Exposure to lead in Drinking Water?

In addition to your service line (see figure on back), other plumbing in your home may contain lead and could increase the levels of lead in your drinking water. These may include faucets, valves, and soldered joints. Please contact us via the phone / email below to request a free water test and to confirm your service line materials. if you're concerned about lead, the following measures can help you prevent potential lead exposure from any drinking water plumbing:

- Identify your service line materials. Contact your water system email / phone listed below for assistance to identify your service line materials.
- Run your water to flush out lead. If the water hasn't been used for several hours (such as in
 the morning), run the water for 1 minute or more to flush potential lead from interior plumbing
 before using it for drinking or cooking.
- · Use cold water for cooking and preparing baby formula.
- · Do NOT boil water to attempt to remove lead.
- For pregnant persons, infants, and young children, look for alternative sources or treatment of water such as bottled water or use water filters certified for lead removal.
- Identify and replace home plumbing fixtures containing lead.



Belmont Fire Department



Belmont Fire Department





Gilford, NH — MARINE PATROL WARNS BOATERS OF COLD-WATER DANGERS

New Hampshire State Police (NHSP) – Marine Patrol warns boaters to know cold-water immersion dangers for spring and early summer.

As boating season begins in New Hampshire, the NHSP – Marine Patrol would like to remind all water enthusiasts that while the air may feel warm, water temperatures in lakes, rivers, and coastal areas remain dangerously cold during the spring and early summer months.

Even on a sunny day, immersion in cold water can lead to shock, hypothermia, and drowning in just minutes. The risk is especially high in New Hampshire, where water temperatures often remain below 60°F well into June. Many may underestimate the dangers of cold-water immersion. Falling into cold water can impair muscle function, limit the ability to swim, and quickly become life-threatening—even for strong swimmers.

To stay safe on the water this season, Marine Patrol urges boaters to follow these precautions:

- <u>Always</u> wear a life jacket. Cold water can quickly sap your strength and the ability to put on a life jacket after falling in is extremely challenging.
- <u>Check</u> water temperatures. Verify current conditions before heading out onto the water.
- <u>Dress</u> appropriately. Wear layers and consider a wetsuit or drysuit when operating in early season conditions.
- File a float plan. Let someone know where you are going and when you plan to return.
- Be prepared Have communication devices such as a marine radio or a charged cell phone in a waterproof case.

BE SAFE OUT ON THE WATER!

Belmont Fire Department—Job Opening

JOB POSTING

- Union Position
- NH Group II Retirement
- 24hrs/3 Days off rotating work schedule
- Paid Personal, Sick, & Holiday time
- Paid Trainings
- Annual Stipend for Certifications

Cover letter and resume submitted to:

Firefighter/ALS Provider Hiring Process Attention: Asst. Chief Donald Pickowicz PO Box 837 Belmont, NH 03220

OPEN UNTIL FILLED!!





What are we looking for?

The Town of Belmont Fire Department is seeking (1) qualified candidate to fill an immediate opening for the positions of Full Time Firefighter/ALS Provider (minimum AEMT), Paramedic preferred. This individual will perform responsible firefighting operations, emergency medical care, and other related duties that apply.

(This is a Grant Funded position.)

Hiring Qualifications

- High school diploma or GED
- Certification as a pro board Firefighter I
- Nationally Registered EMT
- Valid Drivers License
- Eligible under state of NH Administration rules, 701.01, 701.02, 702.01, 702.02, or a lateral transfer that meets rule 703.01
- Passed criminal and driving background check

Minimum Qualifications before completion of year 1

- Certification as a pro board Firefighter II
- Nationally registered AEMT
- CDL-B w/ tank endorsement



Hands-Only CPR

Fact Sheet



♥ Why Learn Hands-Only CPR?

Cardiac arrest – an electrical malfunction in the heart that causes an irregular heartbeat (arrhythmia) and disrupts the flow of blood to the brain, lungs and other organs – is a leading cause of death. Each year, more than 350,000 EMS-assessed out-of-hospital cardiac arrests occur in the United States.

When a person has a cardiac arrest, survival depends on immediately receiving CPR from someone nearby.

According to the American Heart Association, about 90 percent of people who suffer out-of-hospital cardiac arrests die. CPR, especially if performed immediately, can double or triple a cardiac arrest victim's chance of survival.

Be the Difference for Someone You Love

If you are called on to give CPR in an emergency, you will most likely be trying to save the life of someone you love: a child, a spouse, a parent or a friend.



Over **70 percent** of out-of-hospital cardiac arrests happen in homes.



Only about 40% of people who experience an out-of-hospital cardiac arrest receive the immediate help that they need before professional help arrives.

Hands-Only CPR has been shown to be as effective in the first few minutes as conventional CPR for cardiac arrest at home, at work or in public.

Hands-Only CPR has just two easy steps, performed in this order:



Call 911 if you see a teen or adult suddenly collapse.







Push hard and fast in the center of the chest to the beat of a familiar song that has 100 to 120 beats per minute.

Call 911

The telecommunicator on the other end of the line can assist you while getting the emergency help you need on the way.

Music Can Save Lives

Song examples include "Stayin' Alive" by the Bee Gees, "Crazy in Love" by Beyoncé featuring Jay-Z, "Hips Don't Lie" by Shakira" or "Walk the Line" by Johnny Cash. People feel more confident performing Hands-Only CPR and are more likely to remember the correct rate when trained to the beat of a familiar song.

When performing CPR, you should push on the chest at a rate of 100 to 120 compressions per minute, which corresponds to the beat of the song examples above.

Take 90 Seconds to Learn How to Save a Life

Watch the 90-second video. Visit heart.org/handsonlycpr to watch the Hands-Only CPR instructional video and share it with the important people in your life. Hands-Only CPR is a natural introduction to CPR, and the AHA encourages everyone to learn conventional CPR as a next step. You can find a CPR class near you at heart.org/CPR.

NOTE: The AHA still recommends CPR with compressions and breaths for infants and children and victims of drowning, drug overdose, or people who collapse due to breathing problems.



CPR Guide



HANDS-ONLY CPR VS. CPR WITH BREATHS

HANDS-ONLY CPR



CALL 911



PUSH HARD AND FAST IN THE CENTER OF THE CHEST

Public awareness campaign to get more people to act when they encounter a cardiac arrest. Starting point to get more people to learn CPR.

Will not meet requirements if you need CPR for your job.

CPR TRAINING



COMPRESSIONS + BREATHS

Offered through online or in-person classes. Provides more in-depth training with an instructor, including CPR with breaths and choking relief.

Often necessary for people who need CPR training for work.

HOW DOES IT WORK?

Chest compressions are good for the first few minutes someone is in cardiac arrest pushing remaining oxygen through body to keep vital organs alive. Buys time until someone with more skills can provide help.

CPR with breaths combines chest compressions and breaths, providing additional oxygen to circulate throughout the body.

WHO CAN I USE IT ON?

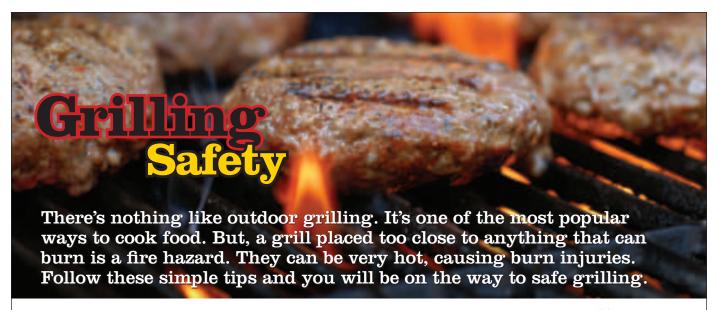
Adult and teens.

Anyone who is in cardiac arrest, including: adults and teens, infants and children, pregnant women and any victims of drowning, drug overdose, collapse due to breathing problems or prolonged cardiac arrest.

HOW DO I LEARN?

Go to heart.org/handsonlycpr to learn the steps of Hands-Only CPR.

Go to heart.org/cpr and click on FIND A COURSE to find a class online or near you.



SAFETY TIPS

- Propane and charcoal BBQ grills should only be used outdoors.
- The grill should be placed well away from the home, deck railings and out from under eaves and overhanging branches.
- Keep children and pets at least three feet away from the grill area.
- Keep your grill clean by removing grease or fat buildup from the grills and in trays below the grill.
- >>> Never leave your grill unattended.
- Always make sure your gas grill lid is open before lighting it.

CHARCOAL GRILLS

- There are several ways to get the charcoal ready to use. Charcoal chimney starters allow you to start the charcoal using newspaper as a fuel.
- If you use a starter fluid, use only charcoal starter fluid. Never add charcoal fluid or any other flammable liquids to the fire.
- Keep charcoal fluid out of the reach of children and away from heat sources.
- There are also electric charcoal starters, which do not use fire. Be sure to use an extension cord for outdoor use.
- When you are finished grilling, let the coals completely cool before disposing in a metal container.

PROPANE Grills

Check the gas tank hose for leaks before using it for the first time each year. Apply a light soap and water solution to the hose. A propane leak will release bubbles. If your grill has a gas leak, by smell or the soapy bubble test, and there is no flame, turn off both the gas tank and the grill. If the leak stops, get the grill serviced by a professional before using it again. If the leak does not stop, call the fire department. If you smell gas while cooking, immediately get away from the grill and call the fire department. Do not move the grill.

If the flame **goes out**, turn the grill and gas off and wait at least **5 minutes** before re-lighting it.

FACTS

- ! July is the peak month for grill fires.
- Roughly half of the injuries involving grills are thermal burns.





NATIONAL FIRE PROTECTION ASSOCIATION

The leading information and knowledge resource on fire, electrical and related hazards

Belmont Fire Department



FIREWORKS - PERMITS REQUIRED!!

With a permit, Belmont residents are permitted to discharge fireworks displays throughout the year. Permits are issued for one single day at a time, with the exception of the week of the 4th of July, where a permit will be issued for the entire week.

In order to obtain a fireworks permit, the following are required:

- 1) The applicant must be 21 years of age or older.
- 2) The applicant must produce a valid form of ID.
- 3) The applicant must be the property owner, or produce written consent from the property owner to discharge Class "C" fireworks on their property.
- 4) The applicant must notify owners of abutting properties of the date and time of the fireworks display.
- 5) The applicant must produce a sketch of the area in which the fireworks display will be discharged from.
- 6) The applicant must produce a Plan review Submittal Form and Permit Application.
- 7) The applicant must read and understand the Town of Belmont Fireworks Ordinance. Permits can be applied for at the station between the hours of 7:00am and 7:00pm Monday through Sunday. A one time inspection must be completed by our department in order for the permit to be issued.

It is advised that applications and required documentation be turned into the Belmont Fire Department a minimum of 24 hours before the anticipated discharge of fireworks display to allow members to schedule out the inspections in a timely manner. Be advised that inspections will be scheduled <u>AFTER</u> any and all emergency calls taking place that day.

Belmont Police Department

Laconia Motorcycle Week 2025: Revving into New Hampshire's Lakes Region! June 14 – 22, 2025 | Laconia, NH

Get ready for the 102nd Annual Laconia Motorcycle Week, roaring back into the Lakes Region from June 14–22, 2025! As one of the world's oldest and most iconic motorcycle rallies, this legendary event continues to attract riders from across the country to celebrate freedom, camaraderie, and the open road.



What to Expect in 2025:

- Scenic group rides through New Hampshire's stunning mountains and lakes region.
- Bike shows, hill climbs, stunt events, and motorcycle races.
- Dozens of vendors offering gear, parts, food, and memorabilia.
- Live music and nightly entertainment throughout the area.
- A family-friendly environment focused on tradition, tourism, and community.

Safety & Security Preparedness

The Belmont Police Department has been actively working alongside state, federal, and local partners to logistically prepare and coordinate security and public safety plans for the event. With the influx of visitors to the region, department remains our committed to ensuring the safety of residents, business owners, and guests throughout Motorcycle Week.



You can expect to see a strong and professional law enforcement presence dedicated to maintaining orderly traffic flow, emergency response readiness, and community engagement. "Our goal is to support a safe, enjoyable Motorcycle Week for everyone," said Chief Stephen Akerstrom. "We're proud to be part of this historic tradition and the role the men and women of our department serve to keep everyone safe."

Plan Ahead for Traffic

Attendees and residents should anticipate increased traffic, particularly along Route 3, Route 11, and around Weirs Beach. Please plan extra travel time, follow posted signage, and ride responsibly.

Belmont Police Department cont'd.

A Fond Farewell to SRO Stephen Colcord

As the school year draws to a close, the Town of Belmont and the Shaker Regional School District prepare to say goodbye to one of their most beloved figures, School Resource Officer Stephen Colcord. After serving with the Belmont Police Department since 2023 and bringing with him more than two decades of police experience, SRO Colcord is retiring from his post at the end of the school year.

Though his time in Belmont has been relatively short, the impact he's made is immeasurable. With a larger-than-life personality, a razor-sharp sense of humor, and a deep well of knowledge, SRO Colcord has captured the hearts and minds of students, staff, and the entire school community. His approachable demeanor and unwavering commitment to the well-being of others made him a fixture in the halls of Shaker Regional and a trusted mentor to many.



Last year, he was honored as the commencement speaker at graduation and had the yearbook dedicated to him, both powerful testaments to the respect and admiration he has earned during his tenure.

While he may be stepping away from his SRO role, Officer Colcord is not one to slow down. Already an accomplished novelist, he's looking ahead to the next chapter—wherever the winds of change may take him. Perhaps another book is on the horizon!

On behalf of the Town of Belmont and the Shaker Regional School District, we extend our deepest gratitude to SRO Colcord for his dedicated service, his lasting influence, and his unwavering commitment to our community. Congratulations on your retirement, SRO Colcord—you will be greatly missed, and we wish you all the best in your next adventure.

Help Wanted



Now Hiring: Regional Animal Control Officer

The Laconia Police Department is seeking qualified candidates for a full-time Animal Control Officer position! This unique role serves the City of Laconia, as well as the towns of Gilford and Belmont.

- Salary: \$21.56–\$27.31/hour
- Includes a comprehensive benefit package
- This position includes 28 hours per week conducting animal control duties, with 12 hours per week devoted to parking enforcement in Laconia. The position requires routine work in the enforcement of State statutes, City ordinances, and rules and regulations regarding the care and control of domestic animals.
- Applicants shall possess a high school diploma or GED, valid New Hampshire driver's license and be in good physical condition and able to lift up to 50 lbs.

Submit your resume to: Captain Allan Graton agraton@laconiapdnh.gov Resumes accepted until the position is filled. Join our team and make a difference in your community!

Belmont Police Department cont'd.



We are seeking a full-time certified or non-certified Police Officer to join our team.

- Salary \$29.72 -\$40.44/hr
- Flexible and family friendly 10 hour shifts on a rotating schedule.
- Health, Dental, Vision and Life Insurance
- Paid Time Off
- Paid Family Leave
- Retirement Plan
 - Employee
 Assistance Program
 - Overtime
 - Detail Rate \$60/hr

APPLY TODAY! Submit your resume & cover letter to:

Eboulanger@Belmontnh.gov
For More Info Please Call Lt. Boulanger:
(603)267-8351

Finance Department—Scam Alert



New E-ZPass Scam Threatens DMV Action

The new scam includes a false claim that unpaid tolls will be reported to the Department of Motor Vehicles (DMV), adding pressure on individuals to pay quickly.

In this scam, people receive a <u>text</u> message that appears to be from

"E-ZPass" saying their vehicle has an "unpaid toll bill." The message includes a link to make a payment and warns that if the invoice isn't paid within 12 hours, late fees will be added, and the toll will be reported to the DMV, potentially affecting vehicle registration.

NH E-ZPass will never send text messages requesting toll payments or late fees. If you receive an unsolicited text or email, do not click the link. Always check your account through the official NH E-ZPass website or app to stay safe.

All residents to remain vigilant for scams and encourage anyone who feels unsure about the status of their registration to contact our Customer Service line directly at (603) 227-4000

To safely check your account, use the official NH E-ZPass website at www.ezpassnh.com or the NH E-ZPass app, available for download on the Apple App Store and Google Play Store.

If you think you've been targeted by this scam or have concerns, you can report it to the FBI's Internet Crime Complaint Center, which helps track online fraud. For questions or to report a scam, contact the Attorney General's Consumer Protection Hotline at 1-888-468-4454. For more information, visit the Attorney General's Consumer Protection Bureau website.

Belmont Parks & Rec—Family Fun Night



FOR MORE INFORMATION CONTACT:

DANIELLE ST.ONGE RECREATION@BELMONTNH.GOV 603-267-1865

Belmont Parks & Rec—Extended Camp Program



COME FINISH OUT YOUR SUMMER WITH US IN OUR NEW EXTENDED ADVENTURES PROGRAM! THIS PROGRAM WILL BE HELD AT THE BELMONT MILL. ENJOY THE END OF SUMMER WITH US AS WE EXPLORE THE PARK, TRAILS, BEACH, LIBRARY & OTHER GREAT ADVENTURES.

OPEN TO AGES 5-10

AUGUST 11 - AUGUST 22 8:00AM - 4:30PM

RESIDENTS \$175/WEEK NON-RESIDENTS \$200/WEEK

1 WEEK DEPOSIT DUE UPON REGISTRATION TO HOLD SPOT REMAINDER DUE 6/15

REGISTER NOW TINYURL.COM/EXTENDEDADVENTURES

•FUN & CREATIVE ACTIVITIES & OUTDOOR PLAY •

ART & CRAFT, OUTDOOR GAMES, TREASURE HUNT, DANCE & MUSIC AND MUCH MORE

BELMONT PARKS & RECREATION 603-267-1865 RECREATION@BELMONTNH.GOV



Belmont Parks & Rec—Old Home Day Help Needed!



Belmont Parks & Recreation is looking for enthusiastic volunteers interested in becoming members of the Belmont Old Home Day Committee.

Interested residents are encouraged to attend the meetings and become part of planning the town's most popular annual event! We can't do it without your help!

If you are unable to attend in person, but would like to contribute your ideas or volunteer for the day's activities, please contact Danielle St.Onge at Recreation@Belmontnh.gov or call 603-267-1865

PLANNING MEETING

THURSDAY, JUNE 5TH 4:30PM BELMONT MILL - 2ND FLOOR

JOIN US

Belmont Parks & Rec—Old Home Day Sponsors

GET YOUR YARD SIGN OR CAR DECAL STICKER ORDERED TODAY!

ALL ORDERS MUST BE PLACED BY 6/20/25



PURCHASE A YARD SIGN

\$25



PURCHASE A CAR DECAL

\$5



TO PARTICIPATE:

Fill out form by visiting: https://tinyurl.com/BOHDFireworks

Scan QR Code



ALL YARD SIGNS/DECALS WILL BE DISTRIBUTED 7/7-7/11

For more information contact: Parks & Recreation Director - Danielle St.Onge Recreation@Belmontnh.gov or 603-267-1865

Belmont Parks & Rec—Old Home Day Links to Forms & Information

Old Home Parade Entry Form 2025 (PDF)

https://piperlibraryfiles.com/ckfinder/connector? command=Proxy&lang=en&type=BelmontTown¤tFolder=%2Fdocs%2FEvents%2FOHD%2F2025% 2F&hash=08d9e1d7c78159fd87ad7da3c5b12808af6f4057&fileName=Belmont%20Old%20Home%20Day% 20Parade%20Form%202025.pdf

Parade Float Safety Rules (PDF)

https://piperlibraryfiles.com/ckfinder/connector? command=Proxy&lang=en&type=BelmontTown¤tFolder=%2Fdocs%2FEvents%2FOHD%2F2025% 2F&hash=08d9e1d7c78159fd87ad7da3c5b12808af6f4057&fileName=Parade%20Float%20Safety.pdf

Old Home Day Vendor Info & Application 2025 (PDF)

https://piperlibraryfiles.com/ckfinder/connector?command=Proxy&lang=en&type=BelmontTown¤tFolder=%2Fdocs%2FEvents%2FOHD%2F2025%2F&hash=08d9e1d7c78159fd87ad7da3c5b12808af6f4057&fileName=Parade%20Float%20Safety.pdf

Old Home Day Program Book Advertising Form 2025 (PDF)

https://piperlibraryfiles.com/ckfinder/connector?
command=Proxy&lang=en&type=BelmontTown¤tFolder=%2Fdocs%2FEvents%2FOHD%2F2025%
2F&hash=08d9e1d7c78159fd87ad7da3c5b12808af6f4057&fileName=Belmont%20Old%20Home%20Day%
20Program%20Advertisement%20Invoice%202025.pdf

Belmont 10-Mile Road Race Registration Form 2025 (PDF)

https://piperlibraryfiles.com/ckfinder/connector? command=Proxy&lang=en&type=BelmontTown¤tFolder=%2Fdocs%2FEvents%2FOHD%2F2025% 2F&hash=08d9e1d7c78159fd87ad7da3c5b12808af6f4057&fileName=Belmont%2010%20Mile%20Road% 20Race%20Reg.%20Form%202025.pdf

Online Road Race Registration at: https://runsignup.com/Race/NH/Belmont10MileRoadRace

Belmont Parks & Rec—Old Home Day Volunteers



https://ln.run/h2-rg

Belmont Parks & Rec—Old Home Day Schedule

belmont Old Home Day



We are still looking for things to add to the schedule. Do you hav a great idea or something you would like to see take place at this annual town event? Email Recreation@Belmontnh.gov

7A-10A PANCAKE BREAKFAST	Tioga Pavilion
7:30A 10-MILE ROAD RACE	Village Green
9:00A ATTRACTIONS OPEN	Village Green
10A-11A TIOGA FUN BUBBLE RUN	Covered Bridge
11A-12P PADULA PEDAL TRACTOR PULL	Tioga Pavilion
11A-1P DAY BAND PERFORMANCE	Bandstand
12P-2P CAKE CONTEST	Village Green
1:00P PARADE	Main St
2:00P WICKED WITCH OF THE LAKES REGION PERFORMANCE	Village Green
4:30P BELMONT FIRE DEPARTMENT BBQ	Belmont Fire Dept
6:00P ATTRACTIONS OPEN	Bryant Field
6:00P NIGHT BAND	Bryant Field
9:00P FIREWORKS	Bryant Field

Schedule is subject to change.

Building Department

Do I need a permit for a fence?

Any fence over 6 feet tall requires a permit.







Fencing Etiquette 101

- Observe boundaries and make sure your property lines are correct
- · Inform your neighbors of your plans and listen to their feedback
- Make sure the front side of the fence faces your neighbor or street and the back side faces your property
- Choose a fence style and height that is appropriate for your neighborhood and purpose

5 STEPS FOR SAFE DIGGING

Working on an outdoor project? Always call 8-1-1 first, because you never know what's below.

Here are five easy steps for safe digging:

1. NOTIFY

Call 8-1-1 or make a request online two to three days before you start.



2. WAIT

Wait two to three days for a response to your request. Affected utilities will send a locator to mark any underground utility lines.



3. CONFIRM

Confirm that all affected utilities have responded by comparing the markers to the list of utilities the 8-1-1 call center notified.



4. RESPECT

Respect the markers provided by the affected utilities. They are your guide for the duration of your project.



5. DIG CAREFULLY

If you can't avoid digging near the markers (within 18-24 inches on all sides, depending on state laws), consider moving your project.







Land Use

In this issue >>>

Upcoming Meetings:

ARC – 6/19/2025 (if needed) Planning Board – 6/23/2025 Zoning Board – 6/25/2025



June 2025

A Monthly Insight into the happenings in Belmont Land Use

Land Use $\left\{ \begin{array}{l} \cdot \text{ ARC} \\ \cdot \text{ Planning} \\ \cdot \text{ Zoning} \end{array} \right\}$

February Meetings >>>

Your Land Use Staff

Karen Santoro Town Planner

Rod CameronLand Use Technician

Susan Austin Administrative Assistant

> John Crowley Land Use Clerk

For additional Information: Visit www.belmontnh.gov Contact luoffice@belmontnh.gov



Application Review Committee (May 15, 2025)

Betty Weeks: Review of a Subdivision application to divide one lot into two. Property is located on 247 Brown Hill Road, Tax Lot 229-039-000-000, in the Residential Single Zone. ARC Case #08-25A

Planning Board (May 19, 2025)

<u>Public Hearing - Eversource Energy:</u> Pursuant to RSA 231:158, a public hearing shall be held for trimming and removal of trees and brush on roads designated as scenic roads (Jamestown Road)

Plan Submission and Public Hearing – White Oaks, LLC: Applicant is seeking an amendment to a prior Site Plan Approval to include vehicle washing detailing service on the property. Property is located at 52 Higgins Drive, Tax Lot 241-008-000-000, in the Industrial Zone. Planning Board Case # 06-25P. - Continued to June 23, 2025

Zoning Board of Adjustment (May 28, 2025)

Abutter's Hearings – Bonnie Moulton: Request for a variance of Article 5, Table 2 of the Zoning Ordinance (Dimensional Regulations) to place an 8'x10' porch closer (10.8') to the front setback than is allowed (50'). Property is located at 12 Leisure Lane, Tax Lot 121-090-000-000, in the Residential Multi Family Zone. ZBA Case # 07-25Z.—Approved

continued...



Zoning Board (continued)

<u>Abutters' Hearing – Amy Goober Rev Trust</u>: Request for a Variance of Article 4 Table 1 of the Wetlands Ordinance (Principal Structure: Setback from Public Waters) to construct an addition closer (33.9') to the side setback than allowed (50'). Property is located at 18 Lakeside Drive, Tax Lot 112-005-000-000, in the Residential Single Zone. ZBA Case # 08-25Z.—Approved

Abutters Hearing - Susan Condodemetraky Revocable Trust: Request to amend an existing Special Exception approval of Article 5, Table 1 of the Zoning Ordinance (Table of Permitted Uses) to allow expansion of the existing contractor's yard to include towing of motor vehicles on a flatbed truck in the Rural Zone. Property is located at 194 Gilmanton Road, Tax Lot 241-019-000-000. ZBA Case # 10-25Z—Continued

Other Business:

Request for a Rehearing – Revision Energy: Consideration of a request to rehear an application to install a commercial solar farm on 6 acres of land within the lot. The applicant is requesting a Variance to Article 5 Table 1 (Zoning District Table of Permitted Uses). Property is located on Mile Hill Road, in the Rural and Residential Single-Family Zones, Tax Lot 205-037-000-000. ZBA Case # 09-25Z. - Granted

Looking for Board members!

Visit the Town's website:

www.belmontnh.gov

Planning Board

- 7 regular members, 3 alternates
- · 3 alternate vacancies



Zoning Board

- 5 regular members, 5 alternates
- 1 alternate vacancy

Conservation Commission

- 7 regular members, 3 alternates, 2 student members
- 3 alternate vacancies



Water Quality in New Hampshire's Lakes

New Hampshire is home to approximately 1,000 lakes and ponds—some of the cleanest and healthiest lakes in the country. However, there has been a downward trend in water quality in many of our lakes over recent years.

"What drains from the land into the water is a main factor affecting the health of our lakes."

The New Hampshire Department of Environmental Services publishes a report every two years detailing the condition of New Hampshire's lakes and ponds. It analyzes how well they support aquatic life and recreational activities. Some waterways are classified today as being impaired, meaning they are not healthy enough to support a variety of plants, animals, and uses.

Threats to Water Quality

Cyanobacteria -

"New Hampshire's lakes are seeing more and more cyanobacteria blooms. These blooms can produce toxins that make people, pets, and wildlife sick."

New Hampshire's lakes are experiencing an increase in the frequency and duration of cyanobacteria blooms. These blooms can produce toxins that make people, pets, and wildlife sick.

What are cyanobacteria?

Cyanobacteria are some of the earliest inhabitants of our waters. They naturally occur in our lakes, usually in relatively small amounts. However, when nutrient pollution increases in our lakes, the amount of cyanobacteria increases in our lakes.

What does a bloom look like?

When present in low numbers, cyanobacteria can't be seen with the naked eye and typically do not cause problems. But, when the perfect storm of "bad conditions" come together—such as heavy rains followed by a few days of sunny, warm weather—cyanobacteria blooms may occur in our lakes.

When blooms are discovered, they are usually found in cove areas or along the windward shoreline of a waterbody. The water's surface may look like pea soup, antifreeze, or someone dumping greenish-blue paint into the water. Some blooms can look cloudy white or like little yellow fuzzy balls. Alarmingly, we're seeing and learning about more and more types of cyanobacteria each year.

Climate Change -

"Our changing climate is negatively impacting the water quality of our lakes in New Hampshire in many alarming and interconnected ways."

New Hampshire is experiencing increased precipitation, but it's happening in fewer storms. This means that larger rainstorms occur after dry periods. As a result, the land can't soak up all the rain at once, leading to more runoff water and nutrients entering our lakes that contribute to the growth of native and invasive plants, algae, and toxic cyanobacteria.

New Hampshire is also getting warmer. 'Ice-in' on our lakes occurs later in the fall, and 'ice-out' happens earlier in the spring. Research suggests that over the past approximately 100 years, the period of ice cover on New Hampshire's lakes has decreased by one to two weeks.

A shorter period of ice cover on our lakes means less opportunity to recreate safely on the ice. It also negatively impacts lake health. Less ice on the lake for less time means a longer growing season for plants (including invasive plants), algae, and toxic cyanobacteria.

BELMONT CONSERVATION COMMISSION



Climate Change - (cont.)

Warmer winters in New Hampshire are also resulting in more sleet and ice. As a result, more road salt is being used to address safety hazards on roadways, walkways, and parking lots. This means more salt pollution in our waters. Increasing salt levels in our lakes may increase toxins released by cyanobacteria.

Warmer lake water temperatures during the summer can increase how long our lakes' cooler, denser bottom water is sealed off from the more oxygen-rich water above. The longer the bottom water cannot mix with the water overhead, the more oxygen will be used up by chemical and biological processes during the summer. If all the oxygen gets used up, a chemical reaction may occur that releases nutrients from the bottom sediment into the water. When the lake fully cools down in the fall and the water mixes from top to bottom, these extra nutrients may cause late-season toxic cyanobacteria blooms.

Polluted Runoff Water -

"The water quality of a lake is primarily determined by what flows into it from the surrounding landscape (the watershed)."

The water quality of a lake is primarily determined by what flows into it from the surrounding landscape (the watershed).

All lakes need some nutrients to support plant and algal growth. But, too many nutrients—particularly phosphorus and, to a lesser extent, nitrogen—degrade the health of our lakes. Too many nutrients in our lakes can cause an increase in the growth of invasive and native plants, bacteria, algae, and toxic cyanobacteria blooms.

Nutrient pollution is primarily carried into our lakes by runoff water that flows across the landscape, picking up fertilizer, animal waste, and eroded soil, which can all be high in nutrients. Nutrient pollution can also seep into the lake through surface water and groundwater contaminated by untreated wastewater from inadequate and failing septic systems.

Nutrients can also be mixed into the lake when shorelines and lake bottoms are disturbed by winds, wave action, and wakes produced by boating activities. Phosphorus pollution is harming many of New Hampshire's lakes.

Dramatically rising concentrations of chlorides from salt applications have been identified in New Hampshire's waters due primarily to salt (sodium chloride) use on roadways, walkways, and parking lots during winter. Chloride can be toxic to aquatic life and can foul waters used for drinking water supply. This problem is increasing in severity. In New Hampshire alone, in 2008, 19 waterbodies were listed as being impaired due to chloride pollution. In 2020, 50 waterbodies were listed as being harmed due to chloride pollution.

Invasive Species -

"Approximately 90 lakes and rivers in New Hampshire are infested with invasive species," with some waterbodies plagued with up to six different invasive species."

Our lakes are home to many different kinds of plants and animals that are good for the lake. But, some species are harmful to our lakes.

Invasive species are organisms that thrive in an area where they do not evolve naturally and cause harm to the environment, economy, or people.

They primarily spread from lake to lake by traveling on boats, trailers, and recreational gear that needs to be adequately cleaned, drained, and dried between waterbodies. Large areas of invasive plants in a lake make swimming and boating difficult and dangerous. They are expensive to control and nearly impossible to get rid of. They also reduce shoreline property values.



Invasive Species - (cont.)

The invasive plant variable milfoil was discovered in New Hampshire in 1965. The spread of these plants in New Hampshire has slowed thanks to the education and prevention efforts of our Lake Host Program. And it is against the law to sell, move, grow, or bring in specific plants and animals that threaten our lakes.

However, despite these laws and education efforts, invasive animals in our lakes are increasing. Unfortunately, no management options are available in New Hampshire to control these animal infestations in our lakes.

Aquatic invasive species (AIS) are plants and animals that are non-native to New Hampshire and pose big problems for our lakes. These unwanted species can hinder recreational activities, hurt the economy, cause safety problems, and negatively impact the native ecology of our lakes and ponds. Once an invasive species has established an infestation in our waters, it can be difficult to eliminate, making the cost of management practices high, sometimes hundreds of thousands of dollars. Preventing their introduction is the most cost effective measure to address these problematic species.

How can you help?

Invasive aquatic plants and animals spread into our lakes by hitchhiking on recreational equipment like boats, trailers, and gear that have not been adequately cleaned, drained, and dried. By following the simple practices below before launching into the lake, you will do your part to stop the spread of invasive species.

CLEAN off all plants, animals, and debris from boats, trailers, and any gear that has come into contact with the water. Cleaning is the law in New Hampshire. To clean your watercraft or recreational gear, use 120°F high-pressure water, or if not available, water from the hose. Make sure runoff water does not flow into the lake. Inspect your gear for any visible plants and animals, and place them in a trash can or area where they do not pose a risk of re-entry into the water.

DRAIN all water and open drain plugs. Draining is the law in New Hampshire. When draining your watercraft, raise and lower the motor to remove all water, open drain plugs, and empty live wells. Drain water where it does not pose a risk of entry into the waterbody.

DRY for five days in the sun. If possible, leave your watercraft and gear in the sun to dry for five days, keeping compartments open to air out.

Another way invasive species enter our lakes is through aquarium dumping. Do your best to purchase native species, and never dump an unwanted aquarium into a waterbody!

For more information contact: NHLAKES

17 Chenell Drive, Suite One

Concord, NH03301 Call: 603-226-0299 Email: info@nhlakes.org

NEXT CONSERVATION COMMISSION MEETING

Wednesday, June 11, 2025 @ 6:00 PM

Tioga Room, 4th Floor, Belmont Mill, Mill Street, Belmont, NH

CONSERVATION COMMISSION MEMBERS

Pauline Tessier, Chair; Denise Naiva, Vice-Chair; Ed Stephenson; Jane Jordan; Thomas Ceniglio; Tyson Morrill; Sharon Ciampi, Ex-Officio

ALTERNATE MEMBERS

3 Vacancies

STUDENT MEMBERS

Emerson Decato, Mia Kenison

WHAT YOU NEED TO KNOW ABOUT CYANOBACTERIA Stay safe and healthy in New Hampshire's lakes

Cyanobacteria blooms can make people, pets, and wildlife sick. Stay safe by knowing what to look for and how to respond. If something doesn't look right, then it could be a dangerous toxic bloom. **Stay out and report it!**

Here are just some of the ways a toxic bloom could look:



















Cyanobacteria blooms can look like these pictured on this card, but can appear in many different shapes, forms, and colors.



17 Chenell Drive, Suite One, Concord NH 03301 603.226.0299 nhlakes.org Working together for the lakes we all love.



YOU CAN HELP REPORT CYANOBACTERIA BLOOMS

What to do if think you've seen a bloom:

- · Act fast! Bloom conditions can change quickly.
- · Take several pictures of the suspected bloom.
- Report it! To be redirected to the NHDES Cyano Reporting Form, visit report.nhlakes.org (or use the QR Code). Include photos, the lake name, and the general location of the bloom.



REPORT A
BLOOM TO
NHDES

Follow these steps to minimize immediate risks:

- · Don't wade or swim or drink the water.
- · Keep kids, pets, and livestock out of the water.
- If anyone comes in contact with a bloom or scum (including pets), they should rinse off with fresh water as soon as possible.

What happens when a bloom is identified:

- If cyanobacteria densities exceed a certain amount, NHDES will issue a
 public health advisory telling people and pets to stay out of the water.
- · When cyanobacteria densities subside, NHDES will remove the advisory.

Stay informed:

Sign up to receive cyanobacteria notifications and check the Healthy Swimming Mapper from NHDES before going out. To be redirected to NHDES's website about cyanobacteria blooms, visit **blooms.nhlakes.org** or use the QR code below.

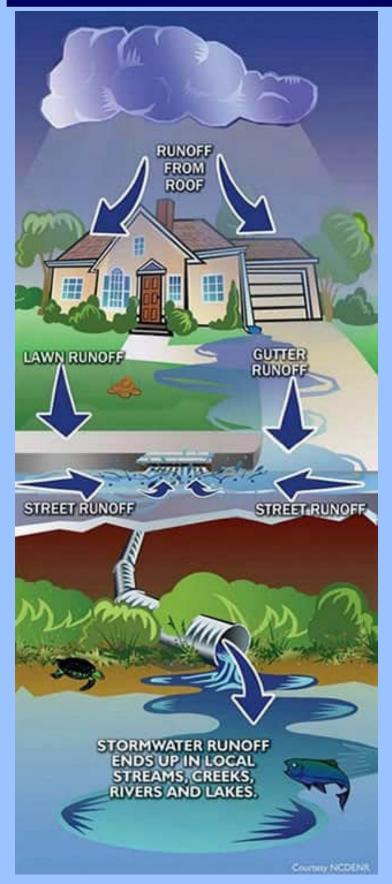
NH LAKES works in coordination with The New Hampshire Department of Environmental Services (NHDES), local organizations, and the public to monitor our lakes for cyanobacteria blooms.







Stormwater Runoff





10 Things You Can Do to Prevent Stormwater Runoff Pollution

- Use fertilizers sparingly and sweep up driveways, sidewalks, and roads
- Never dump anything down storm drains
- Vegetate bare spots in your yard
- Compost your yard waste
- Avoid pesticides; learn about Integrated Pest Management (IPM)
- Direct downspouts away from paved surfaces
- Take your car to the car wash instead of washing it in the driveway
- Check car for leaks, and recycle motor oil
- Pick up after your pet
- Inspect and pump your septic tank regularly



For more information, visit www.epa.gov/nps or www.epa.gov/npdes/stormwater

https://www.epa.gov/soakuptherain/what-you-can-do-soak-rain

Library News

Creative Conversations

FIBER ARTS

Self-guided gathering where adults can work on various fiber crafts and chat.

MONDAYS at 10am

WATERCOLOR WORKSHOP

Self-guided craft time where adults can work with watercolor techniques and chat. Supplies provided.

MONDAYS at 2PM

Book Groups

NONFICTION BOOK GROUP THURSDAY June 5 10:30am

Destiny of the Republic by Candice Millard

AFTERNOON BOOK GROUP

THURSDAY June 12 4:30pm

Beautyland by Marie-Helene Bentino

FRIDAY FICTION BOOK GROUP

FRIDAY June 20 at 10:30am

To Say Nothing of the Dog by Connie Willis

MYSTERY GROUP

THURSDAY June 26 at 10am

A is for Alibi by Sue Grafton

BELMONT PUBLIC LIBRARY

146 Main Street belmontpubliclibrary.org (603) 267-8331 MF 10-5 TWTH 10-6 Sa 9-1

Children's Activities

STORY TIME

Storytime and activities for all under school age.

WEDNESDAYS at 10:30am

discounted admission with your library card

- Castle in the Clouds *sponsored by the Friends of the Library
- McAuliffe-Shepard Discovery Center
- NH State Parks *sponsored by the Friends of the Library
- Squam Lakes Natural Science Center



Summer Reading begins June 23

June 2025

Library News

Belmont Public Library Summer Reading 2025

June 23-August 9

Preschool through Adult

Registration Details on Library Website



Giant Game Night Tues 6/24 6-8pm

CLiF Summer Readers
Date TBD

Wildlife Encounters Sat 7/19

Magic Fred
Thurs 7/24 10am
National Night Out
Tues 8/5
Old Home Day
Sat 8/9

146 Main Street belmontpubliclibrary.org (603) 267-8331 MF 10-5 TWTH 10-6 Sa 9-1

Earn Prizes for Reading

Incentive Prizes will be given throughout the program.

All participants
will be entered
into final
drawing
August 9

Counting Reading

Preschool

Complete Gameboard
In School
Count minutes or pages
Adults

Raffle tickets



Weekly Fun

Storytimes Wednesday 10:30am

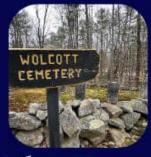
> Game Time Grades 1-4 Tuesday 2pm

Friday Feature BYO Lunch Friday 11am

Middle School Grade 5-8 Thursday 2pm

Adult
Fiber Arts Group
Monday 10am
Watercolor Workshop
Monday 2pm
Book Groups

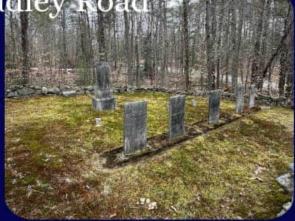
Cemetery Trustees



#18 Wolcott Cemetery On Hoadley Road

"John Parsons Farm"

Let me introduce you to the Parsons Family: John & Lydia who are buried in Wolcott Cemetery!



We are in the process of cleaning up this cemetery, by the end of summer it will be much different!

One of the original settlers of the town...

John Parsons was born in 1751 in S.Hampton, NH. In 1763. When he was only 12 years old his father William Parsons a Harvard graduate and pastor in Hampton was employed by the Proprietors of Gilmanton to preach to the new settlers. The family arrived Aug 1, 1763 when there were only about 20 families in town. He built a house and raised John and his five siblings. John got to experience Gilmanton in its virgin state. I can only imagine what that must have been like!

Their load of belongings was the first load of goods to come into town on wheels! Rev. William was also the first school master in Gilmanton. William settled his family on Province Road on the way toward Barnstead. The family home is still standing and William and his wife Sarah are buried on the property.

In 1783 John married Lydia Folsom from Gilmanton and they had eight children. In 1787 John was able to acquire 100 acres of land on Hoadley Road. This is where he had his farm and is buried. The Parsons are buried together with three of their children; Hannah, John Jr, and Judith. The other five are remembered on a cenotaph in the cemetery. These other are buried elsewhere but remembered here.





In April 1776 John joined the fight for independence as a Patriot in the Revolutionary War. He enlisted as an Ensign under Joseph Badger Jr. who was commissioned as a Captain in Colonel Joshua Wingate's regiment. They marched with many other Gilmanton residents to join the army at Fort Ticonderoga. Badger was married to John's sister Elizabeth.

John's grandagughter was Sylvia Ann (Folsom)Wolcott- hence the name! She set money aside in her will for the care of the cemetery

Heritage Commission



News from the Heritage Commission

The Commission members wish to thank the American Legion Post # 58 for the Memorial Day tribute held at Monument Square. It was a moving ceremony honoring our fallen soldiers from Belmont. Belmont's heritage comes to us in many ways and we will forever be grateful for

their service and sacrifice.







The Legion is an outstanding group to work with and we appreciate the countless things they do for the town. The Heritage Commission worked tirelessly on our banners and flags project over the last year. The entire project was completed just in time for Memorial Day. We purchased and installed new banners last Fall along Main Street and we diligently worked to get American Flags for the other side of the town. We went to the American Legion for advice in hanging flags and they then offered to purchase 12 flags and the hardware to hang them! The Town Administrator Alicia Jipson, DPW Director Craig Clairmont and his crew also were also instrumental in getting the flags up. The town of Belmont's Memorial Day was honorably decorated for this special holiday. The flags will be used again during Patriotic holidays throughout the year. Thank you to all who made this possible.

The first Spring daffodils from the *Linda Frawley Daffodil Memorial* blossomed all over Belmont Village and then the new American flags added a special focus to our town in May!







Heritage Commission



The Heritage Commission is looking for Belmont High School Student Representatives for the Fall. If you are a current Sophomore or Junior interested in history please see Mr. Finch, Mr. Foley, or Ms. Tardugno at B.H.S. for more information and an application. The Heritage Commission has several programs that involve community outreach. Students could be involved in events such as our Senior Citizens Food Drive, Belmont Elementary's Historical Buildings Coloring Book distribution, Old Home Day booth, and organizing Belmont's archives. Recently we partnered with the American Legion and accomplished adding American flags and banners along Main Street. This opportunity could also be a nice addition to the community service section on your college applications.

The application is due June 6th. You can also contact us at Heritagecommission@belmontnh.gov for more information.

<u>Criteria for Heritage Commission Student Representative</u>

- Attend as many Heritage Commission meetings as possible.
- Participate in interested Heritage activities.
- Be a link between teachers and or administrators to advocate for Belmont's history and heritage to involve High School students.
- Assist Heritage Members interacting with Elementary and Middle School students to promote Belmont's History.
- Gather views from students on possible ways to connect Heritage activities with school activities.
- Encourage other students to learn about becoming a representative.
- Bring ideas to Heritage Commission related to youth becoming involved with town history, historic buildings, and special celebrations.

Belmont Heritage Commission

Vicki Donovan, Claire Bickford, Ben Rolfe, Priscilla Annis, Jack Donovan,
Jill Rolfe, Chris Mooney (Alternate) and Travis O'Hara (Selectman Representative)
heritagecommission@belmontnh.gov

Rechargeable Battery Disposal Ban!

Starting July 1, 2025, rechargeable **lithium-ion** batteries will be prohibited from disposal in New Hampshire's landfills and incinerators. Lithium-ion batteries are used in a wide variety of consumer products, including:







- Automotive vehicles.
- Electric bikes and scooters, lawncare equipment.
- Portable electronics such as cell phones, laptops, tablets, cameras, wireless headphones, speakers, toothbrushes and other rechargeable electronic devices.
- Cordless power tools and toys.

Why is there a disposal ban?

Lithium-ion batteries contain hazardous metals and can pose safety hazards when improperly managed. When crushed or damaged in any way, they can ignite – causing intense fires. For these reasons, **lithium-ion batteries should never be put in the trash or curbside recycling bin!** Lithium-ion batteries have become a leading cause of fires for trash haulers and waste management facilities. A recent <u>report by the National Waste and Recycling Association</u> estimates that each year more than 5,000 fires occur at waste management facilities nationwide, many likely caused by lithium-ion batteries. Fires are not only a safety hazard to waste staff and the public; they also can result in hundreds of thousands of dollars in damages to expensive equipment and buildings.

In an effort to reduce the safety risks associated with improper disposal of lithium-ion batteries, New Hampshire State Rep. Karen Ebel introduced <u>HB 1386</u>, which proposed to add such batteries to <u>the list of wastes already banned from disposal</u>. The bill gained the support of the <u>New Hampshire Solid Waste Working Group</u>, industry experts, waste haulers and municipalities, and was signed into law by Governor Sununu.

Who does the ban apply to?

Starting July 2025, households and businesses must recycle their lithium-ion batteries. Lithium-ion batteries must be recycled through special battery collection programs – never mixed with regular recyclables.

Where can I recycle my lithium-ion batteries?

Many New Hampshire municipalities and businesses, like <u>Staples</u>, <u>Best Buy</u> or <u>BatteriesPlus</u> offer collection boxes for recycling rechargeable batteries. To find a drop-off site nearest to you, contact your local transfer station, check <u>Call2Recycle.org</u>, or visit one of the retail locations mentioned above.

Remember – if it's rechargeable, it's recyclable!

Questions? Need help identifying a battery?

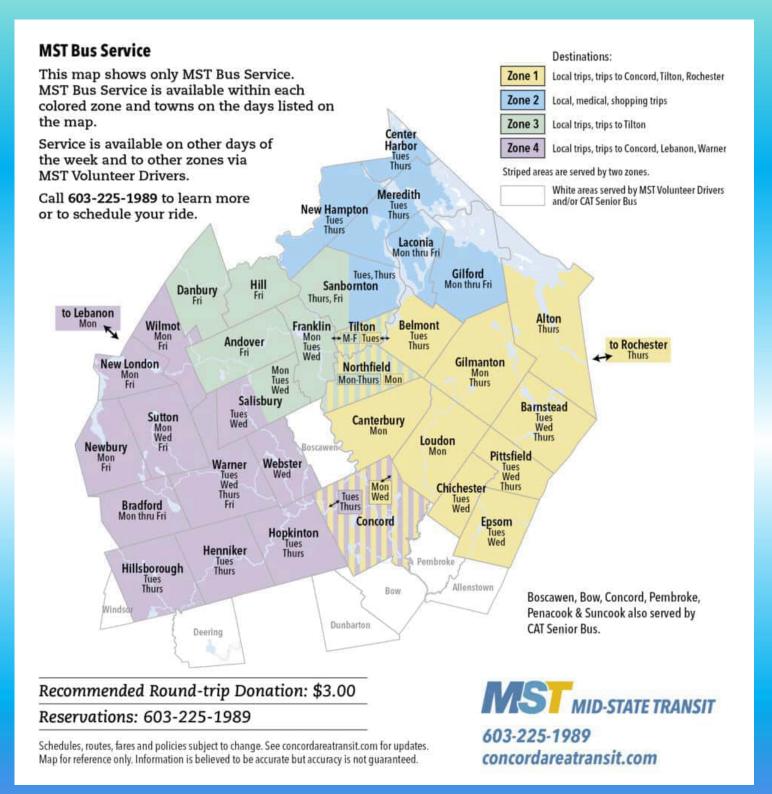
Residents should contact their local transfer station or the NHDES Household Hazardous Waste Program via email at hhw@des.nh.gov or by phone at (603) 271-2047. Businesses should contact the Hazardous Waste Helpline at 1-866-HAZ-WAST.

Rechargeable Battery Disposal Ban!

Rechargeable Batteries

Туре	Uses and Description	Disposal
Nickel Cadmium (Ni- Cd)	 These batteries are typically used in cordless power tools, cordless phones, digital and video cameras, two-way radios, bio-medical equipment and video cameras. They may look like single-use AA, AAA or other alkaline batteries or a battery pack shaped for specific tools. 	Removable batteries: Removable rechargeable batteries can be brought to specialized battery recyclers, participating retailers that provide battery takeback services, or local household hazardous waste collection programs [2]. Contact the manufacturer or your local household waste authority for other management options. Non-removable batteries contained in electronic devices: Entire devices can be brought to certified electronics recyclers, participating retailers that provide electronics takeback services, or local electronics or household hazardous waste collection programs. Handling precautions: Place each battery in a separate plastic bag or place non-conductive tape (e.g., electrical tape) over the battery's terminals [2]. Handle any damaged battery with care and appropriate personal protective equipment. If a lithium-ion battery becomes damaged, contact the battery or device manufacturer for specific handling information. EPA recommendation: Look for labels identifying battery chemistry. Do not put rechargeable batteries in the trash or municipal recycling bins. Find a recycling location near you: Ni-Cd [2] Li-ion [2] Ni-MH [2] Ni-MH [2] Ni-MH [2] Ni-MD [2]
Lithium-Ion (Li-ion)	 Commonly found in cellphones, power tools, digital cameras, laptops, children's toys, e-cigarettes, small and large appliances, tablets and e-readers. Some Li-ion batteries are not easily removed from the product and can become problematic as a fire hazard if they are broken, bent or crushed. 	
Nickel Metal Hydride (Ni- MH)	 Commonly found in cellphones, cordless power tools, digital cameras and two-way radios. These batteries are not as common as they once were. 	
Nickel-Zinc (Ni-Zn)	Commonly found in digital cameras, wireless keyboards and small electronics.	
Small-Sealed Lead Acid (Pb)	Commonly found in mobility scooters, children's toy cars, emergency lighting and hospital equipment. Also used for backup power in residential landline phones and uninterruptable power supplies for computers.	

Community Program—MidState Transit



Community Food Pantry Information



Loudon Food Pantry

30 Chichester Rd., Loudon NH 03307-0734
Phone: (603) 724-9731 Tax ID: 80-0203180
Email: Info@loudonfoodpantry.org

Website: loudonfoodpantry.org Facebook: LoudonFP

Proudly Supporting

Belmont Canterbury Chichester Loudon

In April 2025 Loudon Food Pantry gave out enough food to 290 individuals for them to prepare 5,512 meals. Of these people, 156 were aged 60 and older (54%), 52 were aged 18 or under (18%), and 82 were between those ages (28%).

Fill a Cruiser Event Results

The Loudon Police Department stuffed an entire cruiser to the brim with food for us on April 26th during their drug take-back day. Huge thanks to the Police Department for including us in this event and for everyone who came out to donate!

Do you need food? One phone call is all it takes. The process is simple and if you have all your paperwork, you'll receive food the same day as your appointment! To see if you qualify, go to LoudonFoodPantry.org and click on Need Help? or call Meghan at (603) 724-9731.



The NH Food Bank's mobile food pantry travels to many different areas of need across New Hampshire.

What to know before you go:

- Our mobile food pantries are a drive-thru format.
- Food distributions take place on a first-come, first-served basis and are while supplies last.
- Each household receives an assortment of produce and shelf-stable foods.
- We welcome **anyone** in need of food assistance to join us no identification or requirements needed. Below is a list of upcoming mobile food pantries:

Friday, June 13—Manchester	Tuesday, June 17 – Woodsville
June 13th	June 17th
11:00 AM to 1:00 PM	12 to 1:30 PM
Comcast	Walmart
676 Island Pond Rd, Manchester	4901 Dartmouth College Hwy, Woodsville

Community Program—Granite VNA

Granite VNA is one of Belmont's Health Agency Partners.

In-Person Caregiver Connection



A Caregiver Support Group

Tilly Market Cafe at the Belknap Marketplace

96 Daniel Webster Highway, Belmont

Third Wednesday of each month 9:30 - 11 a.m.

Join us and connect with other family caregivers, while enjoying an opportunity to unwind and have discussions rich in empathy and resources.

(May 21, June 18, July 16, no group in August, September 17)

No registration required. For more information, please call (603) 224-4093, ext. 85664



Offices in Concord, Laconia & Wolfeboro · (603) 224-4093 | (800) 924-8620 · www.granitevna.org

Granite VNA complies with applicable Federal civil rights laws and does not discriminate in services and access to treatment, appropriate care or employment in its programs or activities on the basis of race, color, sex (pregnancy, sexual orientation, or gender identity), national origin, religion, disability, age, genetic information, marital status, source of payment, or the absence of advance directives.

Granite VNA

Granite VNA is one of Belmont's Health Agency Partners.





Healing Hearts

A monthly grief support group for child loss

Bow Mills United Methodist Church 505 South Street. Bow

Fourth Tuesday of Each Month 5:30 - 7 p.m.

A monthly support group for parents who have suffered the death of a child at any age due to any circumstance and whether the loss was recent or some time ago. Parents are encouraged to come individually or with partners, spouses, or co-parents, to connect and journey toward healing alongside other bereaved parent figures who are on this path of grief to listen, to share, to remember, and to give and receive support.

To register, please call (603) 410-9861 or visit www.granitevna.org/griefsupport.

Registration and a brief screening is required.

All community members are welcome to attend. This program is offered at no charge. Masks optional.

Offices in Concord, Laconia & Wolfeboro • (603) 224-4093 | (800) 924-8620 • www.granitevna.org

Granite VNA complies with applicable Federal civil rights laws and does not discriminate in services and access to treatment, appropriate care or employment in its programs or activities on the basis of race, color, sex (pregnancy, sexual orientation, or gender identity), national origin, conscience, religion, disability, age, genetic information, marital status, source of payment, or the absence of advance directives.

Community Program—Granite VNA

Granite VNA is one of Belmont's Health Agency Partners.



Granite Ledges of Concord • 151 Langley Parkway Meets the third Wednesday of each month • 2-4 p.m.

Are you or someone you care about living with a form of memory loss?

Enjoy an opportunity to socialize and build relationships with others who may have memory impairment and their family members! You can speak with professionals and learn more about resources while your loved one is engaged in meaningful and supervised activities in a relaxed home-like environment. We'd love to meet you! Light refreshments available. See reverse for more information.

Collaborating agencies:







Community Program—Franklin VNA

Franklin VNA is one of Belmont's Health Agency Partners.

DEMENTIA CAREGIVER SUPPORT GROUP

This group will provide support, education, and an opportunity to exchange ideas among caregivers of those suffering with dementia.

A caregiver is anyone who provides regular care for a relative, a partner, or a friend. For many it is a labor of love, but it can also be physically and emotionally demanding. It is important to keep a balance between caring for another individual while caring for oneself.

FIRST MEETING WILL OCCUR ON JUNE 10TH 1:30-3:30PM

Sign-up preferred, drop-ins welcome

Light refreshments available

Recurring every 2nd Tuesday of the month

Call or email Franklin VNA for further information

FRANKLIN VNA & HOSPICE 75 Chestnut Street Franklin NH, 03253

603-934-3454

info@franklinvna.



Community Program—Franklin VNA

Franklin VNA is one of Belmont's Health Agency Partners.



For those who have experienced the death of someone significant

"The only way to get to the other side is to go through the door."
- Helen Keller

Join us as we support each other and discuss some of the ways the loss of someone significant can affect our lives. The purpose of this group is to provide information about the grief process; to share experiences; and to alleviate the feeling of isolation.

No registration required.

Come to one session, or come every month!

Franklin VNA & Hospice Grief Support Group

Date: 3rd Tuesday of every month

Time: 2:30-4:00 pm

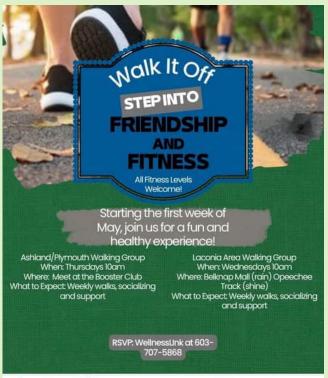
Location: 75 Chestnut St, Franklin

For additional information, please call Franklin VNA & Hospice at 603-934-3454 or email info@franklinvna.org



Community Program—PPH

Partnership for Public Health is one of Belmont's Health Agency Partners.















MEDICARE FRAUD
PREVENTION WEEK:
JUNE 2ND - JUNE 8TH

JOIN OUR SENIOR MEDICARE
PATROL SPECIALIST, LORI
RAYMOND FOR A FACEBOOK
LIVE ON JUNE 2ND AT 10:00AM
COVERING DETAILS ABOUT OUR
WEEK-LONG FRAUD
PREVENTION CAMPAIGN



Community Programs for Teens



Partnership for Public Health is one of Belmont's Health Agency Partners.

Spots & Scholarships are still available for high school students to attend the Summer Leadership Program with the NH Teen Institute!

Program dates are Sunday, June 29 - Friday, July 4 in New Durham, NH

Want to learn more? Sign up for one of the last three Online Info Sessions available!

Info Session Sign Up & Registrations @ www.nhteeninstitute.org/slp

GET READY FOR AN EPIC SUMMER ADVENTURE!

Calling all 13-17 year olds! Want to level up your emergency skills and become a hometown hero?

Stay tuned for registration details – you won't want to miss this incredible opportunity!

MARK YOUR CALENDARS NOW!

2025 SUMMER LEADERSHIP PROGRAM

ONLINE INFO

SATURDAY, MAY 31^{ST} @ 11AM MONDAY, JUNE 2^{ND} @ 7:30PM SATURDAY, JUNE 7^{TH} @ 2PM



SIGN UP @ WWW.NHTEENINSTITUTE.ORG/SLP

American Red Cross Statewide Blood Drive

WMUR and the American Red Cross are teaming up for the annual statewide blood drive Friday, June 6. We will be hosting seven locations across the state to give blood. Donations of all blood types are needed to ensure a stable blood supply throughout the summer months. It takes about an hour of your time and could save a life.



HOW TO REGISTER

- Download the <u>American Red Cross Blood Donor App</u> (<u>Apple</u> | <u>Android</u>) and use the sponsor code WMUR
- Visit https://www.redcrossblood.org/ and enter WMUR in the "Find a Blood Drive" search box
- Call 1-800-RED-CROSS (1-800-733-2767).

Donors can also save time on the day of the drive by using RapidPass to complete their pre-donation reading and health history questionnaire beforehand online. To learn more, visit redcrossblood.org/RapidPass.

You can give blood every 56 days according to the American Red Cross.

Blood donors in the month of June will receive a \$15 Amazon.com gift card by email.

BLOOD DRIVE LOCATIONS

The following locations will be open on Friday, June 6 from 12 p.m. to 6 p.m.:

- Manchester Quirk Kia (Second Floor) at 1300 South Porter St.
- Concord Faraday Function Center at 48 Airport Road
- Laconia Weirs Community Center Function Hall at 25 Lucerne Avenue
- Littleton Elk's Lodge #1831 42 Bethlehem Road
- Peterborough Divine Mercy Parish at 12 Church St.
- Portsmouth Portsmouth Hospital- Charles L. Thayer Building at 100 Eileen Dondero Foley Ave

This location will be open on June 6 from 9 a.m. to 2 p.m.:

North Conway -- Community Center Gym at 78 Norcross Circle

THE NEED THIS TIME OF YEAR

According to the American Red Cross, donors are needed in June to ensure there's enough blood available throughout the busy summer months. Donors of all blood types — especially those giving type O blood and donors giving platelets — are vital to people counting on blood products for critical medical procedures. Those procedures include cancer treatment, childbirth complications, surgeries or trauma situations. Type O blood is the most requested by hospitals and is often in short supply.

Lakes Region Mental Health Crisis Signs & Services



In the event of a mental health crisis, call 833-710-6477 for 24/7 access to care.

The LRMHC Acute Services Program includes our Mobile Crisis Response Team and Emergency Services, both available to *anyone* in a mental health crisis, including persons who are not current patients. Services are available 24 hours per day, 7 days a week.

SIGNS OF A MENTAL HEALTH CRISIS MAY INCLUDE (but not limited to):

- Expressing suicidal or homicidal ideation
- Obvious (extreme) changes in functioning (neglect of personal hygiene, unusual behavior)
- · Self-injurious behavior
- · Fear/paranoia (extreme)
- Psychotic symptoms (ex: hearing voices, hallucinations that are unbearable)
- Depressive symptoms (extreme): (ex: recent loss, grief, crying, lack of energy, hopelessness)

*Examples only, people can experience very different signs and symptoms.

Anyone in the midst of a mental health crisis can call or text the number above and be connected with mental health and addiction professionals that can provide immediate support via telephone, text, or in person by dispatching the Mobile Crisis Response Team.

Lakes Region Mental Health Center Emergency Services are also available at Concord Hospital Laconia and Franklin locations, and Speare Memorial Hospital in Plymouth.

Respect | Advocacy | Integrity | Stewardship | Excellence | Diversity

Fraud Awareness—Free Event!

Golden View Health Care Center's monthly Lunch and Learn series is free and open to the public. The Lunch and Learn series features physicians, other providers, and professionals offering educational topics along with a healthy lunch.

June Lunch and Learn: Fraud Awareness with Meredith Village Savings Bank

Meredith Village Savings Bank experts Susannah Perron and Adam McKinney will present Golden View's June Lunch and Learn program on Fraud Awareness on June Lunch & Learn: Fraud Awareness





with Meredith Village Savings Bank

Thursday, June 26th, from noon to 1:30 p.m. in the Woodland Community Room located in Golden View's Retreat building. Join Susannah and Adam as they delve into the world of fraud and scams, shedding light on their increasing prevalence and sophistication. From deceptive phone calls to identity theft, they'll unveil key insights and practical strategies to safeguard





your personal information and your finances. Registration is required

The Lunch and Learn programs are free to community residents, and lunch is provided for all registered attendees. Community residents can request email notifications of upcoming Lunch and Learn programs through the form below when registering or by emailing Becky at rmckeown@goldenview.org or calling her at 603-677-4194. Email invitations will include direct links to the online registration portal.

https://goldenview.org/events-and-education/lunch-learn

New Hampshire Family Voices Community Program



10:00 am – 11:30 am June 4, 2025

NEW! A daytime Zoom group!

See the ABLE not the LABEL is a peer-led support group for parents trying to navigate the landscape of their child's disabilities. We meet virtually over Zoom on the first and third Wednesdays from 10 am to 11:30 am and will always welcome a new parent for support, camaraderie, commiseration and encouragement.

Since 2021, I've been facilitating the nighttime group, and many parents have shared that they initially felt isolated in managing their child's disabilities. However, after joining the group, they were surprised to discover a wealth of resources they hadn't known about before.

Join us and see for yourself. The daytime group starts next Wednesday and we still have two or three spaces left.

Register online at <u>rivercenternh.org/register</u>

NH Humane Society Clinic Program





ACCEPTING NEW CLIENTS!

The national shortage of veterinarians prompted us to help. MY BEST FRIEND is a new public pet care program providing a variety of affordable pet care services to ensure your best friend receives needed care. Prices are outlined in the application process. Due to the volume of applications, we require and appreciate your patience. We look forward to seeing you and your best friend soon.

PET CARE SERVICES MENU

SPAY + NEUTER PACKAGES

BASIC WELLNESS EXAMS

RABIES & DISTEMPER VACCINES

MICROPCHIP IMPLANTS

EAR CLEANING & NAIL TRIMS

ROUTINE BLOOD TESTS & FECAL EXAMS

END OF LIFE CARE

https://www.nhhumane.org/bestfriend

NH Humane Society



https://www.nhhumane.org

Boys & Girls Club Fundraiser



Lakes Region Children's Auction Fundraiser Event

Christmas in July is Back Aboard the M/S Mount Washington on Thursday, July 10th!

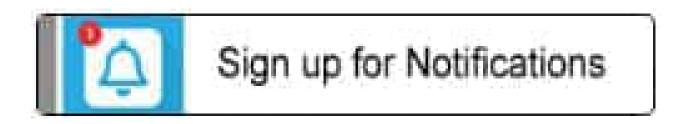


Come join this festive event and make an Impact for local children and families in need! We invite you to join us for an enjoyable time on July 10th from 6:30pm to 9:30pm on the M/S Mount Washington

For the third year, the Greater Lakes Region Children's Auction will host a Christmas in July event on The Mount Washington on Thursday, July 10 from 6:30 to 9:30 p.m. to raise funds for local children and families in need.

Tickets cost \$66 and include a three-hour cruise, buffet dinner, dancing and entertainment by DJ Nazzy, along with The PowerChords singing on the boardwalk. The event offers a cash bar and a complimentary wine tasting by Hermit Woods Winery, live broadcasting from the Mount by <u>Lakes 101.5 FM</u> and <u>104.9 FM The Hawk</u>. Santa and the Grinch will also be aboard the sunset cruise, and a silent auction and 50/50 raffle will be held.

https://www.childrensauction.org/post/christmas-in-july-is-backaboard-the-m-s-mount-washington-on-thursday-july-10th



Do you know someone new to Town, or someone in Town who would love to see our Newsletter and receive important notices by email from the Town of Belmont?

Please visit our homepage at <u>belmontnh.gov</u> and click the button on the right-hand side to "Sign Up for Notifications".

