



Preventing and Treating Viral Infections with Natural Remedies

Friday, February 23rd 11:30am



Plants have been developing ways to protect themselves from viruses for millennia and they are there to help us too. Learn ways to prevent and treat viral infections using our allies, the plants.

Herbalist and Nutritionist, Tish Webber, owner of Healing Birch Studio, will share her knowledge about these herbs and how they work.

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