

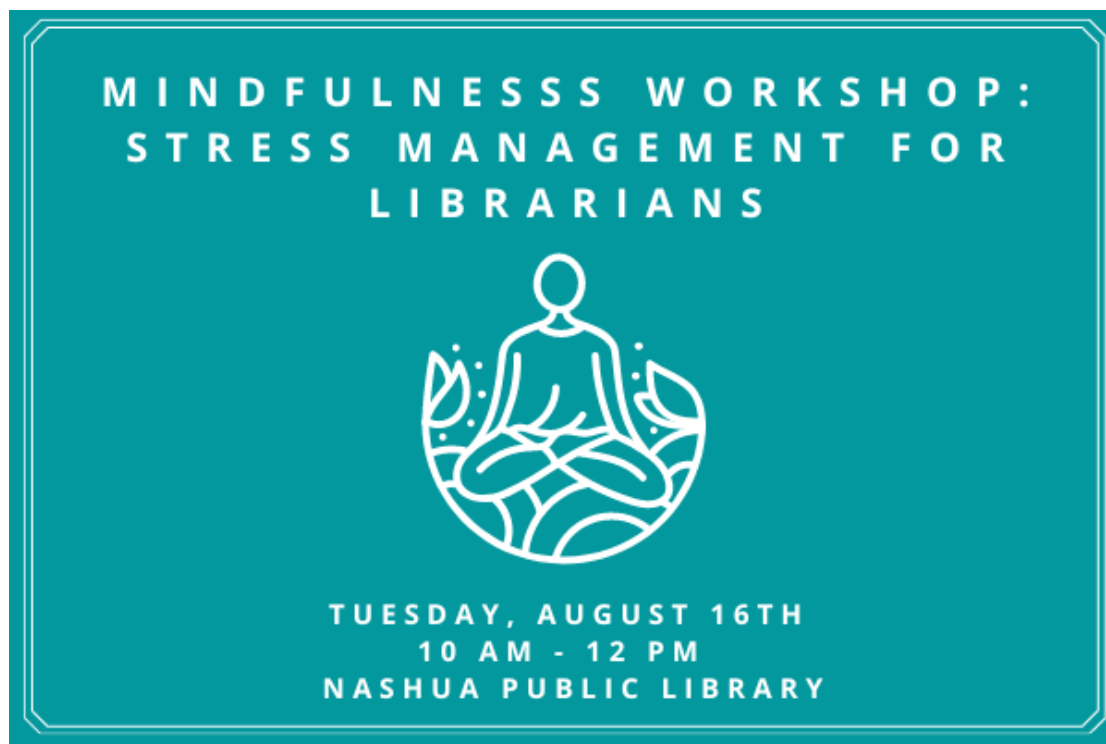
In this issue: Mindfulness Workshop: Stress Management for Librarians, 2022 READS Election, Tech Tip: Canva Templates, READS at NELA/NHLA, NEW READS To-Go Kits

READS

REFERENCE AND ADULT SERVICES SECTION

August/September 2022 Newsletter

Mindfulness Workshop: Stress Management for Librarians

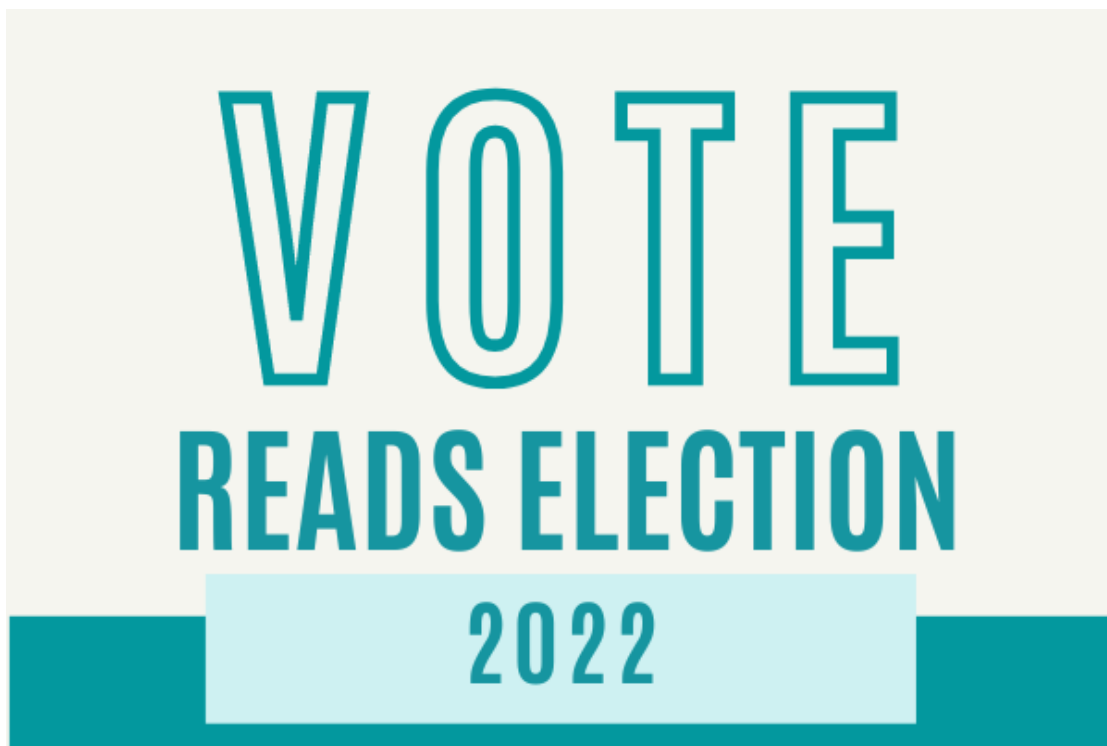


Join us on **Tuesday, August 16th**, at the Nashua Public Library for a Mindfulness Workshop led by Laura Klain!

Mindfulness is a great way to alleviate stress, develop more creativity, and cultivate more peace in your life. The practice can be added to any lifestyle and can be done anywhere. No special equipment or skills are needed! Laura is excited to share some tips and tools for you to use your breath, mind, and body to help you be more present and peaceful even during times of stress. This workshop and guided meditation will be

an opportunity to learn and practice so that you can have some experiential learning and takeaways to help you navigate these challenging times for Librarians. For more information and to register for this event, click [HERE!](#)

2022 READS Election



Voting is now open for the READS 2022 Election! Cast your ballot until voting closes on **Tuesday, October 11, 2022**. Join us at our Annual Meeting at the NELA/NHLA Joint Conference, where we'll be sharing the election results for the 2022 READS Executive Board

This year, the Vice President and Treasurer positions are up for election.

The Vice President position is a three-year position which cycles through Vice President, President and Past President. Brianna Hemmah is nominated for this position.

Brianna Hemmah joined the READS-to-Go Committee in 2016 and was instrumental in the implementation of the NH KitKeeper reservation system while working at the Hooksett Public Library. She has regularly presented on behalf of the READS-to-Go

Committee at NHLA and READS Conferences and has served as the READS-to-Go Chair since 2019. She is currently the Teen Librarian at the Laconia Public Library.

The Treasurer position is a two-year position. Laura Pezone is nominated for this position.

"I've worked as the assistant director of the Newbury Public Library for the past 6 ½ years – starting out in children's programming and collection development, then transitioning to reference services and interlibrary loan. Previously, I worked as a substitute at the Abbott Library in Sunapee while working on my MLIS from Drexel University online. My undergraduate degree is in journalism, and for 11 years I worked as an editor at various newspapers and magazines in NH, as well as in marketing. I've been the READS treasurer for the last year and hope to continue being involved with library services at the state level. I live in beautiful Sunapee with my husband, two little ones and pup!"

[Cast your vote here!](#)

Tech Tip: Canva Templates



Sharing content to the READS Repository has never been easier! In this brief [video](#), our Vice President, Susan Harmon, will walk you through how to share your library's

Canva creations as templates to the [READS Repository](#)! This process is a simple way to share your event flyers, social media posts, craft instructions, tech instructions, and so much more with your fellow NH librarians.

Submitting your canva templates couldn't be easier:

- Once you have your Canva template ready to go, email it to READSrepository@gmail.com.
- Use the subject line "Steal This Content!"

Browse available Canva Templates in the Repository [HERE!](#)

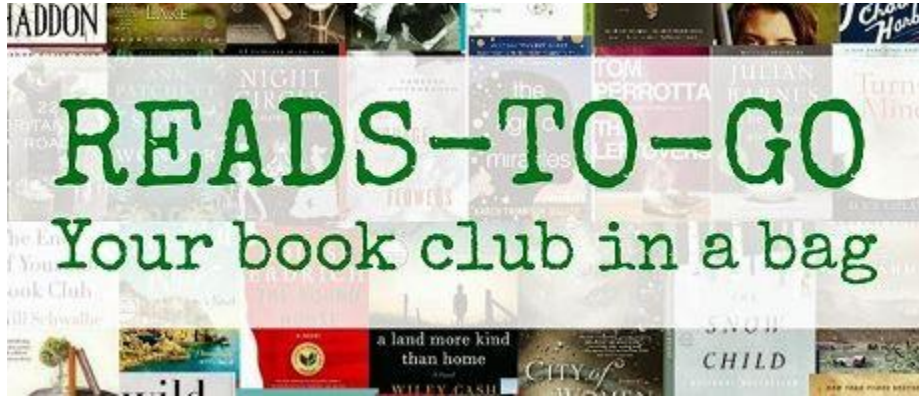
READS at NELA/NHLA



Mark your Calendars for the NELA/NHLA Joint Conference, **Sunday, October 23rd - Tuesday, October 25th!** While you're at the Conference, make sure to stop by for the READS Annual Fall Business Meeting. We can't wait to see you there!

Stay tuned for more conference updates!

New READS-To-Go Kits



Planning your Fall Book Club picks? Try one of these new READS-To-Go titles!

- ***Brooklyn*** by Colm Tóibín (Saint Anselm College)
- ***Varina*** by Charles Frazier (Saint Anselm College)
- ***Interior Chinatown*** by Charles Yu (Saint Anselm College)
- ***I Am Malala*** by Malala Yousafzai (Saint Anselm College)
- ***The Spirit Catches You and You Fall*** by Anne Fadiman (Saint Anselm College)
- ***Born a Crime*** by Trevor Noah (Abbott Library)
- ***The Heart of the Deal*** by Lindsay MacMillan (Concord Public Library)
- ***The Vanishing Half*** by Brit Bennet (Manchester City Library)
- ***The Paper Palace*** by Miranda Cowley Heller (Hooksett Public Library)
- ***Travels with George*** by Nathaniel Philbrick (Derry Public Library)
- ***Facing the Mountain*** by Daniel James Brown (Derry Public Library)
- ***The Bookwoman's Daughter*** by Kim Michele Richardson (Laconia Public Library)

For more information about Kit Keeper, or READS-To-Go, click [HERE!](#) If your library is interested in hosting a READS-To-Go kit, please email rtgchair@nhlibrarians.org