#### Adult Calendar Hugust 2024 Tuesday Wednesday Friday Monday Sunday Thursday Saturday Geri Fit 9AM Senior Sculpt 9AM Beginner French 4PM Chair Yoga 10AM Line Climate Up Close Bridge 10AM

Fun & Fitness with Joyce 9AM Mahjong 12:30PM Sourdough Basics & Culture 5PM

9AM Geri Fit 10AM Bridge 10AM Intermediate Line Dancing 4PM

Senior Sculpt Senior Stretch Yoga 9AM Check Out an Expert 10AM Card Games 10AM Chess Club 1PM Paint Group 1PM Talk About Grief 1PM NH Eats Local with Trillium 5PM

Senior Stretch Yoga 9AM

Trustee Meeting 10AM

Card Games 10AM

Chess Club 1PM

Paint Group 1PM

10AM

Check Out an Expert

YOUR LIBRARY

Geri Fit 9AM French 4PM Cook Book Club How to Eat Local 6PM

Geri Fit 9AM

Advocating for

Autism 3:30PM

Children with

French 4PM

1/1/

6PM

Senior Sculpt 9AM Chair Yoga 10AM Bridge 10AM Volunteer Luncheon 12PM Hand & Foot 12:30PM Happy Crafters 1:30PM German 2:30PM Beginner Line Dancing 4PM

Senior Sculpt 9AM

Chair Yoga 10AM

German 2:30PM

Beginner Line

Dancing 4PM

Hand & Foot 12:30PM

Happy Crafters 1:30PM

Bridge 10AM

Hand & Foot 12:30PM

German 2:30PM Beginner Line

Dancing 4PM

Happy Crafters 1:30PM

Beginner Line Dancing 10:30AM

Beginner

Dancing

10:30AM

Line

Dancing

10:30AM

12 Fun & Fitness with Joyce 9AM Mahjong 12:30PM NH Eats Local with 70 North 5PM

Fun & Fitness

Glam Mirror

Mahjong

12:30PM

with Joyce 9AM

Decor Craft 11AM

Senior Sculpt 9AM Geri Fit 10AM Bridge 10AM Intermediate Line Dancing 4PM Benefits of Forestry Practices on Bird Diversity 5:30PM

Geri Fit 10AM

Bridge 10AM

Arthritis 11AM

4PM

Living Better With

Krakow, Poland 1PM

Intermediate Line

Friends of the Library

Dancing 2:30PM

4:30PM Senior Sculpt 9AM Senior Stretch Yoga 9AM Card Games 10AM

Summer Reading Finale

Check Out an Expert Exercise Social Luau 10:30AM Chess Club 1PM Paint Group 1PM

**Book Discussion** 5:30 PM Geri Fit 9AM French 4PM The Buzz About Beekeeping

5:30PM

Senior Sculpt 9AM Chair Yoga 10AM Bridge 10AM Hand & Foot 12:30PM Happy Crafters 1:30PM German 2:30PM Beginner Line Dancing 4PM OHD Pie and Book Sale 3-6PM Old Home Day Pie and Ice Cream Sale!

Old Home Day Pie and Book Sale 9AM Beginner

Line Dancing 10:30AM

Fun & Fitness with Joyce 9AM Mahjong 12:30PM

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Senior Sculpt 9AM Geri Fit 10AM Bridge 10AM Intermediate Line Dancing 4PM

Senior Stretch Yoga 9AM Card Games 10AM Check Out an Expert 10AM Chess Club 1PM Paint Group 1PM Geri Fit 9AM French 4PM

30 Senior Sculpt 9AM Chair Yoga 10AM Bridge 10AM Hand & Foot 12:30PM Happy Crafters 1:30PM German 2:30PM Beginner Line Dancing 4PM



Gilford Public Library 31 Potter Hill Road Gilford, NH 03249 524-6042 www.gilfordlibrary.org







New Hampshire





## CLIMATE UP CLOSE - AUGUST 1@ 5PM

- Gilford Public Library and Gilford Community Church have partnered to bring you Climate Up Close your chance to talk to climate scientists about climate change and reach your own judgments. Held at the Church, a potluck precedes the panel.

## Sourdough Basics & Culture - August 5 @ 5PM

For anyone who couldn't make the first session, Sean O'Brien from the UNH Extension is back, talking about starting and caring for a sourdough culture. Sign up at the library.

## TALK ABOUT GRIEF- AUGUST 7 @ 1PM

Join us in an open conversation about grief with counselor Brenda Wentworth.

## NH EATS LOCAL WITH TRILLIUM- AUGUST 7 @ 5PM

Find out about the local farms that Trillium Farm to Table partners with and sample one of their many delicious dishes!

## COOKBOOK CLUB - AUGUST 8 @ 5PM

This month's book is New Hampshire From Farm to Kitchen by Helen Brody. Make a dish to bring to our potluck!

## HOW TO EAT LOCAL- AUGUST 8 @ 6PM

Colleen Stewart from the NH Food Alliance explains how eating locally stimulates our state's economy and contributes to building climate resiliency and social equity in our communities.

### VOLUNTEER LUNCHEON - AUGUST 9 @ 12PM

If you volunteer here at the library, we are holding a cookout in your honor! Please RSVP to the invitation you should have received.

## NH EATS LOCAL WITH 70 NORTH - AUGUST 12 @ 5PM

August is NH Eats Local Month, so come and learn what 70 North Kitchen offers as well as sample some of their specialties.

## BENEFITS OF FORESTRY PRACTICES ON BIRD DIVERSITY - AUGUST 13 @ 5:30PM

Dr. Len Reitsma from Plymouth State University talks about what happened to bird species diversity and abundance of individual birds after a tree harvest at a New Hampshire American Tree Farm.

## SUMMER READING FINALE - AUGUST 14 @ 4:30PM

Join us in celebrating all of the reading you have done over the summer!

## BOOK DISCUSSION: THE LAST RANGER - AUGUST 15 @ 5:30PM

his month's book is *The Last Ranger* by Peter Heller. Books are available at the front desk. Led by Rhetta; books are available at the front desk.

## 'GLAM MIRROR DECOR CRAFT - AUGUST 19 @ 11AM

Take an ordinary mirror and glamorize it with crystals to use as a decoration or a jewelry tray. Sign up is required.

## LIVING BETTER WITH ARTHRITIS- AUGUST 20 @ 11AM

Learn how to manage arthritis so that you can enjoy life to it's fullest from Dr. Amanda of Awakening Chiropractic.

## DISCOVER LIVE: KRAKOW. POLAND - AUGUST 20 @ 1PM

Visit Old Town Krakow, a place never touched by destruction, and even see the biggest medieval square in Europe in this live, virtual tour.

## EXERCISE SOCIAL LUAU - AUGUST 21 @ 10:30AM

Stop by and socialize with your exercise buddies from Fun and Fitness, Geri-Fit, Senior Sculpt, Yoga and Line Dancing. Meet new people, laugh and enjoy light refreshments. Dress in your best Hawaiian attire!

## THE BUZZ ABOUT BEEKEEPING - AUGUST 22 @ 5:30PM

Samantha Stevens from Bewitched Acres will teach us about honey bees, beekeeping, and supporting bees and local pollinators while being able to see inside her observation hive.

## OLD HOME DAY BOOK & PIE SALE AUGUST 23 & 24

Come by for our annual book and pie sale on Friday, August 23 from 3pm - 6pm and Saturday, August 24 beginning at 9am for some great reads and even better treats!

If anyone would like to volunteer to help out with the book sale or bake some pies, keep an eye out for the sign up sheet at the front desk at the beginning of the month!























## KIDS CALENDAR

# AUGUST-2024.



31 Potter Hill Road Gilford, NH 03249 524-6042 www.gilfordlibrary.org







## PROCERARS





## **OLD HOME DAY PARADE: RIDE OUR FLOAT!**

Sign up to ride our float in the Old Home Day Parade!

## **UNDER THE SEA CRAFT**

Create a one-of-a-kind under the sea craft.

## **GREAT BOOK CHASE**

Join us for the Great Book Chase (outdoor obstacle course).

## **SUMMER READING PROGRAM FINALE!**

Celebrate the summer reading finale & enjoy Magic Fred's show!

## **ADVOCATING FOR CHILDREN WITH AUTISM**

Katie Moore shares information about her consulting company, Spectrum Solutions, which provides consultation and training services to families that have a child with a diagnosis of autism. They provide referrals and recommendations based on individual needs for children ages 2-6 and school-aged children.

## **EUGENE SEYMOUR'S 3RD BIRTHDAY PARTY!**

Come celebrate Eugene's 3rd birthday with us! Other piggies are welcome.

## T(W)EEN OLYMPICS WEEK

Try your hand at some Olympic Sports -- library style!

## T(W)EEN MACRAME CRAFT

Make hanging art with natural fibers with Hayden.

## T(W)EEN TABLETOP CLUB

Play tabletop games with other teens.

## T(W)EEN BOOK CLUB: PONY

This summer's book club book was *Pony* by RJ Palacio. Come discuss the book with some friends over a slice or two (or three) of pizza!

## T(W)EEN D&D CLUB

Play Dungeons and Dragons with Dungeon Master Hayden!

## T(W)EEN PROCRASTINATION AND PIE!

Haven't finished your summer reading assignments? Hang out with other teens to get it done. To sweeten the deal, you can eat pie and also help make some for our Old Home Day celebration.

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