Adult Calendar

April 2025

Sunday Monday Tuesday Wednesday Thursday Friday Saturday Senior Sculpt 9AM #Senior Stretch Geri Fit 9AM Geri Fit 9AM #Chair Yoga 10AM Yoga 9AM Beginner *Tai Chi 10AM Senior Sculpt 10AM Bridge 10AM Card Games 10AM Hand & Foot 12:30PM *Tai Chi 11:15AM Easter Wooden Line Check Out an Happy Crafters 1:30PM French 4PM Craft 11AM Expert 10AM Dancing Red Sox Home Opener So You Think You Death Cafe 1PM Bits & Bytes 10:15AM 10:30AM Paint Group 1PM **Know Maine** German 2:30PM Intermediate Line Beginner Line Talk About Grief 1PM 5:30PM Dancing 4PM Dancing 4PM lational Library Week "Drawn to Your Library! #Fun & Fitness with Senior Sculpt 9AM Geri Fit 9AM #Senior Stretch Yoga Geri Fit 9AM Joyce 9AM Tai Chi Practice Beginner #Chair Yoga 10AM Senior Sculpt 10AM Healthy Steps for Bridge 10AM 10:15AM Trustee Meeting 10AM Line Community Art Older Adults 10AM Shelving Party 10 Hand & Foot 12:30PM Card Games 10AM Mahjong 12PM Project 11AM Dancing Community Art **Happy Crafters** Check Out an The Secret Lives of Intermediate Line 1:30PM 10:30AM Expert 10AM Project 11AM Moose 4:30PN German 2:30PM Writing Wizards Dancing 4PM Paint Group 1PM French 4PM 4:30PN Beginner Line Fine Forgiveness All Week Dancing 4PM 19 13 Senior Sculpt 9AM Geri Fit 9AM Geri Fit 9AM #Senior Stretch #Fun & Fitness #Chair Yoga 10AM Healthy Steps for Senior Sculpt 10AM Yoga 9AM Beginner Bridge 10AM with Joyce 9AM Older Adults Intermediate Line Card Games 10AM Hand & Foot 12:30PM Line Tai Chi Practice Dancing 2:30PM 10AM Check Out an **Happy Crafters** Friends of the Library French 4PM Dancing Expert 10AM 10:15AM 1:30PM 30 Minute Meals Book German 2:30PM 10:30AM Mahjong 12PM "Modified" Author 10:30AM Beginner Line Discussion Visit 5:30PM Dancing 4PM Paint Group 1PM NARGAREL VERBLE 5:30PM 22 24 26 Senior Sculpt 9AM Geri Fit 9AM #Fun & Fitness #Senior Stretch Geri Fit 9AM #Chair Yoga 10AM Senior Sculpt 10AM Beginner Yoga 9AM with Joyce 9AM Bridge 10AM French 4PM Spring Into Card Games 10AM Line Hand & Foot 12:30PM Tai Chi Practice **Exercise Social** Check Out an **Happy Crafters** Dancing 10:15AM 10:45AM 1:30PM Expert 10AM 10:30AM Mahjong 12PM Intermediate Line German 2:30PM Paint Group 1PM Beginner Line Dancing 4PM # Sponsored by the Friends Dancing 4PM 27 28 29 Geri Fit 9AM #Fun & Fitness #Senior Stretch Senior Sculpt 10AM Yoga 9AM with Joyce 9AM Intermediate Line Card Games 10AM Tai Chi Practice Dancing 4PM Check Out an 10:15AM Effective Actions Expert 10AM to Avoid Ticks Mahjong 12PM Paint Group 1PM 5:30PM School Vacation Week

Gilford Public Library 31 Potter Hill Road Gilford, NH 03249 524–6042 www.gilfordlibrary.org







EASTER WOODEN CRAFT - APRIL 1@ 11AM

Decorate a wooden Easter bunny or chick using bright, floral napkins, cloth and Mod Podge, perfect for your spring or holiday decor! Sign-up is required.

DEATH CAFE- APRIL 1@ 1PM

Be a part of a respectful and supportive space to discuss a natural part of life with Registered Nurse Ruth O'Hara, certified Death Doula and Reiki Master and Carol Wallace, Reiki Master as moderators.

BITS & BYTES - APRIL 2 @ 10:15AM

Learning about the Google Suite part 2.

TALK ABOUT GRIEF - APRIL 2 @ 1PM

Join us in an open conversation about grief with counselor Dawn Alvarez.

SO YOU THINK YOU KNOW MAINE - APRIL 3 @ 5:30PM

Discover the birth place of Disney's *Bambi*; northern forest ice caves, abandoned railroads, petrographs, and tales which can only be described as classic Maine.

RED SOX HOME OPENER - APRIL 4 @ 2PM

Watch the opening game between the Red Sox and the Cardinals with some popcorn.

WRITING WIZARDS - APRIL 7 @ 4:30PM

Calling all writers to join us in reading and sharing our work with other wonderful writers!

NATIONAL LIBRARY WEEK - APRIL 7-12

"Drawn to the Library!" National Library Week celebrates how the library has something for everyone!

Come check out all we have to offer.

VOLUNTEER SHELVING PARTY - APRIL 7 @ 10:30AM

Do you volunteer at the library or would you like to? Come show your library some love by helping us keep our shelves organized. Lunch will be served. RSVP by April 4.

THE SECRET LIVES OF MOOSE - APRIL 7 @ 4:30PM

Discover more about the moose that roam in our New England woods from natural history educator & wildlife photographer Joe Callanan.

COMMUNITY ART PROJECT - APRIL 8 & 10 @ 11AM

Grab a few friends and come watercolor bookpage butterflies! When finished, the project will be displayed in the library.

HEALTHY STEPS FOR OLDER ADULTS - APRIL 10 & 17 @ 10AM

Get tools and tips from Granite VNA on how to reduce falls in this two session program focusing on managing fall risk and staying healthy, active, and independent. Sign-up required.

"Modified" Author Visit - April 15 @ 5:30PM

Hear from local author, Gladys Clausen, about her experience with being BRCA positive and her memoir Modified-The Journey to My New Normal: A Memoir of Being BRCA Positive.

30 MINUTE MEALS - APRIL 16 @ 10:30AM

Learn from a Hannaford Dietitian how to fill your freezer, pack your pantry, and scope the shelves for foods that make meal prep quick and easy without skimping on your health goals.

BOOK DISCUSSION: STEALING - APRIL 17 @ 5:30PM

This month's book is *Stealing* by Margaret Verble. Led by Molly; books are available at the front desk.

SPRING INTO EXERCISE SOCIAL - APRIL 22 @ 10:45AM

Come on by and socialize with your exercise buddies. Have some laughs and enjoy light refreshments.

EFFECTIVE ACTIONS TO AVOID TICKS - APRIL 29 @ 5:30PM

What works to prevent ticks from biting and infecting people? Find out about this and more at this informational session.











KIDS CALENDAR

· APRIL 2025



31 Potter Hill Road Gilford, NH 03249 524-6042 www.gilfordlibrary.org







PROGRAMS



Join other parents and babies for a special storytime with Miss Jill filled with songs, rhymes, and more



Come listen to spring stories and make cute crafts with Miss Linda!

YOGAPALOOZA

Join Miss Jill in a beginners yoga and mindfulness class for kiddos and parents are encouraged to join in too! *Ages 3-6

SCIENCE SEEKERS: STUDY OF SEEDS

Watch your seeds grow and learn about the process in this interactive session with Miss Erika!

PRESCHOOL STORYTIME - FRIDAYS

Connect with other kids in a fun-filled storytime with Miss Erika!

NATIONAL LIBRARY WEEK: TOUCH-A-TRUCK EVENT

Come to our popular Touch-a-Truck event with a different story and vehicle each day! Participants receive a sticker for each storytime attended. Collect four or more stickers for a prize.

ELEMENTARY EARLY RELEASE: SPRING ANIMAL PONY BEAD CRAFT

Pick a pattern and make a cute spring animal with pony beads!

BUNNY HOP STORYWALK

The library has teamed up with Gilford Parks and Rec for a Storywalk Egg Hunt! Sign up with the Parks and Rec by March 27 to participate - 603-527-4722.

DROP-IN CRAFT: CLOTHESPIN BUNNIES

Make a cute clothespin bunny to celebrate the upcoming holiday!

STORYTIME WITH EUGUENE

Come for a special storytime with our favorite guinea pig!

SPECIAL GUEST STORYTIME

Enjoy listening to stories by our special mystery guest!

RUBBER DUCK SCAVENGER HUNT

Accept the challenge of finding all the rubber ducks in the library!

GAME DAY!

Come play any type of game and meet new friends.

HOMESCHOOL CLUB

Come hang out with Hayden and other home school kids!

T(W)EEN RED SOX HOME OPENER

Natch the opening game between the Red Sox and the Cardinals with some popcorn.

T(W)EEN EARLY RELEASE: MAKE A KITE

Make your own flying creation, bring it outside and let it fly!

T(W)EEN EATS

Join Hayden and Erika every other week for an exploration of culinary delights!

T(W)EEN RPG ONE SHOT

Play a one-shot adventure with DM Hayden!

T(W)EEN BOREDOM BUSTERS

Come join this student-led activity group!

NATIONAL LIBRARY WEEK T(W)EEN FINE FORGIVENESS

Have fines on your account? It's your lucky week! Come and check out any book and we'll work with you to get rid of some of those pesky fines.





SO MANY

BOOKS

SO LITTLE

TIME





