VEGETABLES

Beans

BLACK TURTLE

“Rich flavored heirloom from the 1700's that is best dried for soups, with rice, and meats.”
-https://rohrerseeds.com/products/black-turtle-bean

Brand: Burpee

EMPRESS (SNAP)

Organic
“Our very best snap bean for fresh eating, freezing, or processing, the Empress bean offers incredible flavor. The vigorous plants produce heavy yields of large, straight, green, 5-6” stringless pods. Plant in succession for fresh beans throughout the season.”

Brand: Seed Savers Exchange

BLUE LAKE (POLE)

“Blue Lake Pole Bean sets pods from the base to the top of the vine—so you'll have plenty for eating fresh and processing. Produces heavy yields of straight, smooth 6 in. pods that are crisp and stringless at all stages, never limp. They cook up tender, with full-bodied Blue Lake flavor. Like other pole beans, they require some type of support or trellis.”
-https://www.gurneys.com/product/blue_lake_pole_beans

Local Donation

Broccoli

WALTHAM 29

Heirloom

“The 4"-6", blue-green heads are delicious raw or cooked. 'Waltham 29' grows prolific side shoots and is specially adapted for cold tolerance. Freezes well. Kids will delight in the "little trees" on their plate.”

Brand: Botanical Interests
VEGETABLES

Cabbage

RED ACRE

“Solid heads form early on small, compact plants making 'Red Acre' an ideal choice for small gardens. Resistant to splitting and cabbage yellows disease. Heads store exceptionally well in the refrigerator or root cellar.”

Brand: Botanical Interests

Cauliflower

SNOWBALL Y

“Flavorful, 6" snow-white heads in just 70 to 80 days means 'Snowball Y' is successful in short-season areas. The leaves naturally curl nicely around the heads providing self-blanching and protection from sun scald. Mature heads hold well in the garden, so they don't all have to be picked at once.”

Brand: Botanical Interests
VEGETABLES

Corn

BLOODY BUTCHER

“Rare, 150 year-old heirloom dent type that's ideal for corn-on-the-cob when young or for flour or cornmeal when dried. Huge stalks produce 2 to 3 long ears filled with deep red kernels with darker accents. Expect the occasional white ear. Great for fall decorations.”

https://seedsnsuch.com/products/bloody-butcher-corn-seeds

UNKNOWN DECORATIVE

Locally grown and donated ornamental corn. (Photo may not reflect actual results).

Corn Salad

VIT

“The small, pretty, tender green leaves of this green form a rosette that is very cold hardy. It has a mild and nutty flavour and can be planted early spring and again in late August.”

Brand: West Coast Seeds

Endive/Chicory

BROADLEAF ESCAROLE

“Large, broad in shape, with slightly twisted, lettuce-like leaves form tightly packed heads with creamy white hearts.”

Brand: West Coast Seeds
VEGETABLES

Kale

DWARF BLUE CURLED VATES

“A cool-season star, this heirloom kale is edible architecture! Alluring, compact plants produce densely-packed heads with finely-curled, crinkly, bluish-green leaves. Delicious fresh, in salads, or cooked into a soup or stew. Packed with vitamins and minerals—a nutritional powerhouse. Can be grown as a spring or fall crop...Grows best in cool weather.”
Brand: Burpee

ETHIOPIAN

“As its name suggests, this biennial cousin of kale (technically, it's a mustard) is grown as a leafy green in Ethiopia. The leaves have a milder flavour than either kale or mustard, but are rich in nutrients.”
Brand: West Coast Seeds

Kohlrabi

EARLY PURPLE VIENNA

“Delicious, cabbage-flavored bulbs that grow above ground. Purple skin and sweet, white flesh; good cooked or raw. Kohlrabi makes a real staple crop with high yields; cold hardy. A pre-1860 heirloom.”
Brand: Baker Creek Heirloom Seeds

EARLY WHITE VIENNA

“The kohlrabi plant is a unique and prolific winter hardy heirloom crop. Traditionally harvested for its wide and root-like bulb grown above ground, kohlrabi is edible raw from stem, leaf, to tip. Also known as "German turnip", kohlrabi is an old-world favorite used in kitchens across the map.”
Brand: Livingston

KOLIBRI
“Kolibri kohlrabi seeds produce surprisingly uniform bulbous stems with bright purple, extremely smooth skins over succulent and crisp white flesh. This variety can become quite large without losing any of its appealing texture.”

Brand: West Coast Seeds

TADORNA
“Very reliable, vigorous leeks with dark blue-green leaves and medium length, blanched shanks. Harvest October to December from this very hardy, naturally uniform leek.”

Brand: West Coast Seeds
**BLACK SEEDED SIMPSON**

Organic
“Black Seeded Simpson Lettuce has attractive frilled, crumpled, crisp, tender, and flavorful leaves. This cool-weather vegetable is a vigorous grower... Enjoy this popular lettuce variety's sweet flavor and attractive texture right from your garden.”

**BUCKLEY**
“A single cut yields heaps of tasty leaves all the same size. Cut and mix for an attractive, hefty salad mix, or offer as full heads.”
https://www.highmowingseeds.com/buckley-pelleted-lettuce.html

**BUTTERCRUNCH**
“Buttercrunch butterhead lettuce seeds are a Bibb type lettuce that forms a tight little rosette of soft, dark-green, upward-facing leaved surrounding a tender, pale center.”

**GRAND RAPIDS TBR**
“Grand Rapids TBR Looseleaf lettuce seeds produce a large, upright rosette of thick, juicy, light-green, frilly leaves and a blanched center.”

**PARRIS ISLAND COS**
Heirloom
“Flavourful pale centres are surrounded by thick green outer leaves on enormous upright plants. Parris Island Cos romaine lettuce seeds can be planted close together for a long harvest of little leaves for gourmet salads”

Brand: Ferry-Morse
Brand: West Coast Seeds
Brand: West Coast Seeds
Brand: West Coast Seeds
VEGETABLES

Lettuce

RED SAILS

“Stunning, deep-red tints gloss over medium-green, crinkled leaves. The large, open plant is very slow to bolt and holds a long time after maturity without getting bitter.”

Brand: West Coast Seeds

RED SALAD BOWL

“This vigorous red heirloom variety has bright burgundy leaves with green centers that are great for baby leaf salad mixes. The bright red colour is best in cool temperatures.”

Brand: West Coast Seeds

ROUGE D’HIVER

“Rouge d’Hiver lettuce seeds are a favourite for market gardeners and home gardeners alike. Superb flavour and unusual ability to stand up to whatever the weather throws its way.”

Brand: West Coast Seeds

Mesclun

SWEET SALAD MIX

“A tender, mild flavored blend of leaf veggies for early spring salads. Mouth watering, time-tested heirloom varieties in red (‘Ruby’ lettuce, ‘Bulls Blood’ beet) and bright green (‘Bloomsdale’ spinach, ‘Simpson’ lettuce, ‘Tendergreen’ mustard). Plant them and then pick them all together, starting when the leaves are about 3” long. As beautiful in the garden as they are sweet in the salad bowl.”

Brand: Burpee
VEGETABLES

Mustard

KOMATSUNA

“Often known as mustard spinach, its leaves are tender and mild. Komatsuna Green mustard seeds can be used as a cut-and-come-again crop at any stage of growth. Use steamed or stir-fried or in salads and soups.”

Brand: West Coast Seeds

MIZUNA

“Mild and sweet enough for salads, the thin, light-green, feathery leaves are deeply-cut but not curled. Plants grow vigorously so thin to at least 20cm (8”). Cut the whole plant about an inch above the ground and it will re-grow or pick individual leaves.”

Brand: West Coast Seeds

RED KOMATSUNA

“Komatsuna Red mustard seeds tolerate heat well and can be planted from spring to fall. The seeds do not need warm soil to germinate, so they can be planted in late winter for spring harvests as well.”

Brand: West Coast Seeds

TENDERGREEN

“It is a delicious leafy green that is hardy, slow to bolt, easy to grow and a heavy producer. Its dark green, shiny leaves have smooth edges with a flavor that is much more mild than common mustard greens.”

-victoryseeds.com

Brand: American Seed
VEGETABLES

Okra

CLEMSON SPINELESS

“Plant is spineless, with tasty green pods that are best picked small. Developed in 1939. Still a standard in many home gardens.”

Brand: Baker Creek Heirloom Seeds

Onion

KINCHO

“A standard green onion for summer and fall production, Kincho scallion seeds are Japanese type scallions with dark-green leaves and tall, straight, single-stalk stems that do not bulb.”

Brand: West Coast Seeds

SWEET WHITE SPANISH

“Suitable for growing in greenhouses, garden plots, raised beds, and containers. These large onion bulbs are considered a long-day type but also do well in intermediate-day regions. Large, sweet, mild, and can be stored for a moderate amount of time. The White Spanish Onion is comparable to the Yellow Spanish Onion but has less sharpness.”

-trueleafmarket.com

Brand: Burpee

Orach

AURORA MIXED

“This mix of golden, dark purple, purple and carmine day-glo will give orach a whole new aura in your garden and salad mixes.”

-SummerGarden1 on etsy.com

Brand: Baker Creek Heirloom Seeds
**Pac Choi/Bok Choy**

**BABY CHOI**

“This ancient, Asian green, also called pak choi, is just as excellent in a stir fry as in a marinated salad. Harvest at 5”–6” tall in only about 35 days for tender, baby choi. Plants are ideal for growing in containers, make a pretty addition to mixed containers, and resist bolting.”

*Brand: Botanical Interests*

---

**Pea**

**GREEN ARROW**

“These are excellent for fresh eating, freezing, canning, or cooking. Born in pairs at the top of the short bush are heavy yields of dark green pods to 11cm (4.5“) containing 9 to 11 peas each.”

*Brand: West Coast Seeds*

---

**Pumpkin**

**BIG MAX**

“Big Max' is the choice of giant pumpkin growers. Unlike some large pumpkins that are just blobs, ‘Big Max’ is round and has smooth, light-orange skin and is perfect for Halloween carving or other holiday decorations. To achieve maximum size, grow one pumpkin per vine, water and fertilize regularly. Excellent for canning (many cans!) or pumpkin pies (many pies!).”

*Brand: Botanical Interests*
VEGETABLES

Quinoa

BRIGHTEST BRILLIANT

“Beautiful calico-coloured seed heads mature above plants up to 2.4m (8’) tall. Leaves of young plants are tender and tasty raw or steamed. Sow more densely if growing for greens - farther apart for large, full-size plants”

Brand: West Coast Seeds

Radish

RAT-TAILED

“Native to South Asia. Grown for the crisp, pungent, edible seedpods (up to 6 inches long) and not for the roots. Pods should be gathered before fully mature and eaten raw, pickled, or chopped in salads.”

Brand: Seed Savers Exchange
VEGETABLES

Swiss Chard

RHUBARB CHARD

“Pretty enough for the flower garden, this wonderful and richly flavoured heirloom variety has wide stalks and veins that are bright scarlet red and deeply crumpled leaves that are rich dark green. Cook the stalks as you would asparagus and the leaves as you would spinach, or enjoy both raw in salads.”

Brand: West Coast Seeds

RUBY RED

Organic

“Tender-sweet, ruby red stalks add vibrant color to the garden and to salads. Swiss chard is excellent in salads when young or cooked any way you use spinach. Sow in early spring, and again in midsummer for a fall and winter crop.”

Brand: Burpee

SILVERADO

“Silverado Swiss chard seeds produce relatively compact plants that have heavily savoyed, deep, dark green leaves with bright white stems. A taste test favourite, its beautiful appearance and very high resistance to bolting make it a great home garden and market variety.”

Brand: West Coast Seeds

Turnip

HAKUREI

“Hakurei turnip seeds produce gourmet turnips that are smooth and pretty, and with tidy tops too! Roots and smooth, dark green leaves are best used in salads.”

Brand: West Coast Seeds
**Turnip**

**PURPLE TOP WHITE GLOBE**

“Purple Top White Globe turnip seeds are from an old heirloom turnip dating back prior to 1880. The roots are smooth and nearly round. Bright purple on top and creamy white in the portion below the soil line.”

Brand: West Coast Seeds

---

**Watermelon**

**CRIMSON SWEET**

“Crimson Sweet' is a high-quality old standard of home gardens, weighing about 20–25 pounds with bright crimson flesh. With just a little care, it can be easily grown in northern climates; see inside of packet for details. Bottom turns ivory when ripe. Resistant to Fusarium wilt and anthracnose.”

Brand: Botanical Interests

---

**SUGAR BABY**

“Summer never tasted so good! As the name suggests, 'Sugar Baby' is delectably sweet and small enough to easily fit in the refrigerator. This plant produces an abundant crop of 7”–10”, 8–10 pound, juicy fruit with red flesh.”

Brand: Botanical Interests
**HERBS**

**Catnip**

“Tall pink and white flower spikes are great in fresh and dried arrangements. Use the leaves in salads, sauces, teas, and soups - and of course fresh or dried for the cats!” - westcoastseeds

**Various Brands**

**Chives**

“Hollow, thin chives leaves have a delicate flavoring similar to mild-tasting onions. Chives are an easy and convenient way to add flavor and nutrition to your dishes.”

**Brand: Ferry-Morse**
**HERBS**

**Dill**

**Dukat**

“Dukat dill seeds produce dill with a particularly fine bouquet and flavour. The darker-than-usual leaves are excellent fresh or dried.”

*Brand: West Coast Seeds*

**Parsley**

**Dark Green Italian**

“Flat, dark green leaves are deeply cut, with a rich parsley flavour ideal for cooking or salads. Dark Green Italian Parsley Seeds are easy to grow, sturdy plants with stiff upright stems.”

*Brand: West Coast Seeds*

**Single Italian Flat**

“Very popular as the "parsley of choice" in some Italian recipes. The plants are 15" to 18" tall with plain, flat, dark-green, glossy, deeply cut leaves.”

*Brand: Ferry-Morse*
California Poppy

**AURANTIACCA ORANGE**

**ANNUAL**

“The California Poppy with fiery orange flowers from early summer through to autumn. Great planted en-masse or left to naturalise around a dry/gravel garden. They will self-seed freely and provide new plants year after year with little effort.”

- stocksandgreen.com

**Brand: Burpee**

Canterbury Bells

**CUP & SAUCER MIXED COLORS**

**PERENNIAL**

“With Canterbury Bells Cup & Saucer Mix, enjoy a gorgeous range of pastels including white, pink and lavender. Plants grow tall, up to 30”, bringing bold bursts of color in the springtime. 120 days to bloom.”

- walmart.com

**Brand: Burpee**

Coreopsis

**MARDI GRAS**

**ANNUAL**

“Festive star-shaped blooms are as easy to grow as they are to enjoy. Unique Bloom Shape and Color. North American Native Wildflower. Adaptable to both Sun and partial Shade.”

- edenbrothers.com

**Brand: Burpee**

Flower Mix

**SAVE THE BEES**

**ANNUALS**

“The flowering plants in this mix provide food for many of the over 4000 bee species in North America. With so many gorgeous flowers and tasty herbs you'll appreciate this bountiful mix as much as the bees!”

**Brand: Botanical Interests**
Larkspur

GALILEE BLEND

ANNUAL
“Grow this memorable cut flower in mass or at the back of the garden bed for added height. It blooms from late spring to early summer, and in mild climates can continue through fall. Reseeds readily. Colors may include carmine red, lilac, salmon, blue, pink, and white. Caution: All parts of this plant are toxic if ingested.”

Brand: Botanical Interests

Mexican Hat

PERENNIAL
“This native perennial boasts gorgeous, deep red petals edged in bright yellow. Mexican Hat is drought-tolerant and thrives in any sunny spot.”

Brand: High Country Garden

Sunflower

DARK SEEDS
Locally grown and donated sunflower.
(Photo may not reflect actual results).

Local Donation

LIGHT SEEDS
Locally grown and donated sunflower.
(Photo may not reflect actual results).

Local Donation

DESCRIPTIONS FROM BRAND WEBSITES UNLESS OTHERWISE NOTED.