

## *Preparing for a Constructive Conversation*

	<b>My Perspective</b>	<b>Their Perspective</b>
Why have this conversation?		
What happened? (use the FIRE box)		
What Emotions are Present? Which ones will be productive to share?		
Identity: What does this situation say about me? The other person?		
What is holding me/us back from having this conversation?		