



**April 23, 2024**

It's National Volunteer Week! If you volunteer at the library, we have a little something for you. Make sure you swing by to get it by April 27. If you're not a volunteer and you're interested in being part of our dynamic team, stop in at the Front Desk or [fill out an application](#).

On Thursday the 25th, a NH Fish and Wildlife steward will talk about our ursine friends in "Black Bear Happenings in NH" at 4:30pm. Then on Monday the 29th at 4pm, Ron Trexler of the UNH Extension presents "Getting the Garden Ready for Spring" going over all the steps you can take now to get your garden ready come planting time. Then finally at 5pm we have "Palm of the Hand Memoir Writing Workshop" with author Michael Czarnecki for all those aspiring writers in our midst.

Be sure to check out all the [events](#) that are happening at the library in the coming weeks!

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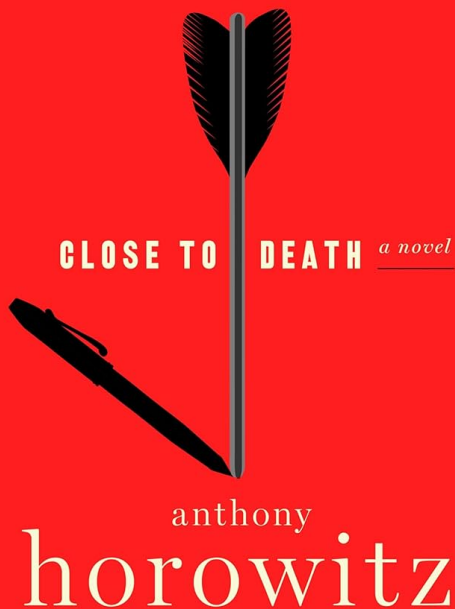
**On the Librarian's  
Nightstand:  
Close To Death  
by Anthony Horowitz**

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**Reading is fun!**



NEW YORK TIMES BESTSELLING AUTHOR OF  
*magpie murders* & *the word is murder*



"What begins as a decorous whodunit set in a gated community on the River Thames turns out to be another metafictional romp for mystery writer Anthony Horowitz and his frequent collaborator, ex-DI Daniel Hawthorne. . . .Gloriously artificial, improbable, and ingenious. Fans . . . will rejoice."

— *Kirkus Reviews*  
(starred review)

**Nothing Without Me**  
by Helen Monks Takhar

**Funny Story**  
by Emily Henry

**The Paris Novel**  
By Ruth Reichl

**Safe And Sound**  
by Laura McHugh

**One Of Us Knows**  
by Alyssa Cole

**The Wide Wide Sea**  
by Hampton Sides

**You Know What You Did**  
by K. T. Nguyen

## Home Buyer Beware



Learn details that are important to home buying in this market and save yourself from mistakes and headaches in order to spend your money wisely, whether buying here or out of state.

**Tuesday, April 23 @ 5:00 p.m.**

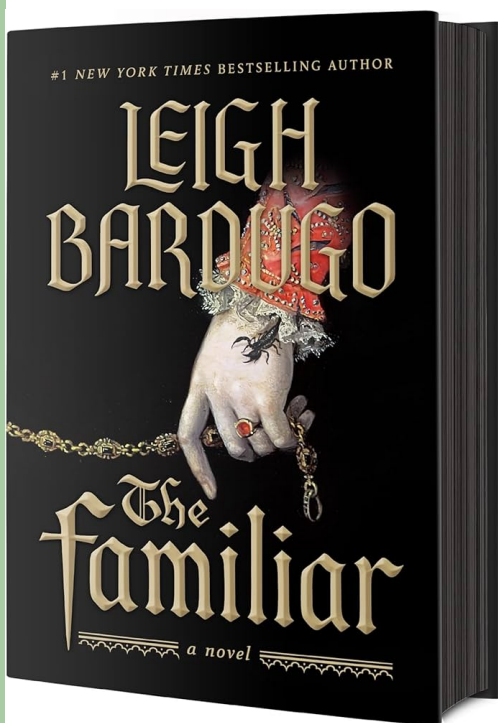
## Seed Library



Do you want to try gardening at home? We encourage everyone to give it a try. Whether it's in a yard or in a pot on your deck, plants can grow anywhere and we have seeds for you! Stop by and pick up three seed packets for free. Library card members only.

**Mondays, May 6 & 13**

**Book of the Week is  
The Familiar  
by Leigh Bardugo**



This week's Book of the Week is "The Familiar" by Leigh Bardugo. Set during the tumultuous times of Spain's Golden Age we follow a young woman, beset on all sides by those wanting to turn her talents to their own gain. Able to perform small acts of magic she must use her wits to stay ahead of those that would do her harm and pave a path for her own success.

**Links of the Week**

[Book Riot's New Releases Tuesday: The Best Books Out This Week](#)

[Publishers Weekly This Week's Bestsellers: April 15, 2024](#)

[The Compassionate Yankee by Rebecca Rule](#)

[NH's Best Places: Where to Let Off Some Steam](#)

[NH's Best Places: Where](#)

**This Week at the  
Library**

**Adults**

**Senior Sculpt**

Today, 9:00 a.m. - 10:00 a.m.  
Exercise for 55+. Bring 2 -3 lb. dumbbell, a stretch band and water.

**Geri Fit**

Today, 10:00 a.m. - 11:00 a.m.  
Please bring your own 2-3 pound dumbbell, a stretch band, and water to drink during the workout.

**Intermediate Line Dancing**

Today, 4:00 p.m. - 5:00 p.m.  
Lower intermediate dance class with Bonnie Deutch.

**Home Buyer Beware**

Today, 5:00 p.m. - 6:00 p.m.  
Learn what is important to know when buying a home here or out of state.

**Senior Stretch Yogaah**

Wednesday, 9:00 a.m. - 10:00 a.m.  
Lani Voivod will lead us through a series of gentle stretches that can be done from a chair. Sponsored by the Friends of the Library, no cost.

**Card Games**

Wednesday, 10:00 a.m. - 12:00 p.m.  
Play a few rounds of "Pay Me".

**Check Out An Expert**

Wednesday, 10:00 a.m. - 12:00 p.m.  
Need basic technology help? Swing by for a 20 minute session with our expert.

**Marble Dipped Mugs**

Wednesday, 11:00 a.m. - 12:00 p.m.  
These colorful mugs are a simple craft made with nail polish. Sign up required.

**Chess Group for Beginners and Up**

Wednesday, 1:00 p.m. - 3:00 p.m.

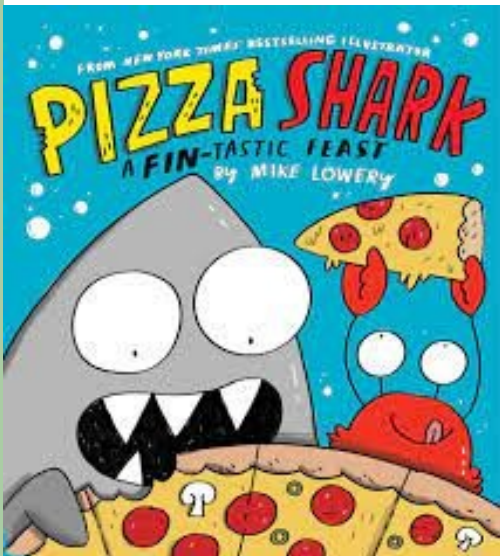


## Children's Corner

**It's time to play** in your garden with your kids! Don't know how to go about gardening with your little ones? No worries, you can visit this website: [Your Go-To Guide for Gardening With Children](#). There's a ton of fun ideas and activities that are all about gardening.

Also, for some stories on gardening, you can check out some books here at the library or some ebooks and audiobooks on Libby!

**Featured book:** *Pizza Shark* by Mike Lowery



## Word of the Week

### Zeitgeber

*noun*

TSYTE-gay-ber

An environmental agent or event that provides the stimulus which sets or resets an organism's biological clock.

"The ratio of daylight to darkness in the spring is an important zeitgeber that affects the activity of some migrating birds."

Chess for all levels; come learn or play a game with others.

### Paint Group

Wednesday, 1:00 p.m. - 3:00 p.m.  
Bring your supplies to work on your art with other artists!

### Geri Fit

Thursday, 9:00 a.m. - 10:00 a.m.  
Please bring your own 2-3 pound dumbbell, a stretch band, and water to drink during the workout.

### French Club

Thursday, 4:00 p.m. - 5:00 p.m.  
Join the library's ongoing Conversational French Group.

### Black Bear Happenings In NH

Thursday, 4:30 p.m. - 5:30 p.m.  
A NH Fish and Wildlife Steward will discuss the natural history and habitat of these animals and ways to avoid costly conflicts.

### Senior Sculpt

Friday, 9:00 a.m. - 10:00 a.m.  
Exercise for 55+. Please bring your own dumbbell, stretch band and water.

### Chair Yoga!

Friday, 10:00 a.m. - 11:00 a.m.  
Embark on a wellness journey with Chair Yoga led by Lani Voivod.  
\$5 per class or 5 for \$20.

### Hand and Foot

Friday, 12:30 p.m. - 2:30 p.m.  
Come play a few rounds of this fun card game.

### Happy Crafters

Friday, 1:30 p.m. - 2:30 p.m.  
All crafters welcome!

### Advanced German

Friday, 2:30 p.m. - 3:30 p.m.  
Join our weekly class for advanced conversational German speakers.

### Beginner Line Dancing

Friday, 4:00 p.m. - 5:00 p.m.  
Dancing Class with Bonnie Deutch.

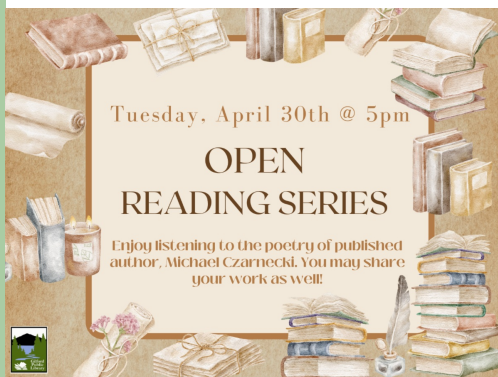
### Beginner Line Dancing

Saturday, 10:30 a.m. - 11:30 a.m.  
Dancing Class with Bonnie Deutch.

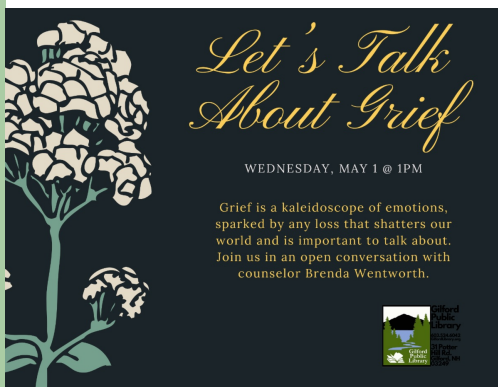
### Fun and Fitness With Joyce

Monday, 9:00 a.m. - 10:00 a.m.  
The focus of this class is movement of the body - warmup, stretching,

## Upcoming May Programs



**Open Reading Series**  
With poet and author  
Michael Czarnecki  
**Tuesday, April 30 @ 5:00  
p.m.**



**Let's Talk About Grief**  
An open conversation with  
counselor Brenda  
Wentworth  
**Wednesday, May 1 @  
1:00 p.m.**



**Thirteen Days in October**  
With authors Michael  
Tougas and Casey Sherman  
**Thursday, May 2 @ 5:30  
p.m.**

toning, weight training, balance, endurance and relaxing. Sponsored by the Friends of the Library.

### **Powerful Tools For Caregivers**

Monday, 10:00 a.m. - 11:30 a.m.  
This six week program will help family caregivers learn to take care of themselves. Sign up.

### **Mahjong**

Monday, 12:30 p.m. - 3:00 p.m.  
Know how to play? Join these mahjong players every Monday!

### **Getting The Garden Ready For Spring**

Monday, 4:00 p.m. - 5:00 p.m.  
Learn best practices for all areas of gardening including vegetables, flowers, trees, shrubs and lawns. Sponsored by the Friends of the Library; all participants will receive seeds.

### **Palm Of The Hand Memoir Writing Workshop**

Monday, 5:00 p.m. - 6:00 p.m.  
Author Michael Czarnecki will introduce this writing method.

## Children

### **Preschool Storytime**

Tuesday, 10:30 a.m. - 11:30 a.m.  
Listen to stories and make crafts with Miss Linda.

### **Mrs. Hayes Art Day: Puppet Play!**

Thursday, 3:00 p.m. - 4:00 p.m.  
Make your own puppet to play with in the puppet house!

### **Preschool Storytime**

Friday, 10:30 a.m. - 11:30 a.m.  
Storytime fun with Miss Jill!

### **Baby Storytime**

Monday, 10:00 a.m. - 10:30 a.m.  
Join other families for a fun storytime.

### **Happy Healthy Tips and Tricks**

Monday, 10:30 a.m. - 11:30 a.m.  
Tips for parents on eating a balanced meal to improve energy and mood.

## Narcissus or Narcissistic?

by Wendy Oellers-Fulmer

Daffodils, (a.k.a. Narcissus) are a welcome harbinger of spring with their beautiful, bright yellow blooms. So many poets have written about their beauty, that they are also known as the "Poet's Flower". Being narcissistic has a negative connotation (having an excessive interest in oneself and one's physical appearance), so how did these joyful flowers get their name?



Narcissus, from Greek mythology, was a hunter who was renowned for his extraordinary beauty. His story tells how he fell in love with his own reflection and became obsessed with it, not realizing its origin. Some versions of the myth tell how he beat his chest in absolute agony thinking he was being kept apart from his beloved, fell into the water and drowned. One version of the myth is that in his place, a flower bloomed, bearing his name Narcissus.

**Did you know...**about our telescope? With the solar eclipse now over, perhaps you've found a renewed interest in the celestial bodies that makeup our universe. With the aid of our borrowable telescope you can enjoy the heavens above with improved clarity.

[www.gilfordlibrary.org](http://www.gilfordlibrary.org)



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