## To Think or Not To Think

An activity using Edward de Bono's Six Thinking Hats. It is meant to evoke different parts of our thinking abilities.



- 1. White hat = facts & objective information
- 2. Red hat = elicit feelings, mood, and intuition
- 3. Yellow hat = look for possible opportunities, benefits, and rewards
- 4. Green = find new, creative ideas
- 5. Black hat = why a proposal or theory might not work; inspire a helpful "devil's advocate"
- 6. Blue = control hat to manage the thinking process, get an overview, create a summary, explore inspiration

## Activity example:

How can we increase the library's ability to develop creative and innovative thinkers?

How can I improve morale in my department or branch?

Go through all 6 hats, limit the time per hat to less than 1 or 2 minutes each, and keep notes on your observations:

- A. White what facts do I need and how do I get them?
- B. Red how do I feel about this? (Quick 30-second answer.)
- C. Yellow what are all the possible advantages/benefits?
- D. Black what is the potential downside? how can you prevent it?
- E. Green what new approaches can I generate?
- F. Blue what inspires me to solve this challenge? sum up what I have learned in this process. Next step?

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