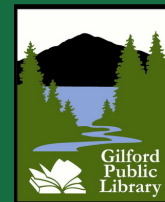
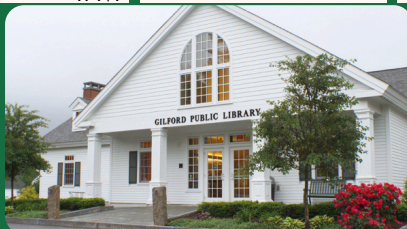


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<p>1</p> <p>Beginner Line Dancing 10:30AM</p> <p># Sponsored by the Friends</p>
<p>2</p>	<p>3</p> <p>Fun &amp; Fitness with Joyce 9AM# Tai Chi Practice 10:15AM Mahjong 12:30PM Writing Wizards 4:30PM Mystery Book Group 5PM</p>	<p>4</p> <p>Geri Fit 9AM Senior Sculpt 10AM Intermediate Line Dancing 4PM Parkinson's Awareness 5:30PM</p>	<p>5</p> <p>Senior Stretch Yoga 9AM# Card Games 10AM Check Out an Expert 10AM Hayden's Bits &amp; Bytes 10:15AM Paint Group 1PM Talk About Grief 1PM</p>	<p>6</p> <p>Geri Fit 9AM *Tai Chi 10AM *Tai Chi 11:15AM French 4PM</p>	<p>7</p> <p>Senior Sculpt 9AM Bridge 10AM # Chair Yoga 10AM Hand &amp; Foot 12:30PM Happy Crafters 1:30PM German 2:30PM Beginner Line Dancing 4PM</p>	<p>8</p> <p>Beginner Line Dancing 10:30AM</p>
<p># Sign-up required</p>						
<p>9</p>	<p>10</p> <p>Fun &amp; Fitness with Joyce 9AM# Tai Chi Practice 10:15AM Mahjong 12:30PM</p>	<p>11</p> <p>Geri Fit 9AM Senior Sculpt 10AM Intermediate Line Dancing 4PM Saving Mama 5:30PM Voting Day</p>	<p>12</p> <p>Senior Stretch Yoga 9AM# Card Games 10AM Trustee Meeting 10AM Check Out an Expert 10AM Paint Group 1PM</p>	<p>13</p> <p>Geri Fit 9AM *Tai Chi 10AM *Tai Chi 11:15AM French 4PM</p>	<p>14</p> <p>Senior Sculpt 9AM Bridge 10AM # Chair Yoga 10AM Hand &amp; Foot 12:30PM Happy Crafters 1:30PM German 2:30PM Beginner Line Dancing 4PM</p>	<p>15</p> <p>Beginner Line Dancing 10:30AM</p>
<p>16</p>	<p>17</p> <p>Fun &amp; Fitness with Joyce 9AM# Tai Chi Practice 10:15AM St Paddy's Day Sing-a-Long 11AM Mahjong 12:30PM</p>	<p>18</p> <p>Geri Fit 9AM Senior Sculpt 10AM Waterford, Ireland 11AM Intermediate Line Dancing 4PM</p>	<p>19</p> <p>Senior Stretch Yoga 9AM# Card Games 10AM Check Out an Expert 10AM Paint Group 1PM</p>	<p>20</p> <p>Geri Fit 9AM *Tai Chi 10AM *Tai Chi 11:15AM French 4PM Flight of Remembrance 5:30PM Book Group 5:30PM</p>	<p>21</p> <p>Senior Sculpt 9AM Bridge 10AM # Chair Yoga 10AM Hand &amp; Foot 12:30PM Happy Crafters 1:30PM German 2:30PM Beginner Line Dancing 4PM</p>	<p>22</p> <p>Beginner Line Dancing 10:30AM</p>
<p>23</p>	<p>24</p> <p>Fun &amp; Fitness with Joyce 9AM# Tai Chi Practice 10:15AM Mahjong 12:30PM Fitness with Joyce 9AM# Tai Chi Practice 10:15AM Mahjong 12:30PM</p>	<p>25</p> <p>Geri Fit 9AM Senior Sculpt 10AM Movement in Medicine 11:30AM Intermediate Line Dancing 2:30PM Friends of the Library 4PM</p>	<p>26</p> <p>Senior Stretch Yoga 9AM# Card Games 10AM Check Out an Expert 10AM Paint Group 1PM</p>	<p>27</p> <p>Geri Fit 9AM *Tai Chi 10AM *Tai Chi 11:15AM French 4PM</p>	<p>28</p> <p>Senior Sculpt 9AM Bridge 10AM # Chair Yoga 10AM Hand &amp; Foot 12:30PM Happy Crafters 1:30PM German 2:30PM Beginner Line Dancing 4PM</p>	<p>29</p> <p>Beginner Line Dancing 10:30AM</p>



# Programs

## WRITING WIZARDS - MARCH 3 @ 4:30PM

Calling all writers to join us in reading and sharing our work with other wonderful writers!  
We meet the first Monday of each month.

## MYSTERY BOOK DISCUSSION- MARCH 3 @ 5PM

Join us for this month's mystery book group! Betty Tidd will lead the discussion of *Reykjavik Nights* by Arnaldur Indridason. Copies of the book will be available at the circulation desk.

## PARKINSON'S AWARENESS - MARCH 4 @ 5:30PM

Downtown Gym will be talking about Parkinson's Awareness Month and their unique Rock Steady Boxing program that is adapted especially for people with this condition.

## HAYDEN'S BITS & BYTES - MARCH 5 @ 10:15AM

Learn about the Google suite of services and how to take advantage of all the things Google offers to everyone.

## TALK ABOUT GRIEF - MARCH 5 @ 1PM

Join us in an open conversation about grief with counselor Dawn Alvarez.

## TAI CHI PRACTICE - MONDAYS @ 10:15AM

Know basic tai chi moves? Come to this weekly program to practice.

## TAI CHI\* - THURSDAYS IN MARCH @ 10AM OR 11:15AM

Learn the basic steps with Joyce to help keep you moving and healthy. Sign-up required.

## SAVING MAMA: AUTHOR VISIT- MARCH 11 @ 5:30PM

Gilford author, Claire Hebert-Dow, introduces her novel *Saving Mama*.

## ST. PADDY'S DAY SING-A-LONG - MARCH 17 @ 11AM

Enjoy some fun and festive St. Patrick's Day songs with Jane! Grab a snack, sing a song and don't forget to wear lots of green.

## DISCOVER LIVE: WATERFORD, IRELAND - MARCH 18 @ 11AM

Explore the Viking Triangle, a vibrant area rich in historical landmarks including Reginald's Tower and the medieval walls of one of Ireland's ancient cities!

## FLIGHT OF REMEMBRANCE - MARCH 20 @ 5:30PM

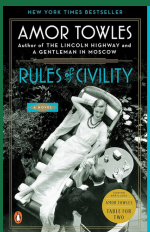
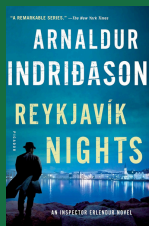
Marina Kirsch talks about her book, *Flight of Remembrance*, which records her family's experience in Latvia, occupied Poland, and Germany before, during, and after World War II.

## BOOK DISCUSSION: RULES OF CIVILITY - MARCH 20 @ 5:30PM

This month's book is *Rules of Civility* by Amor Towles. Led by Molly;  
books are available at the front desk.

## MOVEMENT IN MEDICINE- MARCH 25 @ 11:30AM

Learn the value of movement and how to move to keep your body well for years to come.  
Presented by Dr. Amanda from Awakening Chiropractic.





# MARCH 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
2	3 Baby Storytime 10:00AM	4 Preschool Storytime 10:30AM	5 Yogapalooza 10:30AM T(w)een Boredom Busters 3PM Science Seekers 3:30PM	6 T(w)een Eats 3PM 	7 Preschool Storytime 10:30AM	8 
9 	10 Baby Storytime 10:00AM	11 Preschool Storytime 10:30AM T(w)een Early Release 1PM Elementary Early Release 1:30PM	12 Yogapalooza 10:30AM Science Seekers 3:30PM	13 Homeschool Club 12PM 	14 Preschool Storytime 10:30AM	15 # Drop-In Craft: Make Your Own Bouquet 10:30AM
16 	17 Baby Storytime 10:00AM	18  Preschool Storytime 10:30AM	19 Yogapalooza 10:30AM T(w)een Boredom Busters 3PM Science Seekers 3:30PM	20 T(w)een Eats 3PM 	21 Preschool Storytime 10:30AM	22 
23	24 Baby Storytime 10:00AM	25 Preschool Storytime 10:30AM	26 Yogapalooza 10:30AM T(w)een Boredom Busters 3PM Science Seekers 3:30PM	27 Homeschool Club 12PM 	28 Preschool Storytime 10:30AM	29
30	31 Baby Storytime 10:00AM					





# PROGRAMS



## **BABY STORYTIME**

Join other parents and babies for a special storytime filled with songs, rhymes, and more!

## **PRESCHOOL STORYTIME - TUESDAYS**

Come listen to spring stories and make cute crafts with Miss Linda!



## **YOGA-PALOOZA**

Join Miss Jill in a beginners yoga and mindfulness class for kiddos and parents are encouraged to join in too! \*Ages 3-6

## **SCIENCE SEEKERS: STUDY OF SEEDS**

Watch your seeds grow and learn about the process in this interactive session with Miss Erika!



## **PRESCHOOL STORYTIME - FRIDAYS**

Connect with other kids in a fun-filled storytime with Miss Erika!

## **ELEMENTARY EARLY RELEASE: LEPRECHAUN GNOMES**

Create an adorable leprechaun gnome with friends.



## **DROP-IN CRAFT: MAKE YOUR OWN BOUQUET**

Make your own beautiful bouquet to celebrate spring coming up!

## **T(W)EEN BOREDOM BUSTERS**

Bored on Wednesdays around 3PM? Hayden has some ideas! Come join this student-led activity group!



## **T(W)EEN EATS**

Join Hayden and Erika every other week for an exploration of culinary delights!



## **T(W)EEN EARLY RELEASE: WAFFLE BAR**

Who doesn't like a nice, warm waffle? Join Hayden in the Teen Room for a smörgåsbord of everyone's favorite breakfast treat!



## **HOMESCHOOL CLUB**

Come hang out with Hayden and other home school kids!

