

Monthly E-Newsletter March 2017 Volume 23, Issue 3

Cabin Fever Reliever

Kennebunk Free Library invites you to make a break from the winter blues at its annual **Cabin Fever Reliever** fundraiser, taking place **Saturday, March 4 from 6:00 to 8:30 p.m.** The Cabin Fever Reliever transforms the library into a midwinter oasis, complete with fine food from Kennebunk's own **Kitchen Chicks Catering**, live music from the **Kennebunk River Trio**, a **silent auction fundraiser**, and "**Pop-Up Relievers**," short workshops sure to educate, entertain, and do away with the winter doldrums.

Food and fun are on the agenda for this year's event. The evening's menu includes pulled pork sliders, meat and vegetarian chilies, classic mac and cheese, miniquesadillas, vegetable and cheese platters, guacamole and chips, and assorted desserts and coffee. The Kitchen Chicks will design a signature cocktail for the evening, and beer and wine will also be available for purchase. A s'mores station at the fireplace will give revelers a chance to get toasty warm and satisfy their sweet tooth.



Meanwhile, the "Pop-Up Reliever" sessions will give guests another opportunity to shake off the winter blues. Learn how to make **accordion journals** and **t-shirt necklaces** and test your puzzle-solving skills with a **mini escape room**. These events are free for all attendees. The silent auction provides the necessary supplies for getting through the last leg of winter. This year's items include wines from M.A.N. Family Wines, original artwork, an antique card catalogue, and other high-end items. Again this year each silent auction item will offer a "Frenzy Bid" - attendees who bid on the "frenzy line" for each item for entry into special raffle for other prizes.

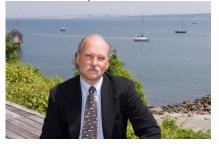
Tickets for the Cabin Fever Reliever are \$40 per person and are on sale now at the Kennebunk Free Library. Tickets must be purchased in advance. Will-call tickets are also available. The Cabin Fever Reliever is for adults 21+. To purchase tickets, or to get more information about the Cabin Fever Reliever, call the library at 207-985-2173.



Global Migration and Refugees

Dr. Barry Costa Pierce, Chair of the Department of Marine Sciences and Director of the Marine Science Center at the University of New England, will present on **March 1 (snow date: 3/6) at 6:00 PM**. His presentation is on UNE Marine Sciences Developing New Trans-Atlantic Ocean Foods Entrepreneurship through International Scientific and Educational Cooperation.

The Camden Conference is a non-profit, non-partisan organization whose mission is to foster informed discourse on world issues. This year's conference, *Refugees and Global Migration: Humanity's Crisis*, was held February 17-19, 2017. For more information about the Camden Conference, visit <u>www.camdenconference.org</u>, email info@camdenconference.org, or call 207-236-1034.





March 20: 20th Edition Road Race Kick-Off Event

Celebrate our 20th Anniversary! Stay tuned for more details.

Register Now

Be one of the first 250 registrants and get a complimentary 20th Edition t-shirt!

Islam and America in a Turbulent World

Acclaimed author and University of New England professor Anouar Majid will shed light on the unexamined meaning of Islam in today's world and discuss how the United States should understand and deal with a powerful religion very few people truly understand during a presentation on **March 8 at 6 p.m.**



In this timely lecture, Majid, a native of Tangier, Morocco, and managing director of UNE's operations in Morocco, will

discuss the relationship between Islam and the West, Islam's place in the modern world, and how both Americans and Muslims can better understand each other. Majid has spoken frequently about the commonalities between Islam and the West, including an over-emphasis on orthodox beliefs and the importance of fostering conversations and embracing dissent.

Majid is the vice president for global affairs and communications at UNE and the founding director of the Center for Global Humanities and the Tangier Global Forum. The founding chair of UNE's Department of English, which he headed from 2000 to 2009, Majid conceived and established UNE's campus in Tangier.

An acclaimed author, he has published widely on the relationship between Islam and the West. He is the author of "Islam and America: Building a Future Without Prejudice;" "We Are All Moors: Ending Centuries of Crusades Against Muslims and Other Minorities;" and "A Call for Heresy: Why Dissent is Vital to Islam and America," among other works of nonfiction. Majid is also the author of the novel "Si Yussef," and his writing has also been published in Cultural Critique, Signs, The

Chronicle of Higher Education, the Washington Post, and other publications. Majid is also the editor of Tingis (tingismagazine.com), a free online magazine dedicated to a new reading of Islam and its traditions.

Children's Programming

Minecraft Beadcraft

Perler Beads - tiny plastic beads that can melt - were first introduced as a craft in Sweden in the 1950's and we still love them! Students entering Grades 1 and up are invited to join us for an afternoon of beading fun on **Wednesday**, **March 1 at 1 PM**. (It's an Early Release Wednesday.) All craft materials will be provided. <u>Registration is required.</u>

Parenting Class

Stevie Westmoreland, LMFT, LCPC leads her Parenting Class on Friday, March 3 at 10:00 AM.

The class offers an opportunity for parents, grandparents and caregivers to gather to share the joys and challenges of parenthood. Skills developed will focus on identifying and understanding a child's four basic feelings, calming ourselves down and the positive effect of mirror neurons with your child.

Stevie has been in private practice as a Licensed Marriage and Family Therapist and Licensed Clinical Professional Counselor for 30 years. She also brings her own experience as a parent and grandparent to the discussion.

Tail Waggin' Tutor

Jack, a Tail Waggin' Tutor will be at the Library on **Saturday**, **March 4 from 10:00 - 11:00 AM** to listen to children read. Children of all ages and abilities are encouraged to sit with Jack, and experience the pleasure of reading to such a nonjudgmental listener. Children often relax in a manner they might not when reading to an adult or sibling. Practice gained by reading to a dog has been shown to help students increase reading fluency.



Jack is a certified therapy dog, and will be accompanied by his favorite humans, Ursula and Kate Roese. He also volunteers at the Kennebunk Nursing and Rehabilitation Center.

Imagination Station - MAGNETS!

Welcome to Imagination Station - where you can let you imagination run wild! This is an exciting new program series at the Kennebunk Free Library for all ages.

March's Imagination Station session: MAGNETS! will happen on **Thursday, March 9, 4:00 to 4:45PM.** Stay the whole time or drop in when you can.

Everyone - age 3 to 103 - is encouraged to join us for a series of programs showcasing science, technology, engineering, arts and math (STEAM) - in ways that are fun and accessible for everyone. Make a magnet maze.

Find out how stuff works, why things happen, and what makes our world the way it is.

Imagination Station will run 4:00-4:45 on the second Thursday of the month. Come for the whole hour or drop in when you can.



March 1st : Beach Ball Party: This is a party you won't want to miss! You'll use our star-studded beach ball to play volleyball, then go gaga chucking the ball against targets to score points.

March 15th: Funky Fractals: Get funky with patterns and mazes! Create crazy patterns with wax sticks, and connect them to make a giant version. Then design your own waxy maze to stump your friends.

March 29th : Walk on the Wild Side: How do ladybugs, crabs and lizards run so fast with all those extra legs? They use math! We'll run, walk and gallop like animals to learn some fancy footwork.

<u>Pre-registration</u> is required, and participants are expected to attend each 'Crazy 8s Club' session. The Club meets on alternating Wednesdays at 4PM through April 26. Registration is limited to 14 children. These sessions are designed for children in Grades K-5.

Legos Club

Legos Club is for children K and up. The next meeting will be on **Wednesday**, **March 22nd at 4:00 PM**. All Legos blocks will be supplied; please leave yours at home. <u>Registration is required</u>.

Storytimes



Mondays @ 10:15 AM: Peek-a-Book Babies (birth to age 2) Tuesdays @ 10:15 AM: Family Storytime (all ages) Thursdays @ 10:15 AM: Time for 2s & 3s (toddlers)

Age-appropriate toys are brought out at the end of Peek-a-Book Babies. Families are invited to spend some time interacting with other parents while engaging their children with the toys.

Check out KFL's Blog

Brick Store Museum Resource Review

Join the Kennebunk Free Library's Genealogy Group on **Saturday, March 4 at 10 AM** to hear Brick Store Museum staff members Cynthia Walker and Leanne Hayden discuss resources available for genealogists in the Museum's Archives, including diaries, ship logs, and photographs, and everything else in between. They will also present recently digitized photographs through a grant from the Institute of Museum and Library Services.

Cynthia Walker first joined the Museum in 2010 as Museum Specialist, prior to becoming Executive Director in 2014. She has a B.S. in History and Middle East Studies from Northeastern University, and an M.A. in History Museum Studies from Cooperstown Graduate Program. Leanne Hayden joined the Museum in 2014 as the Collections Manager, with ten years of previous collections management experience at the Berkshire Museum in Massachusetts. Hayden has a B.A. in Anthropology from UNH, and an M.A. in Prehistoric Archaeology from the University of Durham in England.

The Genealogy Group is free, open to the public and meets nine times a year. We welcome all new guests. Be sure to also join us on April 1 when Clay Feeter will present Beyond Your Wildest Imagination! Making the Drama of Your Ancestors' Civil War Years Jump Off the Pages.



Healthy Recipes and Original Music

Author Marilynn Carter pairs simple, healthy recipes with original music composed by her husband, well-known jazz guitarist Steve Carter, in her first book, "No Fret Cooking." For Carter, food is one the many paths to health, and because of that, cooking should be as creative and stress-free as possible. She'll share recipes, cooking tips, and information on healthy eating on Tuesday, **March 7 at 6 p.m**. Steve will join her to perform musical selections from the CDs included with the book.

A holistic health practitioner and lifelong cook, Marilynn Carter began writing "No Fret Cooking" in order to share simple, healthy recipes for



everyone. The recipes are designed with room for cooks at home to use their own creativity and personality to craft delicious meals that use nutritious, local ingredients.

In a unique twist, Steve Carter composed, arranged, and performed 22 songs on two CDs that are included with "No Fret Cooking." "Music to Cook By" and "Music to Dine By" are designed to accompany Marilynn's recipes and include songs like "Hold the Bacon," "The Great Asparagus Caper," "Blueberry Blues," and "Chakra Juice." The food and music in "No Fret Cooking" are paired to make a culinary adventure that nurtures, tantalizes, and stimulates the mind, body, and spirit.

The presentation includes a slide show featuring recipes and cooking tips, as well as information about how to eat and cook based on the growing season. Guests are encouraged to bring questions about food and cooking for the Q&A following the presentation. Marilynn will also provide samples of foods prepared using recipes from the cookbook, while Steve will perform songs from the book. Signed copies of "No Fret Cooking" will be available for purchase.

For sample recipes, visit <u>nofretcooking.com/wordpress</u>. More information about Marilynn and Steve Carter's other books is available at <u>maatpublishing.net</u>.

Worthy Wednesdays at David's KPT

Dine at <u>David's KPT</u> on Wednesday, March 29 and they will donate 10% of their evening's revenue to KFL.



Chair Chi

The next Chair Chi session will be held in Hank's Room on **Wednesday, March 29 at 2:30**. Chair Chi is a gentle exercise program that was developed to help people enjoy the benefits of Tai Chi while seated. Instructor Amber Wilson,



Engage Life Director of Atria Kennebunk, will be using principles from her training to ease the mind, body and heart and enhance well being and community connection. Though geared toward seniors and adults this is a program open to all ages. Even though this program is free please contact the library to <u>pre-register</u>.

The Download Library

On March 1, 2017, the Maine InfoNet Download Library will be moving to a brand new e-book and e-Audiobook platform called cloudLibrary. This will replace the Overdrive platform being used now.



Our current system, managed by Overdrive, will be turned off on February 28, 2017 and the cloudLibrary will be launched the very next day, March 1, 2017.

To find out more about this switch please visit check out this <u>Q&A</u>.

Visit here to get the new app.

Lots of more information to come. Please contact your Librarian with questions.



Learn more and how you can support.

Tax Help

It's income tax season again! This year, AARP Tax Help will be offered every Thursday from 9:30-12:00 through April 13. No registration is necessary. Appointments are first come, first served. Library doors will open at 9:30 sharp, with a sign-up sheet inside the library.

Make sure to bring all relevant documents, including a copy of last year's income tax return; W-2 Forms from each employer; unemployment compensation statement; SSA-1099 form if you were paid Social Security benefits; all 1099 forms showing interest and/or dividends and documents showing original purchase price of sold assets; 1099-MISC showing any miscellaneous income; 1099-R form if you received a pension or



annuity; all forms indicating federal income tax paid; dependent care provider information; all receipts or canceled checks if itemizing deductions; social security cards or other official documentation for yourself and all dependents; photo ID; check with printed bank information (if direct deposit of refund is requested); and health insurance coverage or exemption information.

Teen Programming

TEEN THURSDAYS (Thursdays) March 2, 9, 16, 23 & 30 2:30 - 4:00 PM

Head to the Library after school ends, and spend Thursday afternoons with Melissa. This is a dropin any time event, no registration required. Open to teens in Grades 6-12. Play a game with friends. Color, create or collaborate. Get help with homework. Find a new favorite book. TEEN GAMING (Fridays) March 10, 17, 24 & 31 Come play the Wii on the KFL projector screen. Handheld devices and trading card games also encouraged. 2:30-4:30 PM

ANIME AFTERNOON **March 8** 4:00-5:00 PM Join Melissa, the teen librarian to talk about anime, learn to draw your favorite characters, watch your favorite anime files on the projection screen and everything anime in-between.

Young Adult Non-Fiction Has Moved

The YA non-fiction has moved into the adult non-fiction section. This decision was made to increase awareness of some of the excellent non-fiction titles in the young adult collection. These titles will have a Y sticker on the spine, but the content can be enjoyed by readers of any age. This change will also provide easier access to a wide variety of books on the same topic - all of KFL's non-fiction offerings will be in the same place.

Please Note: College + Career materials for all ages will be on the bookshelf in the corner, and the 'how-to-draw' books (741.5) will be shelved with the YA Graphic Novels.

New Materials for February

Adult Fiction and Nonfiction Children's Young Adult AV

Changing the Story, Fixing the Future: Understanding the Stories that Perpetuate Inequality and Hold Us Back

Chuck Collins, author of the recently published *Born on Third Base*, will share his conviction that we can "Change the Story and Fix the Future" during a program co-sponsored by First Parish Unitarian Universalist Church and KFL on Friday, March 3 at 7:00.

Collins of the Institute for Policy Studies has spent two decades working to shift the national debate about wealth inequality and how it relates to racial divisions and taxation.

"We are living between two worlds," he says. "There is the world we have always known, but realize now has deep system flaws like extreme inequality, climate change, and global instability. And there is the future world, one that we can have a hand in shaping."



Collins was born into a family in the top percent of the wealth spectrum

and inherited a fortune. He donated his wealth to several foundations, however, shifting himself into the 99 percent in order to do his part in effecting change. He joined with Bill Gates, Sr. in writing *Wealth and Our Commonwealth: Why America Should Tax Accumulated Fortunes,* and is coauthor with Mary Wright of *The Moral Measure of the Economy* about Christian ethics and economic life. His goal is to organize members of the one percent to advocate for fair tax policy, living wages, and campaign finance reform.

This program promises a fascinating story, discussion, book signing and refreshments as we search for ways to move forward together. There is a suggested donation of \$5.00 for our neighbor's event at 114 Main Street. Doors open at 6:30. For more information please email

firstparishkennebunk@gmail.com

Reading Groups



Nonfiction Book Discussion -*This Changes Everything* by Naomi Klein on Monday, March 13 at 6:30 PM.

> Adult Book Discussion -The Last Bookaneer by Matthew Pearl on **Tuesday, March 28 at 1:00 PM**.



Check out the listing of books for the Adult Book Group!

Crafting Friends at KFL for 1 Year!

The Crafting Friends group meets on the first Wednesday of each month **(March 1)** and we're looking for new members. This group is open and free to the public and all portable projects are welcome.

Currently the projects range from adult coloring to a medallion project to knitting to cross stitch and tapestry weaving. Come join in on the fun, share stories, learn from each other and meet new friends.

Right: Current projects being worked on.



Save the Dates

May 6: Faerie Festival and May Day Book Sale

Help to welcome the faeries back to the gardens with faerie crowns, games and crafts. Also join us for our May Day Book Sale in conjunction with the Town's festival.

July 14: 20th Edition Road Race

Have your made your New Year's Resolution yet? How about joining us this year for this momentous occasion as either a walker or runner? We hope to see you there!

Friends Meeting

Monday, March 13 at 5:30. All are welcome.

Learn more about joining the friends.





Did You Know...Magazines!

We have dozens and dozens of magazine titles available for you to check out. Make sure to stop by the Reading Room to take some home.

KFL patrons have access to <u>Zinio</u> - our digital magazine collection of over <u>50</u> <u>titles</u>.





We have a magazine exchange table at the entry level. Donate magazines and take some new titles home with you for free. Please bring your donations to the information desk. Do not put them in the book drop.



March 22 at 6:30 PM

Come join us by the fire on Wednesdays and Thursdays.



Nifty Knitters

Every Tuesday at 11:00 AM.

Bring a needlework project to work on while socializing with other crafters, or bring in your project for others to help you.

Beginners welcome. We lend needles and wool is available for the asking.



Trustees Wanted

The Library is seeking individuals with a passion for their local library to apply to join the

Board of Trustees. All persons 18 years of age who are legal residents and/or employed within the towns of Kennebunk and Arundel are eligible to serve on the

Board and are encouraged to apply. For more information, the Trustee job description and a nomination form, please visit our <u>website</u> or stop by the circulation desk for printed information.

Own a Reproduction of the William E. Barry *Historical & Road Map of Kennebunk, ME & Vicinity*



The original map was presented to KFL by Henry Parsons and was compiled and drawn by <u>Wm. E. Barry, Arch. 1904-8</u>

Select Size: -Full Size: 29" x 51" -Reduced Size: 22" x 41.5"

Select Frame: -None -<u>Artiplaq</u> mount (ready to hang)

Select Frame Color: -Black -Gold -Silver -White

<u>Complete a form</u> and please allow a minimum of 2 weeks for delivery.

Visit KFL to see the original and how the mounted product looks.

Hannaford Bags for KFL

KFL will receive \$1 for every Hannaford **Blue Bag with the Good Karma Message** sold at the Kennebunk Hannaford during the month of March.

KFL Bags, Aprons and Mugs





Large Canvas Bags: \$15.00

Small Jute Bags: \$5.00

Aprons: \$15.00

Mugs: \$5.00

You now have the option of contributing a portion of your Amazon



You shop. Amazon gives.

purchase through smile.amazon.com

We are listed as Kennebunk Free Library Association.

March Calendar of Events

March 1: Minecraft Beadcraft, 1:00 PM March 1: Bedtime Math, 4:00 PM March 1. Crafting Friends, 5:30 PM March 1: Camden Conference 6:00 PM March 2: Tax Help, doors open at 9:30 AM March 2: Time for 2s & 3s Storytime, 10:15 AM March 2: Teen Thursdays, 2:30 PM March 3: Parenting Class, 10:00 AM March 4: Genealogy Group, 10:00 AM - 12:00 PM March 4: Tail Waggin' Tutor, 10:00 AM March 4: Library CLOSES at 3:00 PM for Cabin Fever Reliever March 4: Cabin Fever Reliever, 6:00 PM - 8:30 PM March 6: Peek-a-Book Babies Storytime, 10:15 AM March 7: Family Storytime, 10:15 AM March 7: Nifty Knitters, 11:00 AM March 7: Author Talk: Marilyn Carter, 6:00 PM March 8: Anime Afternoon, 4:00 PM March 8: Islam and America in a Turbulent World, 6:00 PM March 9: Tax Help, doors open at 9:30 AM March 9: Time for 2s & 3s Storytime, 10:15 AM March 9: Teen Thursdays, 2:30 PM March 9: Imagination Station, 4:00-4:45 PM March 10: Teen Gaming, 2:30 PM March 13: Peek-a-Book Babies Storytime, 10:15 AM March 13: Friends of the Library Meeting, 5:30 PM March 13: Non-Fiction Book Group, 6:30 PM March 14: Family Storytime, 10:15 AM March 14: Nifty Knitters, 11:00 AM March 15: Bedtime Math, 4:00 PM March 16: Tax Help, doors open at 9:30 AM March 16: Time for 2s & 3s Storytime, 10:15 AM March 16: Teen Thursdays, 2:30 PM March 17: Teen Gaming, 2:30 PM March 20: Peek-a-Book Babies Storytime, 10:15 AM March 21: Family Storytime: 10:15 AM March 21: Nifty Knitters, 11:00 AM March 22: Chair Chi, 2:30 PM March 22: Lego Club, 4:00 PM March 23: Tax Help, doors open at 9:30 AM March 23: Time for 2s & 3s, 10:15 AM

March 23: Teen Thursdays, 2:30 PM March 24: Teen Gaming, 2:30 PM March 27: Peek-a-Book Babies Storytime, 10:15 AM March 28: Family Storytime, 10:15 AM March 28: Nifty Knitters, 11:00 AM March 28: Adult Book Discussion, 1:00 PM March 28: Trustees Meeting, 7:00 PM March 29: Worthy Wednesdays at David's KPT March 29: Trivia Night, 6:30 PM March 30: Tax Help, doors open at 9:30 AM March 30: Time for 2s & 3s Storytime, 10:15 AM March 30: Teen Thursdays, 2:30 PM March 31: Teen Gaming, 2:30 PM



Young Kennebunk patrons, Haley and Nicholas, decided to open a lemonade stand on Saturday, August 27 to raise money for the Library. Their hard work raised \$25.00 which they donated to their much-loved Library. Thank you so much Haley and Nicholas!

KFL Board of Trustees

Thank you to our wonderful Board and all that you do.

Pictured from top left: Joy Russo, Henry Bourgeois, Dan Riggall, Pat Carls, Ann Hibbard, Paul Dest, Linda Lucas, Deb Redding-Sampson, Risa Oganesoff Heersche and Karen Plattes.

Not Pictured: John Buraczynski, Laura Curtis, Marka Larrabee, Maryfrances Smith, Dan Stoddard and Trustee Emeritus Larry Dwight.



Kennebunk Free Library | 207-985-2173 | kfl@kennebunk.lib.me.us | kennebunklibrary.org

STAY CONNECTED:

