



### LIBRARY CARD SIGN UP MONTH - SEPTEMBER 1-30

Don't have a library card or know someone who needs one? Come by the library during the month of September! You will receive a library card and access to our myriad books, audiobooks, dvds and more, AND a small token of appreciation from the library.

TALK ABOUT GRIEF - SEPTEMBER 4 @ 1PM

Join us in an open conversation about grief with counselor Brenda Wentworth.

# OSPREYS IN NH LAKES REGION - SEPTEMBER 5 @ 5:30PM

Listen to Iain MacLeod for a detailed overview of his 25+ years of monitoring nesting Ospreys in the

NH Lakes Region.



### Mystery Book Group - September 9 @ 5PM

Join us for this month's mystery book group! Betty Tidd will lead the discussion of A Taste for Death by P.D. James. Books are available at the front desk.

#### WRITING WIZARDS - SEPTEMBER 9 @ 4:30PM

Calling all writers to join us in reading and sharing our work with other wonderful writers!

### 6 PILLARS OF BRAIN HEALTH - SEPTEMBER 10 @ 5:30PM

Join AARP's free interactive workshop to learn about the six pillars of brain health.

### NATURE IN FOCUS BY BOB FLECK - SEPTEMBER 12 @ 5:30PM

Curated from photographs by Bob Fleck over the past decade, the overarching theme is "finding the marvelous" available to us to witness in the natural world and bringing it into focus.

### EFFECTIVELY RESPONDING TO DEMENTIA - SEPTEMBER 16 @ 5:30PM

The Alzheimer's Association details common behavior changes that occur as a result of dementia, non-medical approaches to behaviors, and how to recognize when help is needed.

### UNDERSTANDING BOBCATS IN NH - SEPTEMBER 17 @ 5:30PM

Learn about the history of the elusive cat, its habitat needs, and the status of the population from NH Fish & Game.



# Book Discussion: The Vaster Wilds - September 19 @ 5:30PM

This month's book is *The Vaster Wilds* by Lauren Groff. Led by Rhetta; books are available at the front desk.

### RED SOX NATION - SEPTEMBER 19 @ 5:30PM

Take a fun and enlightening journey through Boston Red Sox history with Martin Gitlin, the author of *The Ultimate Boston Red Sox Time Machine*.

### SOLAR LIGHT CRAFT - SEPTEMBER 23 @ 11AM

Light up your home or outdoor space with this AMAZING Fall Solar Light. Sign-up required.

### WHAT IS REIKI? - SEPTEMBER 23 @ 4:30PM

Join Reiki Master Teacher Carol Wallace and Yoga Teacher & Reiki Master Lani Voivod for an enlightening workshop about the transformative power of Reiki.

## GROWING A POLLINATOR GARDEN - SEPTEMBER 24 @ 5:30PM

Support our pollinators by learning what native plants to put in your garden. Presented by UNH Extension.



# PROGRAMS

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### **PRESCHOOL STORYTIME - TUESDAYS**

Listen to fun stories and make dazzling crafts with Miss Erika!

# SCIENCE SEEKERS: TERRIFIC TOYS

Create your own homemade toys!

# PLAYDOUGH PLAYTIME

Use playdough to practice shapes, numbers, letters and more!

### **PRESCHOOL STORYTIME - FRIDAYS**

Connect with families in an interactive silly storytime with Miss Erika!

## **BABY STORYTIME**

Meet new friends with your baby in this interactive storytime filled with songs, nursery rhymes, and movement. \*ages birth to 3 years old.

# **ELEMENTARY EARLY RELEASE: NUTTY SQUIRRELS**

Make an acorn squirrel with other outdoor supplies!

# DROP-IN CRAFT: AUTUMN HANDPRINT TREE

Create a unique tree painting using your hands!

## T(W)EEN EARLY RELEASE: WELCOME BACK GRAND RE-OPENING

The Teen Room got a revamp this past Summer! Come check it out and have a little party with Hayden and welcome back the new school year!

# T(W)EEN AFTER SCHOOL CLUB

Tell Hayden what fun games, crafts, activities you would like to do.

# SELF DEFENSE FOR TEEN GIRLS

Tayler Mears from Lakes Region Vale Tudo will equip teenage girls with the skills to recognize, diffuse, or otherwise get themselves out of potentially dangerous situations in this hands-on program. Cost for this program is \$10/person. Sign-up required.