



**Teen Mental Health Matters: YALS Fall Conference 2022**  
**Thursday, September 22nd**  
**Portsmouth Public Library**  
**175 Parrott Ave., Portsmouth NH 03801**  
**In-Person and Virtual**

**9:00am-9:30am Registration and Introductions**

**9:30am-9:45am YALS Business Meeting & Flume and Isinglass Awards Update**

**9:45am-10:00am Video Game Library & Board Game Library with Julia Lanter and Justine Fafara**

Julia Lanter (Exeter Public Library) and Justine Fafara (Richards Free Library) will give us the scoop on their new board game and video game collections

Video Game Library: Available now at <https://www.exeterpl.org/services-4-1>

Board Game Library: Soon available for lending to NH libraries!

**10:00am-11:00am Mic'd Up: Podcasting Panel with Stacey Desrosiers and Jenny Devost**

Stacey Desrosiers (Goffstown Public Library) and Jenny Devost (Merrimack Public Library) will share their experiences with creating and recording podcasts at their libraries, along with tips and tricks for creating your own library podcast.

**11:00am-11:30am Liberty Hardy & Her Favorite New YA Books! (virtual)**

Liberty Hardy is a senior contributing editor for Book Riot and host of the popular All the Books! podcast. She lives in the great state of Maine, where she reads over 600 books a year and hangs out with her three cats, who hate to read.

**11:30am-12:00pm "Serving Teens on the Autism Spectrum"**

**with Brittany Mobilia from ABA Centers of America**

Brittany Mobilia from ABA Centers of America will give you tips on how to best serve your teen patrons on the Autism Spectrum.

[www.abacenters.com](http://www.abacenters.com)

**12:00pm-12:30pm Lunch**

**12:30pm-1:30pm Keynote Speaker: Kalynn Bayron (virtual)**

Kalynn Bayron is the *New York Times* bestselling author of *Cinderella Is Dead*, *This Poison Heart* and *This Wicked Fate*, and is a classically trained vocalist. When she's not writing she can be found enjoying musical theater, horror novels, and classical music. She currently lives in Ithaca, New York with her family.

[www.kalynnbayron.com](http://www.kalynnbayron.com) • @KalynnBayron

**1:30pm-2:00pm Mental Health First Aid Training with Suzanne M. Meattey from the UNH Cooperative Extension Mental Health First Aid Program and Jodi Lubarsky from Seacoast Mental Health**

Suzanne M. Meattey and Jodi Lubarsky will lead us in a youth-specific Mental Health First Aid Training.

<https://smhc-nh.org/>

<https://extension.unh.edu/health-well-being/programs/mental-health-first-aidr>

**2:00pm-2:45pm "The State of Teen Mental Health in NH" with Seacoast Mental Health's Jodi Lubarsky**

Jodi Lubarsky will tell us about the NH Mental Health System and its various services and programs, as well as how libraries can partner with NH Mental Health System to aid teens.

<https://smhc-nh.org/>

**2:45pm-3:00pm Program Sharing & Closing**