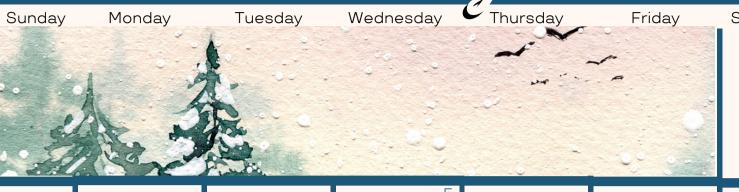
Adult Calendar epruary 202



Saturday

Beginner Line Dancing 10:30AM

Fun & Fitness with Joyce 9AM Tai Chi 10:15AM Mahjong 12PM Writing Wizards 4:30PM Sauerkraut Makina

Geri Fit 9AM Senior Sculpt 10AM Bridge 10AM **Exercise Social** 11:45PM Death Cafe 1PM Intermediate Line Dancing 4PM Gilford DPW 5:30PM

Senior Stretch Yogo 9AN Card Games 10AM Check Out an Expert 10AM Audio Screening 10AM Hayden's Bits & Bytes 10:15AM Talk About Grief 1PM Paint Group 1PM

Geri Fit 9AM Tai Chi 10AM Tai Chi 11:15AM Valentine Trees Craft 1PM French 4PM

Senior Sculpt 9AM Bridge 10AM # Chair Yoga 10AM Hand & Foot 12:30PM Happy Crafters 1:30PM German 2:30PM Beginner Line Dancing 4PM

Beginner Line Dancing 10:30AM

23

Fun & Fitness Geri Fit 9AM with Joyce 9AM Senior Sculpt 10AM Tai Chi 10:15AM Bridge 10AM Intermediate Line Mahjong 12PM Dancing 4PM

12 Senior Stretch Yoga 9AM Card Games 10AM Trustee Meeting 10AM Check Out an Expert 10AM Paint Group 1PM

Geri Fit 9AM Tai Chi 10AM Tai Chi 11:15AM French 4PM

14 Senior Sculpt 9AM Bridge 10AM # Chair Yoga 10AM Hand & Foot 12:30PM Happy Crafters 1:30PM German 2:30PM Beginner Line Dancing 4PM

Beginner Line Dancing 10:30AM

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CLOSED

Geri Fit 9AM Senior Sculpt 10AM Bridge 10AM Intermediate Line Dancing 2:30PM Friends of the Library 4PM Emergency Prep: Outdoor Winter Survival 5:30PM Senior Stretch Yoga 9AM Card Games 10AM Check Out an Expert 10AM Paint Group 1PM

Geri Fit 9AM Tai Chi 10AM Tai Chi 11:15AM GREY BEES French

4PM Book Group

5:30PM

Senior Sculpt 9AM Bridge 10AM # Chair Yoga 10AM Hand & Foot 12:30PM Happy Crafters 1:30PM German 2:30PM Beginner Line Dancing 4PM

22 Beginner Line Dancing 10:30AM

24 # Fun & Fitness with Joyce 9AM Tai Chi 10:15AM Mahjong 12PM

Geri Fit 9AM Senior Sculpt 10AM Bridge 10AM Intermediate Line Dancing 4PM

26 Senior Stretch Yoga Card Games 10AM Check Out an Expert 10AM Paint Group 1PM

27 Geri Fit 9AM Tai Chi 10AM Tai Chi 11:15AM French 4PM

28 Senior Sculpt 9AM Bridge 10AM # Chair Yoga 10AM Hand & Foot 12:30PM Happy Crafters 1:30PM German 2:30PM Beginner Line

Dancing 4PM

Beginner Line Dancing 10:30AM

SCHOOL VACATION WEEK

Gilford Public Library 31 Potter Hill Road Gilford, NH 03249 524-6042 www.gilfordlibrary.org







rograms





WRITING WIZARDS - FEBRUARY 3 @ 4:30PM

Calling all writers to join us in reading and sharing our work with other wonderful writers! We meet the first Monday of each month.

SAUERKRAUT MAKING- FEBRUARY 3 @ 5PM

UNH Extension Educator Sean O'Brien covers food safety, techniques, and equipment needed to make your own sauerkraut, followed by a live demonstration.

VALENTINE'S EXERCISE SOCIAL- FEBRUARY 4 @ 11:45PM

Come on by and socialize with your exercise buddies from Geri-Fit, Senior Sculpt, Line Dancing, Tai Chi and Yoga. Have some laughs and enjoy light refreshments.

DEATH CAFE - FEBRUARY 4 @ 1PM

Be a part of a respectful and supportive space to discuss a natural part of life with Registered Nurse Ruth O'Hara, certified Death Doula and Reiki Master and Carol Wallace, Reiki Master as moderators.

GILFORD DPW OPEN HOUSE - FEBRUARY 4 @ 5:30PM

Learn more about the conceptual DPW facility, which will be included in this year's town warrant.

AUDIO SCREENING - FEBRUARY 5 @ 10AM-2PM

Come get a hearing screening conducted by Dr. Laura O'Brien Robertson, AUD. Sign up for a 15 minute screening.

HAYDEN'S BITS & BYTES - FEBRUARY 5 @ 10:15AM

Cover a new tech topic the first Wednesday of every month! This time, we're covering "How to make the most of your library card". Come with questions and Hayden will try to answer them.

TALK ABOUT GRIEF - FEBRUARY 5 @ 1PM

Join us in an open conversation about grief with counselor Dawn Alvarez.

VALENTINE TREES CRAFT - FEBRUARY 6 @ 1PM

Come join us and create adorable Valentine trees made with foam hearts. They are so cute and easy to make. Sign-up is required.

TAI CHI - THURSDAYS IN FEBRUARY AND MARCH @ 10AM & 11:15AM

Learn the basic steps to help keep you moving and healthy. Sign up is required. \$30.00 for 8 weeks.

EMERGENCY PREP: OUTDOOR WINTER SURVIVAL - FEBRUARY 18 @ 5:30PM

Linda Barry, a Gilford resident, shares her experiences and knowledge as a Girl Scout & a Colorado wilderness survival trainer. **GREY BEES**

BOOK DISCUSSION: GREY BEES- FEBRUARY 20 @ 5:30PM

This month's book is *Grey Bees* by Andrey Kurkov. Led by Molly; books are available at the front desk.







KIDS CALENDAR

FEBRUARY 2025



Gilford Public Library 31 Potter Hill Road Gilford, NH 03249 524-6042 www.gilfordlibrary.org









PROGRAMS





BABY STORYTIME

Join other parents and babies for a special storytime filled with songs, rhymes, and more!



Come listen to snowy stories and make cute crafts with Miss Linda!



Make a magnificent masterpiece after learning about an artist with Miss Jill!



Connect with other kids in a fun-filled storytime with Miss Erika!



Drop by and create wonderful colorful heart art!



Join Miss Erika for a special science experiment!



Make a one of a kind gift for someone you love!

FAMILY MOVIE SHOWING

Watch a wonderful family movie with friends! light refreshments will be included.

MRS. HAYES ART DAY: AIR DRY CLAY CRITTERS

Let your imagination drive your creativity in making critters with clay!

DR SEUSS' BIRTHDAY PARTY

Celebrate Dr. Seuss's birthday with a story, crafts & snacks, and a special guest!

T(W)EEN EARLY RELEASE:

Got a special someone in your life or are you your own special someone? Come make a craft for Valentine's Day!

T(W)EEN RPG SESSIONS

Come join DM Hayden in some RPG gaming fun! Whether it's Dungeons and Dragons or some other role playing game, join in on the action!

T(W)EEN BOREDOM BUSTERS

Bored on Wednesdays around 3PM? Hayden has some ideas! Come join this student-led activity group!

HOMESCHOOL CLUB

Come hang out with Hayden and other home school kids!













