



July 23, 2024

As we near the end of July, it's the perfect opportunity to look towards the future and all the fun that August will bring.

August is officially New Hampshire Eats Local month. You have the chance to share in the experience of celebrating local cuisine and agriculture by engaging with our upcoming programs. In the first couple weeks of the month, we are hosting "NH Eats Local with Trillium", "NH Eats Local with 70 North", and our "Cookbook Club" featuring *New Hampshire Farm to Kitchen* by Helen Brody. The Cookbook Club is followed by "How to Eat Local" with Colleen Stewart from NH Food Alliance, making for a fun, food filled evening. If you're curious about fun ways to get involved beyond just eating local, check out their [website](#).

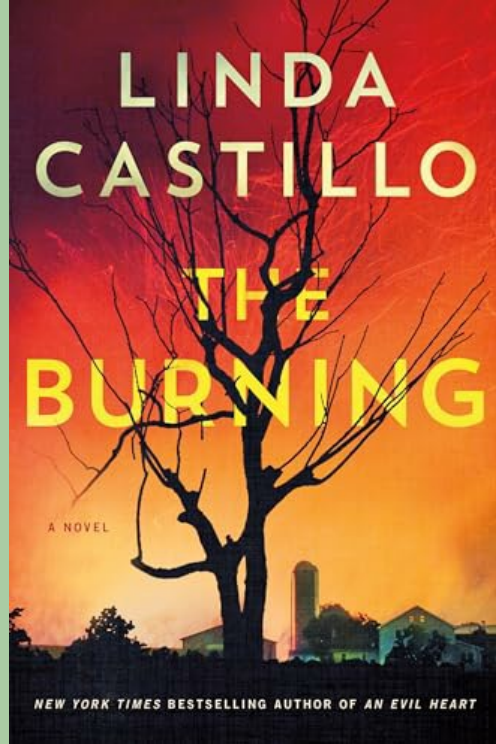
We hope you continue enjoying the library every week this summer!

**On the Librarian's
Nightstand:
The Burning
by Linda Castillo**

**Squam Lakes Science Center
making a splash!**



Big Trees of Northern New England



"Riveting... fans will be eager for the latest well-developed mystery set in Ohio's Amish country."
—*Library Journal*, starred

The Ashes and the Star-Cursed King

by Carissa Broadbent

The Nature Of Disappearing

by Kimi Cunningham Grant

The Last Twelve Miles

By Erika Robuck

Just Some Stupid Love Story

by Katelyn Doyle

Get Me Through The Next Five Minutes

by James O. Parker

Cassandra In Reverse

by Holly Smale

DVD of the Week:



Wooden boat builder, outdoorsman and Big Tree Program measurer, Kevin Martin, will be showing and discussing these trees as described in his new book *Big Trees of Northern New England*.

Tuesday, July 23 @ 5:30 p.m.

Long Lost Elephants of NE



Discover what happened to these ancient elephants and if we might see them return with Harris Center naturalist and woolly mammoth lover Susie Spikol!

Tuesday, July 30 @ 5:30 p.m.

This Week at the

The Lost King



A tale of perseverance and dedication surrounding one woman's efforts to locate the lost burial site of Richard III. Heartwarming, comedic, and inspirational this is a delightful viewing for anyone. Starring Sally Hawkins, Steve Coogan, and Harry Lloyd.

Links of the Week

[Book Riot's New Releases Tuesday: The Best Books Out This Week](#)

[The Most Read Books on Goodreads This Week July 18, 2024](#)

[Joy of Jodi Picoult](#)

[Are We There Yet? Camping with Kids](#)

Children's Corner

Learning can be hard, so why not make it fun? [PBS Kids](#) has a bunch of fun educational games that your little ones can play for free!

Come check out the many

Library

Adults

Senior Sculpt

Today, 9:00 a.m. - 10:00 a.m.
Exercise for 55+. Bring 2 -3 lb. dumbbell, a stretch band and water.

Geri Fit

Today, 10:00 a.m. - 11:00 a.m.
Please bring your own 2-3 pound dumbbell, a stretch band, and water to drink during the workout.

Bridge

Today, 10:00 a.m. - 12:00 p.m.

Intermediate Line Dancing

Today, 4:00 p.m. - 5:00 p.m.
Lower intermediate dance class with Bonnie Deutch.

Big Trees Of Northern New England

Today, 5:30 p.m. - 6:30 p.m.
Author Kevin Martin will show and discuss these trees and how they are used in boatbuilding and by wildlife.

Senior Stretch Yogaaah

Wednesday, 9:00 a.m. - 10:00 a.m.
Lani Voivod will lead us through a series of gentle stretches that can be done from a chair. Sponsored by the Friends of the Library, no cost.

Card Games

Wednesday, 10:00 a.m. - 12 p.m.
Play a few rounds of "Pay Me".

Check Out An Expert

Wednesday, 10:00 a.m. - 12 p.m.
Need basic technology help? Swing by for a 20 minute session with our expert.

Chess Group for Beginners and Up

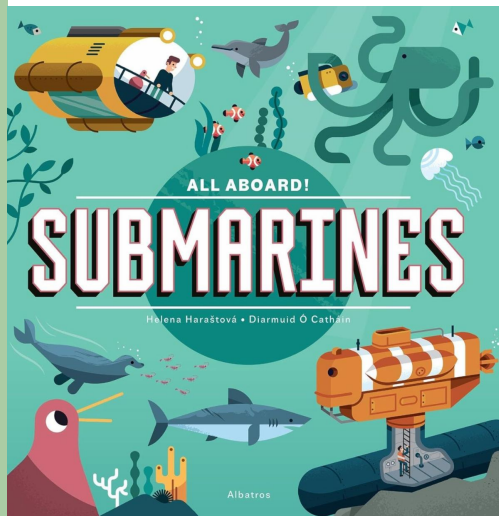
Wednesday, 1:00 p.m. - 3:00 p.m.
Chess for all levels; come learn or play a game with others.

Paint Group

Wednesday, 1:00 p.m. - 3:00 p.m.
Bring your supplies to work on your art with other artists!

new intriguing non-fiction books at the library, including our featured book for the week.

Featured Book: *All Aboard Submarines* by Helena Harastova



Word of the Week

Limpid
adjective

LIM-pid

Perfectly transparent or clear, or that are simple in style.

"The limpid water showed the sun sparkling off the rocks at the bottom of the pool."

GILFORD OLD HOME DAY
QUILT RAFFLE 2024
48" x 48" Wall Hanging



**Please support Gilford Old Home Day by purchasing a raffle ticket for this year's Old Home Day Quilt.

**Tickets are (1) for \$5 or (3) for \$10 and can be purchased at the Gilford Town Hall Parks and Rec Department Office

**Drawing: 8/24/2024 - You do not need to be present to win.

Old Home Day Quilt

Geri Fit

Thursday, 9:00 a.m. - 10:00 a.m.
Please bring your own 2-3 pound dumbbell, a stretch band, and water to drink during the workout.

French Club

Thursday, 4:00 p.m. - 5:00 p.m.
Join the library's ongoing Conversational French Group.

Senior Sculpt

Friday, 9:00 a.m. - 10:00 a.m.
Exercise for 55+. Bring 2 -3 lb. dumbbell, a stretch band and water.

Chair Yoga!

Friday, 10:00 a.m. - 11:00 a.m.
Embark on a wellness journey with Chair Yoga led by Lani Voivod.
\$5 per class or \$20 for 5 classes.

Bridge

Friday, 10:00 a.m. - 12:00 p.m.

Hanging Shelf Craft

Friday, 11:30 a.m. - 12:30 p.m.
Come decorate a wooden shelf for collectibles, plants, photos and more.

Hand and Foot

Friday, 12:30 p.m. - 2:30 p.m.
Come play a few rounds of this fun card game.

Happy Crafters

Friday, 1:30 p.m. - 2:30 p.m.
All crafters welcome!

Advanced German

Friday, 2:30 p.m. - 3:30 p.m.
Join our weekly class for advanced conversational German speakers.

Beginner Line Dancing

Friday, 4:00 p.m. - 5:00 p.m.
Dancing Class with Bonnie Deutch.

Beginner Line Dancing

Saturday, 10:30 p.m. - 11:30 p.m.
Dancing Class with Bonnie Deutch.

Fun And Fitness With Joyce

Monday, 9:00 a.m. - 10:00 a.m.
This class focuses on moving your body and is appropriate for all fitness levels.

Mahjong

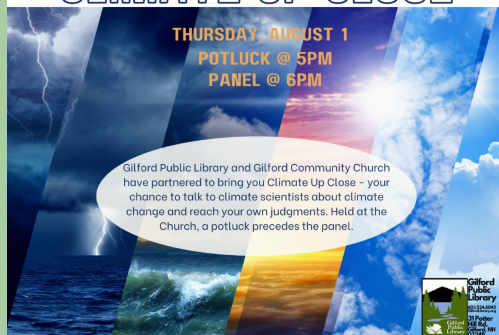
Monday, 12:30 p.m. - 3:00 p.m.
Know how to play? Join these mahjong players every Monday!

Raffle 2024

Support Gilford Old Home Day by purchasing raffle tickets available at the Gilford Town Hall Parks and Rec Department Office. **Drawing takes place on Saturday, August 24.**

Upcoming August Programs

CLIMATE UP CLOSE



THURSDAY, AUGUST 1
POTLUCK @ 5PM
PANEL @ 6PM

Gilford Public Library and Gilford Community Church have partnered to bring you Climate Up Close – your chance to talk to climate scientists about climate change and reach your own judgments. Held at the Church, a potluck precedes the panel.

Climate Up Close

Climate Scientists talk about climate change.

Thursday, August 1 @ 6:00 p.m.

Gilford Public Library Cookbook Club

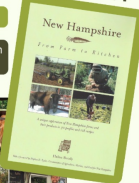
Grab a copy of *New Hampshire: From Farm to Kitchen* at the Front Desk!

Make a dish from the book and bring it to our potluck!

Following the potluck is "How to Eat Local" at 6PM from Colleen Stewart of the NH Food Alliance, so stick around!



AUGUST 8
5:00PM



Cookbook Club

This month's book is *New Hampshire From Farm to Kitchen* by Helen Brody, in celebration of NH Eats Local month. Make a dish to bring to the potluck!

Thursday, August 8 @ 5:00 p.m.

Children

Wildlife Encounters Ecology & Wellness Center

Tuesday, 4:30 p.m. - 5:30 p.m.
Come see a World Tour of animals!

Storytime At The Beach

Wednesday, 12:00 p.m. - 1:00 p.m.
Come to the Gilford beach for storytime and a prize. (Limited to Gilford residents).

Glow-In-The-Dark Craft

Thursday, 3:30 p.m. - 4:30 p.m.
Create a glow-in-the-dark adventuremobile and enter to win a prize!

Adventure Storytime

Friday, 10:30 a.m. - 11:30 a.m.
Join us for an adventure storytime outdoors!

Summer Baby Storytime

Monday, 10:00 a.m. - 10:30 a.m.
An interactive storytime with other families.

T(w)eens

T(w)een Perler Palooza

Today - Friday 10:00 a.m. - 4:00 p.m.
Stop in to learn about fusible plastic and make Pokemon Sprites and other oddities!

T(w)een Tabletop Club

Today 2:00 p.m. - 3:00 p.m.
Come play a variety of tabletop games with Hayden.

USA Men's Soccer Watch Party

Wednesday, 3:00 p.m. - 4:30 p.m.
Come watch this Olympic match between the USA and France.

USA Women's Soccer Watch Party

Thursday, 3:00 p.m. - 4:30 p.m.
Come watch this Olympic match between the USA and Zambia.

T(w)een Olympics Week

Monday - Friday, July 29-August 2, 10:00 a.m. - 4:00 p.m.
Try your hand at some Olympic

How to Eat Local



Colleen Stewart from the NH Food Alliance explains how eating locally stimulates our state's economy and contributes to building climate resiliency and social equity in our communities.



How to Eat Local
With Colleen Stewart of the
NH Food Alliance
Thursday, August 8 @
6:00 p.m.

Sports - library style!

Nature Corner: Counting Down to Loonlets

by Wendy Oellers-Fulmer

We've been following a pair of nesting loons and were delighted to witness an early morning "changing" of the guard, when the sitting loon was relieved by its mate. Awkward on land, the sitting loon lumbered off the nest and was replaced by the other.

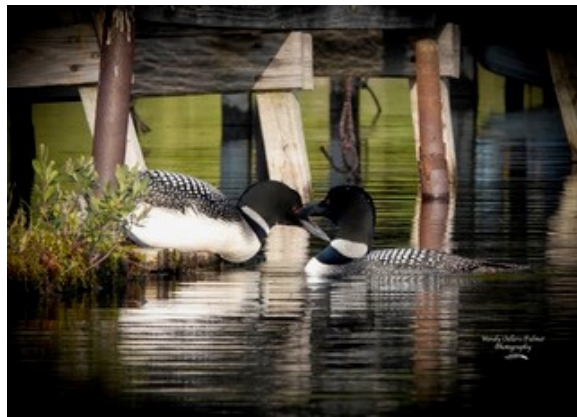
We also witnessed the "turning of the eggs" and discovered that loons typically will turn the eggs at the beginning of a nest-sitting shift. (The parents turn the eggs so that the heat of the parent is distributed evenly which keeps the inside membrane from sticking to the shell.)

Loons typically lay a clutch of 1-2 eggs with one brood a season. The incubation period ranges from 26-29 days. When the chicks hatch, while they will stick close to the nest for a day or two, they are able to swim and ride on their parents' back with hours of hatching. Once hatched, both parents participate in the caring of their young.

Looking forward to observing how this little loon family evolves.

To learn more about this beautiful bird:

[Common Loon - Life History](#)



have partnered to bring you "Climate Up Close" - your chance to talk to climate scientists about climate change and reach your own judgments. Held at the Church, a potluck precedes the panel at 5pm on August 1st.

www.gilfordlibrary.org



Gilford Public Library | 31 Potter Hill Rd. | Gilford, NH 03249 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!