Capoeira

with Mass Capoeira

MARCH 19, 2024
6 PM

at the Blackstone Library

Martial arts teaches respect, humility, honor, integrity, courage, discipline, and compassion.

Capoeira is an Afro-Brazilian martial art that combines elements of dance, acrobatics, music and spirituality. You will be introduced to Capoeira as a culture and martial art, learn about the instruments, music, and traditional songs, and learn basic Capoeira movements. Instructors will also perform a demonstration.

Open to students in 5th-12th grade.
Registration is required.
Call (508)883-1931 to register.

This Program is brought to you by funds collected from the Town of Blackstone's Marijuana Impact fees.