

LOCAL RESOURCES

Navigating Recovery

Recovery Community Center, with workshops, classes, and recovery support.

635 Main Street, Suite 303

Laconia, NH 03246

(603) 524-5939

www.navigatingrecovery.org

LRGH Recovery Services

Hospital-run recovery and treatment clinic.

Lakes Region General Hospital

80 Highland St. Laconia, NH 03246

603.524.3211

<http://www.lrg.org/programs-services/occupational-health-services/lrghealthcare-recovery-clinic>

Belknap County Restorative Justice

Aims to reduce recidivism through different programs, with treatment, counseling, and community reparation.

Belknap County Restorative Justice/Court Diversion

34 County Drive, Laconia, NH 03246

(603) 527-5493

http://www.belknapcounty.org/pages/belknapcounty_justice/index

Riverbank House (Men Only)

Local 28-day and long-term recovery and addiction center. Not an institutional drug rehab facility.

96 Church Street, Laconia, NH 03246

Phone: (603) 505-7912

<https://riverbankhouse.net/>

Horizons Counseling

Confidential and affordable outpatient treatment and referrals for individuals and families dealing with substance abuse.

Village West Building 7, 25 Country Club Rd.

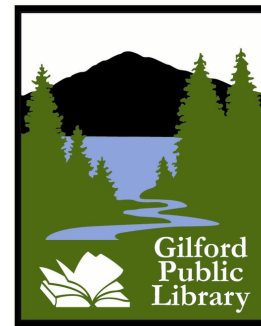
Suite 705, Gilford, NH 03249

Phone (603) 524-8005

<http://horizonsnh.org/>

HEALTH RESOURCES

DRUG ADDICTION



Gilford Public Library

31 Potter Hill Road

Gilford, NH 03249

603-524-6042

www.gilfordlibrary.org

We can help you find any resources you need at the circulation desk. If you don't feel comfortable asking for help with this topic, you can always find more information online at gilfordlibrary.org

LIBRARY MATERIALS AVAILABLE FOR CHECKOUT

TITLE LOCATION

DVDs

- Chasing Heroin** DVD 362.29
Frontline documentary looking at America's heroin crisis, with focus on individual addicts.
- The House I Live In** DVD 362.29 Hou
War on Drugs and its effects on the U.S and its citizens.

NONFICTION RESOURCES

- Gratitude & Trust** 158.1 Wil
Author Paul Williams examines principles of recovery theory.
- No More Letting Go** 204 Jay
Author Debra Jay details spirituality and drug/substance abuse.
- Be The One** Y 362.7 Pit
Teen resource sharing stories of 6 young people dealing with addiction, abuse, & more.
- Dreamland** 362.29 Qui
Sam Quinones chronicles the evolution from sugar cane farmers to black tar heroin kingpins.
- Unbroken Brain** 362.29 Sza
Examines addiction as a learning disorder, and how that changes treatments.
- Chasing the Scream** 363.45 Har
What is the War on Drugs, and why does it continue? These questions and more are reported on by reporter Johann Hari.
- Memoirs of an Addicted Brain**
B Medical Lew
Marc Lewis, a neuroscientist, reflects on his life as a drug addict.
- Everything is Horrible & Wonderful**
B Personal Mem Wac
Stephanie Wittels Wachs writes of her brother, a famous comedian and his relationship with comedy and heroin.

TITLE

LOCATION

FICTION RESOURCES

- Go Ask Alice** Cla Ano
Classic novel of a 15-year old drug user.
- All the Ugly & Wonderful Things** PB Gre
Domestic fiction that looks at the difficult life of the child of drug addicts by Brynn Greenwood.
- Infinite Jest** F Wal
Spoof of the U.S. culture, featuring a rehab clinic by David Foster Wallace.
- Sing, Unburied, Sing** F War
Portrait of a family in Southern America, & a tale of hope and struggle. By Jessamyn Ward.
- Solo** Y Ale
Young Adult novel focusing on the child of a drug addicted rock star. By Kwame Alexander
- Beneath a Meth Moon** Y Woo
A young girl turns to crystal meth to deal with the loss of her mother. By Jacqueline Woodson.

ONLINE RESOURCES

- Granite State Narcotics Anonymous**
Statewide resource for local Narcotics Anonymous meetings, and other helpful information.
gsana.org
- National Institute on Drug Abuse**
Government resource for individuals with drug addiction and families of those with addictions.
www.drugabuse.gov/patients-families
- Substance Abuse and Mental Health Services Administration**
Government service. Information and resources on local and state resources, as well as 24/7 helpline
<https://www.samhsa.gov>