

## LOCAL RESOURCES

### Navigating Recovery

Recovery Community Center, with workshops, classes, and recovery support.

635 Main Street, Suite 303

Laconia, NH 03246

(603) 524-5939

[www.navigatingrecovery.org](http://www.navigatingrecovery.org)

### LRGH Recovery Services

Hospital-run recovery and treatment clinic.

Lakes Region General Hospital

80 Highland St. Laconia, NH 03246

603.524.3211

<http://www.lrgh.org/programs-services/occupational-health-services/lrghealthcare-recovery-clinic>

### Belknap County Restorative Justice

Aims to reduce recidivism through different programs, with treatment, counseling, and community reparation.

Belknap County Restorative Justice/Court Diversion

34 County Drive, Laconia, NH 03246

(603) 527-5493

[http://www.belknapcounty.org/pages/belknapcounty\\_justice/index](http://www.belknapcounty.org/pages/belknapcounty_justice/index)

### Riverbank House (Men Only)

Local 28-day and long-term recovery and addiction center. Not an institutional drug rehab facility.

96 Church Street, Laconia, NH 03246

Phone: (603) 505-7912

<https://riverbankhouse.net/>

### Horizons Counseling

Confidential and affordable outpatient treatment and referrals for individuals and families dealing with substance abuse.

Village West Building 7, 25 Country Club Rd.

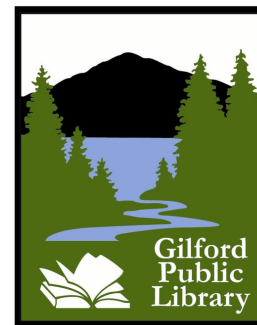
Suite 705, Gilford, NH 03249

Phone (603) 524-8005

<http://horizonsnh.org/>

## HEALTH RESOURCES

### ALCOHOL ADDICTION



Gilford Public Library

31 Potter Hill Road

Gilford, NH 03249

603-524-6042

[www.gilfordlibrary.org](http://www.gilfordlibrary.org)

We can help you find any resources you need at the circulation desk. If you don't feel comfortable asking for help with this topic, you can always find more information online at [gilfordlibrary.org](http://gilfordlibrary.org)

# LIBRARY MATERIALS

AVAILABLE FOR CHECKOUT

## NONFICTION

TITLE	LOCATION
Bill W. Story of Bill Wilson, one of the founders of Alcoholics Anonymous (AA) & 12 Steps.	B Med Wil
Alcoholics Anonymous Written by Bill Wilson, one of the founders of AA.	362.2 Alc
Adult Children of Alcoholics Janet Woititz talks about how parents with alcohol addiction can affect children over their lives.	362.2 Woi
The Recovering Author Lesilie Jamison looks at the stories we tell about addiction and recovery.	362.2 Jam
Safe Road Home Karen Goodman shares tragic stories and reasons why teens shouldn't drink and drive.	363.12 Goo
Double Double Author Martha Grimes & her son Ken Grimes look at their lives in alcohol addiction.	B Wri & Nov Gri

## DVDs

Alcohol:True Stories DVD 4 young pople share how alcohol has affected their lives.	362.29 Alc
Bill W. Documentary film o the life of co-founder of AA, Bill Wilson.	DVD B Bil
The Glass Castle Chronicles the life of Jeanette Walls and her eccentric, dysfunctional family.	DVD Gla; B Per Mem Wal
The Lost Weekend Uncompromising look at the devastating effects of alcoholism.	DVD Los

## FICTION

TITLE	LOCATION
The Flight Attendant A mystery by Chris Bohjahljian of a woman who wakes up hungover in a bed with a dead man.	F Boh
Any Day Now Love story by Robyn Carr with a recovering alcoholic.	F Car
Under the Influence Alcohol addiction cost a photographer her marriage and her son, deals with her life after; by Joyce Maynard	F May
Louis Undercover A graphic novel focusing on a young boy with an alcoholic father and a worried mother. By Fanny Britt.	J GN Bri
Last Night I Sang to the Monster 18 year old Zach can't remember how he ended up in alcohol addiction treatment, by Benjamin Alire Saenz	Y Sae

## ONLINE RESOURCES

NH Assembly of  
Alcoholics Anonymous  
Statewide resource for local Alcoholics Anonymous meetings, and other helpful information.  
[nhaa.net](http://nhaa.net)

National Council on Alcoholism  
& Drug Dependence  
Resource for individuals with alcohol addiction and families of those with addictions.  
<https://www.ncadd.org>

Substance Abuse and Mental  
Health Services Administration  
Government service. Information and resources on local and state resources, as well as 24/7 helpline  
<https://www.samhsa.gov>