

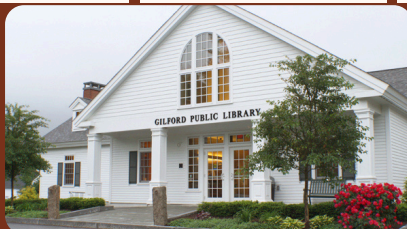
Adult Calendar

November 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
					<div>1</div> <div>Senior Sculpt 9AM #Chair Yoga 10AM Bridge 10AM Hand & Foot 12:30PM Happy Crafters 1:30PM German 2:30PM Beginner Line Dance 4PM</div>	<div>2</div> <div>Beginner Line Dancing 10:30AM</div>	
<div>3</div> <div></div>	<div>4</div> <div>Fun Fitness With Joyce 9AM Mahjong 12:30PM Mystery Book Group 5PM Effective Response to Dementia 5PM</div>	<div>5</div> <div>Election Day No Library Programs</div>	<div>6</div> <div>Senior Stretch Yoga 9AM Card Games 10AM Check Out an Expert 10AM Paint Group 1PM Talk About Grief 1PM Ease the Pain in the Classroom 4:30PM</div>	<div>7</div> <div>Geri Fit 9AM French 4PM Granite State Bigfoot 5:30PM</div>	<div>8</div> <div>Senior Sculpt 9AM #Chair Yoga 10AM Bridge 10AM Hand & Foot 12:30PM Happy Crafters 1:30PM German 2:30PM Beginner Line Dance 4PM</div>	<div>9</div> <div>Beginner Line Dancing 10:30AM</div>	
	<div>10</div> <div>CLOSED for Veterans Day</div>	<div>11</div> <div>CLOSED for Veterans Day</div>	<div>12</div> <div>Senior Sculpt 9AM Bridge 10AM Geri Fit 10AM Intermediate Line Dancing 4PM</div>	<div>13</div> <div>Senior Stretch Yoga 9AM Card Games 10AM Check Out an Expert 10AM Wine Cork Turkey Adult Craft 1PM Paint Group 1PM Apothecary 5PM</div>	<div>14</div> <div>Geri Fit 9AM French 4PM Canoe to the Polar Sea 5:30PM</div>	<div>15</div> <div>Senior Sculpt 9AM #Chair Yoga 10AM Bridge 10AM Hand & Foot 12:30PM Happy Crafters 1:30PM German 2:30PM Beginner Line Dance 4PM</div>	<div>16</div> <div>Beginner Line Dancing 10:30AM</div>
	<div>17</div> <div>Fun Fitness With Joyce 9AM Mahjong 12:30PM</div>	<div>18</div> <div>Fun Fitness With Joyce 9AM Mahjong 12:30PM</div>	<div>19</div> <div>Senior Sculpt 9AM Bridge 10AM Geri Fit 10AM Thrive As We Age 11AM Intermediate Line Dancing 2:30PM Friends of the Library 4PM</div>	<div>20</div> <div>Senior Stretch Yoga 9AM Card Games 10AM Check Out an Expert 10AM Paint Group 1PM</div>	<div>21</div> <div>Geri Fit 9AM French 4PM Protect Your Identity 5:30PM Book Discussion 5:30PM</div>	<div>22</div> <div>Senior Sculpt 9AM #Chair Yoga 10AM Bridge 10AM Hand & Foot 12:30PM Happy Crafters 1:30PM German 2:30PM Beginner Line Dance 4PM</div>	<div>23</div> <div>Beginner Line Dancing 10:30AM</div>
<div>24</div> <div>Fun Fitness With Joyce 9AM Mahjong 12:30PM</div>	<div>25</div> <div>Fun Fitness With Joyce 9AM Mahjong 12:30PM</div>	<div>26</div> <div>Senior Sculpt 9AM Bridge 10AM Intermediate Line Dancing 4PM</div>	<div>27</div> <div>Senior Stretch Yoga 9AM Card Games 10AM Check Out an Expert 10AM Paint Group 1PM Closing @ 5PM</div>	<div>28</div> <div>Closed for Thanksgiving</div>	<div>29</div> <div>Happy Thanksgiving</div>	<div>30</div> <div>Open Regular Hours</div>	
<div># Sponsored by the Friends</div>							

Sponsored by the Friends

Gilford Public Library
31 Potter Hill Road
Gilford, NH 03249
524-6042
www.gilfordlibrary.org



Gilford Public Library
603.524.6042
GilfordLibrary.org
31 Potter Hill Rd.
Gilford, NH 03249

Version 10/04/24



Programs



EFFECTIVELY RESPONDING TO DEMENTIA - NOVEMBER 4 @ 5:30PM

The Alzheimer's Association details common behavior changes that occur as a result of dementia, non-medical approaches to behaviors, and how to recognize when help is needed.

MYSTERY BOOK GROUP - NOVEMBER 4 @ 5PM

Betty Tidd will lead the discussion of *The Widow* by Fiona Barton. Copies available at the front desk.



TALK ABOUT GRIEF - NOVEMBER 6 @ 1PM

Holidays are hard for people that are grieving but please know you are not alone. Join Brenda Wentworth, MA Bereavement Provider in a support group.

EASE THE PAIN IN THE CLASSROOM - NOVEMBER 6 @ 4:30PM

Listen to Dr. Bethany Bilodeau, Sensory Expert & Behaviorist, discuss her first book, *Ease the Pain in the Classroom* being published & released for January 2025. Understand the realization of what disruptive students need in order to feel safe & regulated; so they are able to learn & pass information to their long-term memory.

GRANITE STATE BIGFOOT - NOVEMBER 7 @ 5:30PM

N.H. Filmmaker, Adventurer and Crypto-zoology Researcher, Aleksandar Petakov will present his findings & investigations of strange encounters/sightings of Sasquatch-like creatures.

VETERANS' DAY CLOSING - NOVEMBER 11

The library will be closed on Monday, November 11 for Veterans' Day.

WINE CORK TURKEY ADULT CRAFT - NOVEMBER 13 @ 1PM

Dress up your holiday decor! Sign up required. Only 12 spots. All materials are provided.

CHILLINGSWORTH'S AN ELIZABETHAN APOTHECARY - NOVEMBER 13 @ 5PM

Visit with the apothecary's wife and see what she is mixing up from the bizarre ingredients common in medicines of the early 1600s.

CANOE TO THE POLAR SEA - NOVEMBER 14 @ 5:30PM

Cross the Arctic Circle on a thousand mile canoe adventure with Gilford guide Ned Therrien, following the Mackenzie River across the Northwest Territories of Canada to the polar sea.

THRIVE AS WE AGE - NOVEMBER 19 @ 11AM

In this workshop, we will learn ways to stay active and involved as we age by exploring the seven dimensions of wellness with GVNA Community Health Educator, Brooke Noonan.

BOOK DISCUSSION: DEMON COPPERHEAD - NOVEMBER 21 @ 5:30PM

This month's book is *Demon Copperhead* by Barbara Kingsolver. Led by Rhetta; books are available at the front desk.



YOUR IDENTITY: STAY CONNECTED/PROTECTED - NOVEMBER 21 @ 5:30PM

Millions of consumers are victims of identity theft and fraud every year. In a few simple steps, NH Department of Justice will present how to protect yourself.

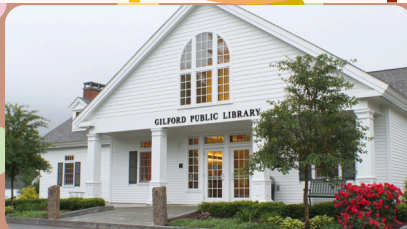
THANKSGIVING CLOSING - NOVEMBER 28-29

The library will be closed on Thursday and Friday, November 28-29 for Thanksgiving.



NOVEMBER 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
3	4 Baby Storytime 10AM	5 Election Day No Library Programs	6 T(w)een Boredom Busters 3PM Science Seekers 3:30PM	7 Sensory Sensations 10:30AM T(w)een Home School Club 12PM	8 Preschool Storytime 10:30AM	9 
10 	11 Closed for Veteran's Day	12 Preschool Storytime 10:30AM	13 T(w)een Boredom Busters 3PM Science Seekers 3:30PM	14 Sensory Sensations 10:30AM T(w)een Home School Club 12PM	15 Preschool Storytime 10:30AM	16 Drop-in Craft 10:30AM
17 	18 Baby Storytime 10AM	19 Preschool Storytime 10:30AM	20 T(w)een Early Release 1PM Elementary Early Release 1:30PM	21 Sensory Sensations 10:30AM T(w)een Home School Club 12PM	22 Preschool Storytime 10:30AM 	23
24 	25 Baby Storytime 10AM	26 Preschool Storytime 10:30AM	27 Closing at 5PM 	28 Closed for Thanksgiving 	29	30 Open Regular Hours





PROGRAMS



BABY STORYTIME

Enjoy songs, rhymes, and movement with other families.

PRESCHOOL STORYTIME - TUESDAYS

Join in on the fantastic stories and crafts.

SCIENCE SEEKERS: FUN WITH FOAM & FIZZ

Ready to get messy with science? Learn and enjoy hands-on experiments with foam & fizz.

SENSORY SENSATIONS - THURSDAYS

Explore the wonders of our five senses in this interactive playful program!

PRESCHOOL STORYTIME - FRIDAYS

Join us for a seasonal storytime fill with festive crafts.

ELEMENTARY EARLY RELEASE: TURKEY POPS

Come create a cute turkey using a lollipop.

DROP-IN CRAFT: PUMPKIN CENTERPIECES

Give thanks by making a beautiful centerpiece for Thanksgiving.

T(W)EEN EARLY RELEASE

Make a funny turkey hat, wear a fake mustache and SMILE!
Photos available from 1:00-2:00PM.

T(W)EEN HOME SCHOOL CLUB

Are you a home school kid between 11 and 18 years old? Are you bored at home and want to hang out with other home school kids? Come for activities, games, & food.

T(W)EEN BOREDOM BUSTERS

Bored on Wednesdays around 3PM? Hayden has some ideas! Come join this student-led activity group.

VETERANS' DAY CLOSING - NOVEMBER 11

The library will be closed on Monday, November 11 for Veterans' Day.

THANKSGIVING CLOSING - NOVEMBER 28-29

The library will be closed on Thursday and Friday, November 28-29 for Thanksgiving.

