

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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		# Receive a packet of flower seeds if you attend a program		1 Geri Fit 9AM French 4PM Upcycled Fashion 5:30PM	2 Senior Sculpt 9AM *Chair Yoga 10AM Bridge 10AM Hand & Foot 12:30PM Happy Crafters 1:30PM German 2:30PM Beginner Line Dancing 4PM	3 Beginner Line Dancing 10:30AM
4 	5 #Fun & Fitness with Joyce 9AM Tai Chi Practice 10:15AM Mahjong 12:30PM Writing Wizards 4:30PM Mystery Book Group 5PM	6 Geri Fit 9AM Senior Sculpt 10AM Death Cafe 1PM Intermediate Line Dancing 4PM	7 #Senior Stretch Yoga 9AM Card Games 10AM Check Out an Expert 10AM Bits & Bytes 10:15AM Talk About Grief 1PM Paint Group 1PM	8 Geri Fit 9AM French 4PM	9 Senior Sculpt 9AM *Chair Yoga 10AM Bridge 10AM Hand & Foot 12:30PM Happy Crafters 1:30PM German 2:30PM Beginner Line Dancing 4PM	10 Beginner Line Dancing 10:30AM
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11 	12 #Fun & Fitness with Joyce 9AM Tai Chi Practice 10:15AM Mahjong 12:30PM # Meet & Greet the Artists 4PM Raised Bed Gardening 5PM	13 Geri Fit 9AM Senior Sculpt 10AM Intermediate Line Dancing 4PM Mindful Forestry Therapy 5:30PM	14 #Senior Stretch Yoga 9AM Card Games 10AM Check Out an Expert 10AM Trustee Meeting 10AM *Pressed Flower Glass Jar Craft 11:30PM Paint Group 1PM # PTA Poetry Night 5:30PM	15 Geri Fit 9AM French 4PM Saving & Sharing Our Country Schools Book Discussion 5:30PM	16 Senior Sculpt 9AM *Chair Yoga 10AM Bridge 10AM Hand & Foot 12:30PM Happy Crafters 1:30PM German 2:30PM Beginner Line Dancing 4PM	17 Beginner Line Dancing 10:30AM
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18 	19 #Fun & Fitness with Joyce 9AM Tai Chi Practice 10:15AM Mahjong 12:30PM	20 Geri Fit 9AM Senior Sculpt 10AM Intermediate Line Dancing 2:30PM Friends of the Library 4PM Mindful Forestry Therapy Walk 5:30PM	21 #Senior Stretch Yoga 9AM Card Games 10AM Check Out an Expert 10AM Paint Group 1PM	22 Geri Fit 9AM French 4PM Monarch Adventure to Mexico 5:30PM	23 Senior Sculpt 9AM *Chair Yoga 10AM Bridge 10AM Hand & Foot 12:30PM Happy Crafters 1:30PM German 2:30PM Beginner Line Dancing 4PM	24 CLOSED
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# Sponsored by the Friends						
25 	26 CLOSED	27 Geri Fit 9AM Senior Sculpt 10AM Your DNA Is Not Your Destiny 11:30AM Intermediate Line Dancing 4PM	28 #Senior Stretch Yoga 9AM Card Games 10AM Check Out an Expert 10AM Paint Group 1PM	29 Geri Fit 9AM French 4PM	30 Senior Sculpt 9AM Bridge 10AM Hand & Foot 12:30PM Happy Crafters 1:30PM German 2:30PM Beginner Line Dancing 4PM	31 Chat with a Librarian 10AM Beginner Line Dancing 10:30AM



Programs

UPCYCLED FASHION WITH JEANNE FLANAGAN - MAY 1 @ 5:30PM

Fiber arts expert Jeanne Flanagan presents the art of upcycled fashion and how it supports sustainability, and fosters creativity and individuality.

BLOOM & BREATHE CHAIR YOGA - MAY 2, 9, 16 & 23 @ 10AM

Lani Voivod will teach a four week chair yoga series the first four Fridays of the month. Sign-up required; cost is \$30.

WRITING WIZARDS - MAY 5 @ 4:30PM

Calling all writers to join us in reading and sharing our work with other wonderful writers!

MYSTERY BOOK GROUP - MAY 5 @ 5PM

Join us for this month's mystery book group! Betty Tidd will lead the discussion of *The English Understand Wool* by Helen DeWitt. Copies of the book will be available at the circulation desk.

DEATH CAFE - MAY 6 @ 1PM

Be a part of a respectful and supportive space to discuss a natural part of life with Registered Nurse Ruth O'Hara, certified Death Doula and Reiki Master and Carol Wallace, Reiki Master as moderators.

BITS & BYTES - MAY 7 @ 10:15AM

This month, Hayden teaches you how to use Princh - our in-house wireless printing service.

TALK ABOUT GRIEF - MAY 7 @ 1PM

Join us in an open conversation about grief with counselor Dawn Alvarez.

MEET THE ARTISTS - MAY 12 @ 4PM

Meet the artists behind this month's exhibit "Art in Bloom" displayed in the Exhibit Area and Reading Room.

RAISED BED GARDENING - MAY 12 @ 5PM

Want a garden but have limited space? Ron Trexler from the UNH Extension explains the ins and outs of raised bed gardening and how they can be a great solution.

MINDFUL FORESTRY THERAPY - MAY 13 @ 5:30PM

MINDFUL FORESTRY THERAPY WALK - MAY 20 @ 5:30PM

Learn the origins of forest therapy and how to savor all the sights, sounds, and smells in nature in this two part program presented by Aimee Dion. The second session will be a walk in the woods where you will put your new skills to the test!

PRESSED FLOWER GLASS JAR CRAFT - MAY 14 @ 11:30AM

These simple pressed flowers jars are so easy to make and will make a beautiful addition to your decor. Sign-up is required.

GILFORD PTA POETRY NIGHT - MAY 14 @ 5:30PM

Hear original poems by the winners of the Annual Spring Poetry contest from each grade. Sponsored by the Friends of the Library.

BOOK DISCUSSION: HOW TO READ A BOOK - MAY 15 @ 5:30PM

This month's book is *How to Read a Book* by Monica Wood. Books are available at the front desk.

SAVING & SHARING OUR COUNTRY SCHOOLS - MAY 15 @ 5:30PM

Hear what is being done across the country to preserve and share historic one room schoolhouses from Susan Fineman, a retired teacher from Nashua's District #1 Schoolhouse.

MONARCH ADVENTURE TO MEXICO - MAY 22 @ 5:30PM

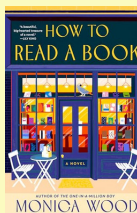
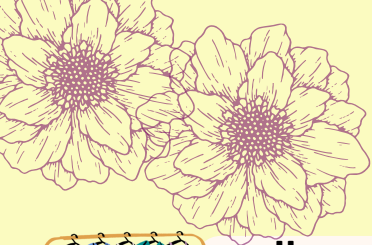
Monarch butterfly enthusiasts Judy Fink and Emily Wrubel share their once in a lifetime experience following the migration of these beautiful insects to their winter home in the Transvolcanic Mountains of central Mexico.

YOUR DNA IS NOT YOUR DESTINY - MAY 27 @ 11:30AM

Dr. Tyler from Awakening Chiropractic gives a reminder of how interconnected our body systems are and how we have the power to shape our health through conscious choices.

CHAT WITH A LIBRARIAN - MAY 31 @ 10AM

Explore and discuss accessibility with a librarian. Refreshments will be provided.

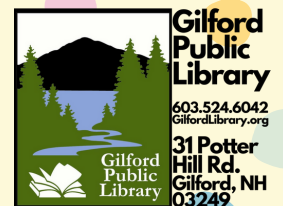
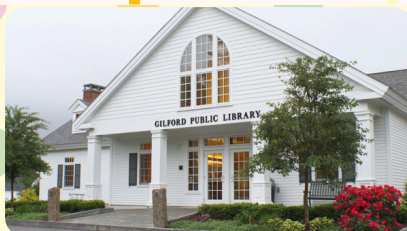


KIDS CALENDAR

MAY 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Art In Bloom		# Receive a packet of flower seeds if you attend a program		1 T(w)een Yoga 1PM	2 Game Day 10:30AM	3
4	5 Baby Storytime 10:00AM Baby Storytime 10:30AM	6 Preschool Storytime 10:30AM	7 Little Math Wiz 10:30AM T(w)een Boredom Busters 3PM Science Seekers: Fun with Food 3:30PM	8 Yogapalooza 10:30AM Homechool Club 12PM 3PM T(w)een Plant Power Hour	9 Preschool Storytime 10:30AM	10 # Drop-In Craft: Mother's Day
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23	24 Baby Storytime 10:00AM Baby Storytime 10:30AM	25 Preschool Storytime 10:30AM	26 Little Math Wiz 10:30AM T(w)een Boredom Busters 3PM	27 Yogapalooza 10:30AM	28 Preschool Storytime 10:30AM	29 CLOSED MEMORIAL DAY
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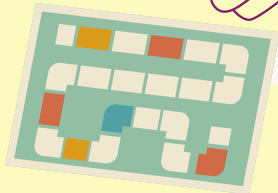
Gilford Public Library
31 Potter Hill Road
Gilford, NH 03249
524-6042
www.gilfordlibrary.org



Version 4/14/24



PROGRAMS



GAME DAY!

Come play any type of game and meet new friends.

BABY STORYTIME

Join other parents and babies for a special storytime with Miss Jill filled with songs, rhymes, and more! *If you miss the 10am session, don't worry! We now have a second session at 10:30am.



PRESCHOOL STORYTIME - TUESDAYS

Come listen to spring stories and make cute crafts with Miss Linda!

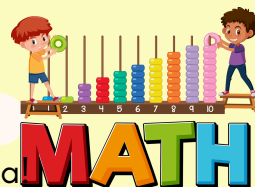
LITTLE MATH WIZ

Little Math Wiz is back with fun stories & activities! *Ages 3 -5



SCIENCE SEEKERS: FUN WITH FOOD

Taste your own experiments and learn the science behind it with Miss Erika!



YOGAPALOOZA

Join Miss Jill in a beginners yoga and mindfulness class for kiddos and parents are encouraged to join in too! *Ages 3-6

PRESCHOOL STORYTIME - FRIDAYS

Connect with other kids in a fun-filled storytime with Miss Erika!

DROP-IN CRAFT: MOTHER'S DAY

Create a one of a kind gift for the special mother figure in your life!

GILFORD PTA POETRY NIGHT

Hear original poems by the winners of the Annual Spring Poetry contest from each grade. Sponsored by the Friends of the Library.

T(W)EEN YOGA WITH RENEE CUPPLES

Looking for something a little different this Spring Vacation? Try some yoga at the library! Sign-up required.

T(W)EEN BOREDOM BUSTERS

Come join this student-led activity group!

HOMESCHOOL CLUB

Come hang out with Hayden and other home school kids!

T(W)EEN PLANT POWER HOUR

Prepare, seed, cultivate, weed, decorate, harvest... EAT! Learn some gardening basics!

T(W)EEN EARLY RELEASE

It's back again! Sing some classic karaoke and earn some snacks!

