



VOLUME 14 | JANUARY 2022

# THE HUB

Gilford Town Newsletter



## IN THIS NEWSLETTER

Town Hall  
Library  
Friends of the Library  
Parks and Rec  
Public Works  
Gilford School District  
NHEAP  
PPHNH  
Navigating Recovery

## WELCOME TO THE JANUARY ISSUE

Welcome to the January 2022 issue of The Hub, the town-wide newsletter for Gilford.

We're entering a new year full of possibilities and hope that everyone enjoys a happy and healthy 2022!

If your group has something they'd like featured, please email us at [gilfordlibrary@gmail.com](mailto:gilfordlibrary@gmail.com) by the 20th of the month and we will try to fit it in the next month's issue.

# NEWS FROM TOWN HALL



All Town Offices and the Gilford Library  
will be closed on  
**Monday**  
January 17, 2022  
in observance of  
**Martin Luther King Jr. Day**



"I have a dream that one day this nation will rise up and live out the true meaning of its creed: 'We hold these truths to be self-evident, that all men are created equal.'...I have a dream that my four little children will one day live in a nation where they will not be judged by the color of their skin but by the content of their character."

## GILFORD PHONE DIRECTORY

Administrator	527-4700
Assessing Office	527-4704
Board of Selectmen	527-4700
Budget Committee	527-4700
Building Inspector	527-4727
Finance Department	527-4701
Fire Department	527-4758
Gunstock Acres Village Water District	293-8580
Health Officer	707-5860
Historic District	527-4727
Library	524-6042
Parks & Recreation	527-4722
Police -Business	527-4737
Emergency	528-3800/911
Planning & Land Use	527-4727
Public Works	527-4778
Solid Waste Center	527-4778
Town Clerk/ Tax Collector	527-4713
Welfare Office	527-4796

### DID YOU KNOW?

The Board of Selectmen have a Facebook Page! You can find the page by clicking [here](#) or by searching for Town of Gilford - Board of Selectmen's Office.

# CALENDAR

Cemetery Trustees

**1/6, 4PM @ Gilford Town Hall**

Kimball Wildlife Forest Committee

**1/27, 4PM @ Gilford Town Hall**

Conservation Committee

**1/4, 1/18, 7PM @ Gilford Town Hall**

Zoning Board of Adjustment

**1/26, 7PM @ Gilford Town Hall**

Historic District & Heritage Commission

**1/11, 7PM @ Gilford Town Hall**

Planning Board

**1/10, 7PM @ Gilford Town Hall**

Recreation Commission

**1/3, 5:15PM @ Gilford Town Hall**

Board of Fire Engineers

**1/18, 8:30PM @ Gilford Town Hall**

Budget Committee Regular Meeting

**1/6, 7PM @ Gilford Town Hall**

Library Trustee Meeting

**1/12, 10AM @ Gilford Public Library**

Board of Selectmen

**1/12, 1/26, 7PM @ Gilford Town Hall**

Friends of the Library

**1/18, 4PM @ Gilford Public Library**

## TOWN NEWS ON YOUR TV

You can find recorded meetings, flyers for town events and programs, & information all on Lakes Region Public Access, which can be found locally on Atlantic Broadband Channels 24, 25, & 26 on the schedule.

Mondays  
**5:00am - 4:30pm**  
Fridays  
**5:00am - 5:45 pm**  
Sundays  
**6pm-12 Midnight**



**Lakes Region Public Access**  
community empowered by media



## **TOWN OF GILFORD**

BOARD OF SELECTMEN  
47 Cherry Valley Road  
Gilford, NH 03249

Gus Benavides, Chair 603.527.6507  
J. Kevin Hayes, Vice-Chair 603.527.6508  
Dale Channing Eddy, Clerk 603.527.6509

FAX 603.527.4711  
[selectmen@gilfordnh.org](mailto:selectmen@gilfordnh.org)

### **GILFORD BOARD OF SELECTMEN**

#### **NOTICE OF PUBLIC HEARINGS**

Wednesday, January 12, 2022  
7:00pm  
Gilford Town Hall – Conference Room A

The Gilford Board of Selectmen will hold two public hearings as follows:

#### **APPROPRIATION OF UNANTICIPATED FUNDS**

Acceptance and authorization to spend a \$20,000 donation from the Jensen Benevolence Fund to the Gilford Fire Department pursuant to the provisions of RSA 31:95-b, as authorized by a vote on Article 12 of the 1994 Town Meeting. If approved, these funds will be used for kitchen renovations at the Fire Station.

#### **AMENDMENTS TO SOLID WASTE CENTER FEE SCHEDULE**

Implementation of a new fee of \$0.09 per pound for construction and demolition debris, \$0.02 per pound for large logs, and \$0.01 per pound for concrete with rebar, in place of the current size estimate fees, (due to the new scale being used), along with new fees (\$1 & \$5) for propane tanks to cover the cost of disposal. The authority of the Selectmen to adopt fees is granted pursuant to the provisions of RSA 41:9-a, as further authorized by a vote on Article 30 of the 2018 Town Meeting and Article 15 of the 1990 Town Meeting. If approved, these new fees will take effect immediately.

Any interested person may attend this public hearing and present testimony related thereto. Written remarks will be accepted for input up until 5pm on the day of the hearings.

# WHAT'S HAPPENING @ THE LIBRARY

*Happy New Year everyone!*

*2022 is upon us and we have a fresh start to get underway. We hope you are well and ready for a year filled with resolutions, fun activities and the engaging programs you've come to expect from our library. While keeping an eye on our calendars is the best way to stay informed, allow me to highlight some fun things coming in January. Starting on January 3, and for every Monday in January, we will be providing "Motivational Mondays" on [FB Live](#) to give you the jumpstart you need to take full advantage of your week. Beginning on the twelfth we have a "Chess Club for Beginners and Above" for you to learn one of the oldest games in the world or hone your pre-existing skills.*

*These are just a sampling of the programs we have in store for the future and we hope you will join us in making 2022 an even better year than the last.*

*Best wishes and many happy returns from all of us at the library.*

## SUBSCRIBE TO OUR WEEKLY NEWSLETTER

Want the latest information and want to know what's going on at the Gilford Public Library? Click [here](#) to sign up for the newsletter. We have the latest books and highlight some library staff favorites as well as fun facts and videos.

### Building Hours

Monday - Wednesday, Friday 9AM-6PM

Thursday 9AM-8PM

Saturday 10AM-2PM

### Curbside Service

Monday-Friday 9AM-5PM

## CHILDREN'S CORNER

Babies & Co Storytime - Mondays, January 3 - February 14 @ 10:00am

Storytime with Miss Maria - Tuesdays, January 4 - February 15 @ 10:30am

Preschool Storytime - Friday, January 7 - February 18 @ 10:30am

Elementary Early Release - Wednesday, January 12 @ 1:30pm

Science @ the Library - Wednesday, January 5 & 19 @ 3:30pm

Drop-In Craft - Sock Snowmen - Saturday, January 22 @ 10:30am

[WWW.GILFORDLIBRARY.ORG](http://WWW.GILFORDLIBRARY.ORG)





# WHAT'S HAPPENING @ THE LIBRARY

## BINGO - JANUARY 5TH @ 2PM

The first Wednesday of every month is good old fashioned Bingo. Bring your own supplies, or we will have some to share (There will be prizes!). Please RSVP.

## TED TALK TUESDAY - JANUARY 11TH @ 10:30AM

This month we're finding out how to make our resolutions stick with sociologist Christine Carter as she talks to us about how to keep our motivation strong.

## TRAVEL TO LIMA, PERU - JANUARY 20TH @ 1:00PM

Discover some amazing facts about this spectacular city in Peru! The event will be shown on the big screen in the meeting room. You'll feel like you're there in this one hour tour.

## CHESS CLUB- JANUARY 12TH @ 10:00AM

Chess Club for all experience levels. We will have someone on hand to teach if you are a beginner. Bring your own board or we will have some available.

## SNACK & SCRAPBOOK - JANUARY 25TH @ 12:00PM

Bring your lunch and photos and scrapbook with us. We will provide materials to scrapbook, dessert, and coffee. \*We now have the ability for you to print your photos here for a small fee.

## MONTHLY VIRTUAL BOOK CHAT - JANUARY 13TH @ 1:00PM

Maria gives the scoop on the latest book craze. Why is everyone talking about this book? Join us on FB live and find out why,

## BOOK DISCUSSION - JANUARY 20TH @ 2:30PM

This month's book is *Anxious People* by Fredrik Backman. Copies are available at the front desk.



*Friends*  
OF THE GILFORD  
LIBRARY



---

## GILFORD FRIENDS OF THE LIBRARY!

Thank you to all the volunteers who helped set up and take down, the bakers, the packagers, refreshment staff, craft assistants and everyone who gave of themselves to make the Candlelight Stroll an event to remember this year!

Check the library website for upcoming winter programs sponsored by the Friends.

Be a part of something wonderful - come to a Friends Meeting and add your ideas to the discussions of events for 2022. The next meeting is February 15th at 4:00.

*thank  
you*



# **Gilford Parks and Recreation News!**

## **Boston Celtics Bus Trip on March 1<sup>st</sup>**

Join us on **Tuesday, March 1<sup>st</sup> (school vacation week)** on a trip to see Jayson Tatum, Jaylen Brown and the Boston Celtics take on Trae Young, John Collins and the Atlanta Hawks! Ride to Boston in comfort aboard a Coach Company charter bus, complete with TV/DVD and lavatory. Any child ages 17 or under must be accompanied by an adult guardian. Please confirm COVID-19 Requirements for both bus and the game before registering. Space is limited, so sign up today! The Bus will depart the Gilford High School at 4:45 p.m. for a 7:30 p.m. game, with an approximate time of return of 12:00 a.m.  
COST: \$100.00 per person



vs



Please call the Parks and Recreation Office at 527-4722 for registration information.

## **Gilford's Arthur A. Tilton Ice Rink**

Open daily from dawn-dusk, from late December through early March as conditions allow.  
Telephone: 293-0692.



**Daily skate schedule is as follows:**

**Dawn – 10:00 am**

**10:00 am – 12:00 pm**

**12:00 pm – 3:30 pm**

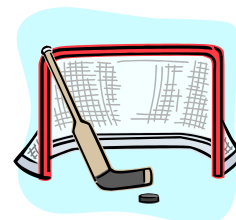
**3:30 pm – Dusk**

**Open Skating**

**Stick and Puck (ages 13 and Under)**

**Open Skating**

**Stick and Puck (Ages 14 and Up)**



Schedule is subject to change at the discretion of the Parks and Recreation Department.

**Ice Rink Rentals Available:** For information on rink rentals for private games/parties, please contact the Parks and Recreation Department at 527-4722.



**Please watch for information on special events and/or programs to be held at the Ice Rink through the winter season.**

## **Gilford Parks and Recreation Contact Info**

Gilford Parks and Recreation website: [www.gilfordrec.com](http://www.gilfordrec.com)

Gilford Parks and Recreation Office Phone: 527-4722

Gilford Parks and Recreation Program Announcement Line: 527-4723

You can also "Like" Gilford Parks and Recreation on facebook!







HUB NEWSLETTER - JANUARY 2022

## DOWN AND DIRTY WITH DPW

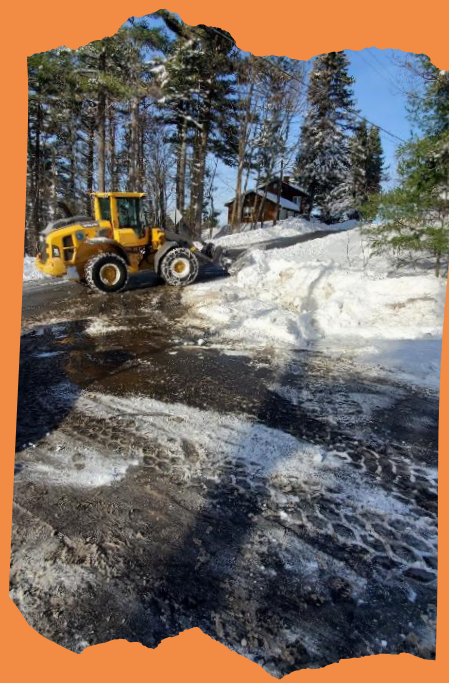
### WINTER MAINTENANCE EDITION

Now that winter is upon us, we often receive calls about snow plowing operations so we thought it might be helpful to review the Town's Winter Maintenance Policy with residents and share some interesting facts.

Fact #1 – Gilford has 180 lane miles of road divided up into eight (8) separate plow routes. Each route can take 3-4 hours depending on the type of plowing or treatment being done.

Fact #2 – The NHDES promotes the proper use of road salt and not sand in most cases due to environmental concerns with silt into surface water. Sand is only applied for traction when absolutely necessary. Many of our drivers have been through the Green Snow Pro Program.

Fact #3 – There may be snow left on the roads on purpose to avoid ice forming on the pavement if the precipitation is forecasted to change to sleet or freezing rain.





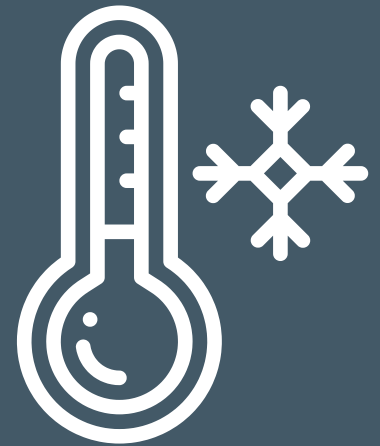
# DOWN AND DIRTY WITH DPW



## WINTER MAINTENACE (CONT.)

Fact #4 – Road salt is not effective below 17 degrees. Gilford DPW has several brine systems on our DPW trucks which pre-wets the salt with an environmentally friendly liquid product. This product lowers the temperature at which salt is effective and kick starts the melting process, allowing DPW to use less salt and save the town money.

Fact #5 – Routes are plowed when 2 inches or more of snow is anticipated. If a dusting to 2 inches of snow is forecasted, DPW will most likely only treat the roads with de-icing agents and not plow.

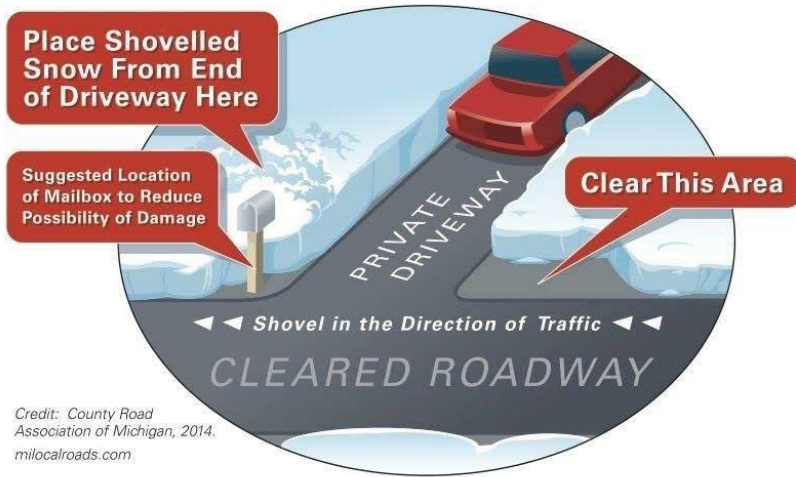


## DID YOU KNOW?

Residents may obtain up to two 5-gallon buckets of sand at the Department of Public Works, 55 Cherry Valley Road.

# DOWN AND DIRTY WITH DPW

## Avoid the "Second Shovel"



## HOW YOU CAN HELP - WINTER TIPS

Tip #1 – Shovel driveway snow properly to reduce getting large windrows of snow again after the plow goes by (see diagram above)

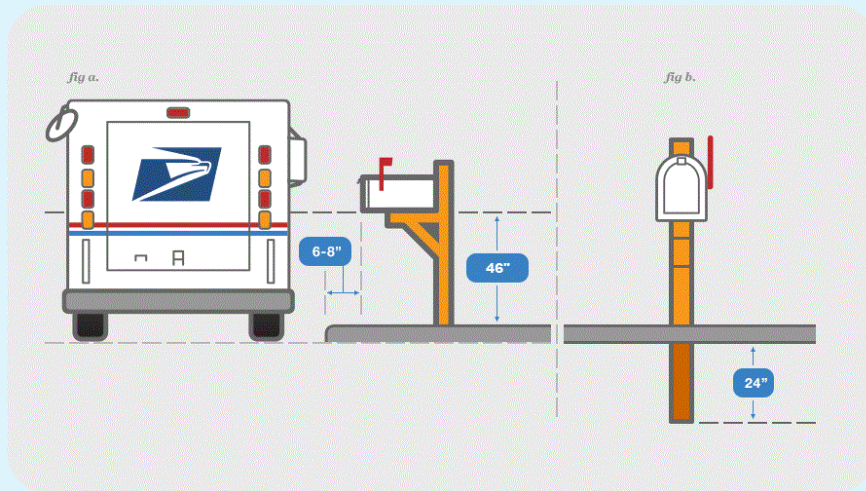
Tip #2 – Do not plow town roads to be helpful as you may be scraping off salt material.

Tip #3 – Do not park in the Town Right-of-Way overnight or during storm events per the Town's Winter Parking Ban.





# DOWN AND DIRTY WITH DPW



## HOW YOU CAN HELP - WINTER TIPS

Tip #4 – Make sure your mailbox meets the standard mailbox requirements of height (46” from surface) and distance off edge of pavement (6-8”) to front face of mailbox. This helps reduce the chance of it being impacted by snow operations (see diagram above).

Tip #5 – Leave plenty of extra time to travel in bad weather and do not assume roads are not slippery even if they look black.



**PUBLIC WORKS**

**FIRST RESPONDER**







## **GILFORD SCHOOL DISTRICT**

SAU 73

2 Belknap Mountain Road

Gilford, NH 03249

Phone 603-527-9215

| Fax 603-527-9216

## **ALL SCHOOLS**

*School resumes January 4*

*No school on January 17 -  
Martin Luther King, Jr. Day*

*No School on January 21 -  
Teacher Workshop Day*

---

## **SCHOOL BOARD MEETING**

Gilford School Board Meeting/Public Hearing for Acceptance of Grant Monies

January 3, 2022 at 6:00 p.m.

@Gilford High School Auditorium

---

## **EARLY RELEASE**

Gilford High School

January 12 at 12:30 p.m.

Gilford Middle School

January 12 at 12:30 p.m.

Gilford Elementary School

January 12 at 1:30 p.m.

---

## **ADDITIONAL ANNOUNCEMENTS**

Last day to file a Petitioned Warrant Article - January 11, 2022

School & Town Public Hearing

7:00 p.m. January 13, 2022 - Gilford High School Auditorium

Filing period for Declarations of Candidacy

January 19 - January 28, 2022

# Electric Assistance Program

Providing Solutions for Customers in Need

Contact the CAA Nearest You for Assistance Program Details

Community Action Program Belknap-Merrimack Counties, Inc.  
(Residents of Belknap and Merrimack Counties)

[www.bm-cap.org](http://www.bm-cap.org)

Concord	225-6880
Laconia	524-5512
Meredith	279-4096
Suncook	485-7824
Warner	456-2207

Southern New Hampshire Services, Inc.  
(Residents of Hillsborough and Rockingham Counties)

[www.snhhs.org](http://www.snhhs.org) [www.rcaction.org](http://www.rcaction.org)

Derry	965-3029	1-855-295-4105
Hillsborough	924-2243	1-877-757-7048
Manchester	647-4470	1-800-322-1073
Milford	924-2243	1-877-757-7048
Nashua	889-3440	1-877-211-0723
Peterborough	924-2243	1-877-757-7048
Portsmouth	436-3896	1-800-639-3896
Raymond	895-2303	1-800-974-2303
Salem	458-6392	1-800-939-9172
Seabrook	474-3507	1-800-979-3507

Southwestern Community Services, Inc.  
(Residents of Cheshire & Sullivan Counties)

[www.scshehelps.org](http://www.scshehelps.org)

Claremont	542-9528	
Keene	352-7512	1-800-529-0005

Community Action Partnership of Strafford County

[www.straftfordcap.org](http://www.straftfordcap.org)

Rochester	435-2500
Dover	435-2500

Tri-County Community Action  
(Coos, Carroll & Grafton Counties)

[www.tccap.org](http://www.tccap.org)

Carroll County	323-7400
Coos County	752-3248
Grafton County	968-3560



## New Hampshire Electric Assistance Program



You may be eligible for a **discount** of up to 76% on your electric bill.



Effective September 2020





## What is the EAP?

The Electric Assistance Program (EAP) gives eligible customers a discount for the first 750 kWh on their monthly electric bills.\*

The discount ranges from 8% to 76% depending on your gross household income, household size and electricity usage.

Customers of the following utilities may apply for the discount:

**Eversource Energy**

**Liberty Utilities**

**New Hampshire Electric Cooperative  
Unitil**

*\*Benefits and participation are subject to availability of funds.*

We know that electric customers sometimes need help paying their electric bill. The EAP discount helps make electric bills more affordable. Being able to pay the electric bill every month avoids the risk of service cutoff for nonpayment.

The electric utilities are working with the five Community Action Agencies (CAAs) in the state to identify and enroll eligible customers.

## Am I Eligible?

You are eligible if:

- 1 You are a renter or homeowner who receives an electric bill from any of the utility companies previously listed.

**AND**

- 2 You have a gross monthly or annual household income that qualifies you at the time you apply.

Income Eligibility Guidelines		
Household Size	30-day Income	Annual Gross Income
1	\$2,978	\$36,237
2	\$3,895	\$47,386
3	\$4,811	\$58,536
4	\$5,728	\$69,686
5	\$6,644	\$80,836
6	\$7,560	\$91,986
7	\$7,732	\$94,076
8	\$7,904	\$96,167

## How Do I Apply?

**Call your local CAA office.** They will tell you what to bring to your appointment.

**Keep your appointment** and bring all paperwork the CAA asks for.

**If you cannot get to the office** you can arrange for a phone interview or a home visit.

## How is the Program Funded?

Customers of the participating utilities support the EAP through part of the System Benefits Charge on their electric bill.

## Need More Info?

For more information on the Electric Assistance Program or other energy assistance programs, please contact your local CAA listed on the back of this brochure.





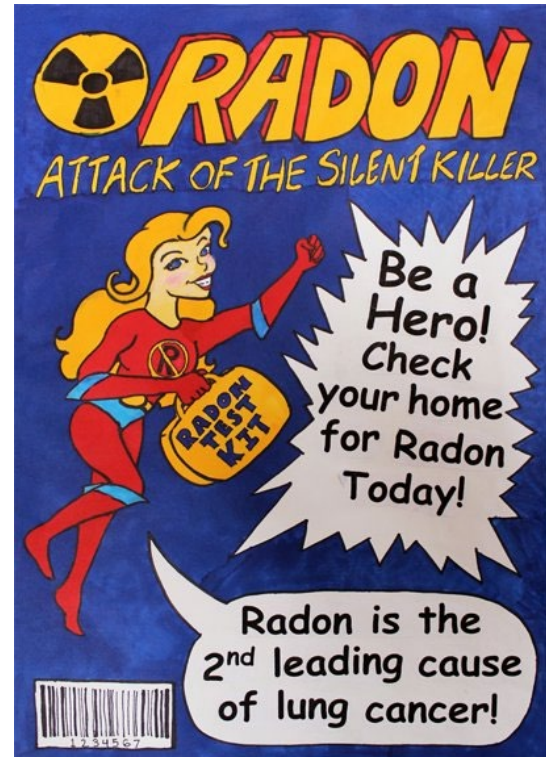
# January is National Radon Action Month!

Partnership for Public Health  
Laconia, NH

Thank you for your interest in National Radon Action Month. Radon is a serious health risk facing tens of thousands of Americans. Exposure to radon gas causes more than 20,000 deaths annually and it is the number one cause of lung cancer among non-smokers.

You can't see, smell or taste radon, but it could be present at a dangerous level in your home. Radon is the leading cause of lung cancer deaths among nonsmokers in America and claims the lives of about 21,000 Americans each year. In fact, the EPA and the U.S. Surgeon General urge all Americans to protect their health by testing their homes, schools and other buildings for radon.

Exposure to radon is a preventable health risk and testing radon levels in your home can help prevent unnecessary exposure. If a high radon level is detected in your home, you can take steps to fix the problem to protect yourself and your family.



## Five Things You Can Do During National Radon Action Month

1. **Test your home** - EPA and the U.S. Surgeon General recommend that all homes in the U.S. be tested for radon. Testing is easy and inexpensive.
  - Learn more about [testing your home](#), including how to obtain an easy-to-use test kit.
2. **Attend a National Radon Action Month event in your area** - Look for radon events in your community.
3. **Spread the word**
4. **Spend time during National Radon Action Month encouraging others to learn about radon and test their homes.**
  - Tell your family and friends about the [health risk of radon](#). Encourage them to test their homes.

- [Plan an activityEXITEXIT EPA WEBSITE](#) in your community to help raise awareness.
  - Write an op-ed or letter to the editor using samples from the event planning resources.
  - Attract media attention by working with a local official to get a radon proclamation.
  - View EPA's [free radon publications](#).
5. **Buy a radon-resistant home** - Read more about radon-resistant new construction, "[Building Radon Out: A Step-by-Step Guide to Build Radon-Resistant Homes](#)" (PDF).

Please for more information go to: <https://www.epa.gov/radon/national-radon-action-month-information>



**Partnership for  
Public Health**



to all our volunteers' support in 2021!  
We couldn't have done it without you!





603- 524-5939

[info@navigatingrecovery.org](mailto:info@navigatingrecovery.org)

[www.navigatingrecovery.org](http://www.navigatingrecovery.org)

102 Court Street Laconia NH 03246

Mon, Tues, Thurs, Fri 9am-5pm

Wed 9am-4:30pm

Saturday 11am-3pm

\* If you need support after-hours, please call 2-1-1

Navigating Recovery offers crisis navigation and one-on-one support to anyone affected by or afflicted with Substance Use Disorder (family members included).

We are open to the public. Masks, a COVID questionnaire, temperature checks, and social distancing are required. If you do not have a mask we will provide one for you. Group meetings will still be held via Zoom for the time being. Looking forward to seeing you in person again!