



Celebrating the Library's 150th Anniversary!

1868 ~ 2018

NORTHBOROUGH
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The Library is having a birthday! We invite you to join us as we celebrate our Sesquicentennial in 2018! Trustee Mitch Cohen, Chair of the 150th Anniversary Committee, is helping lead and organize this celebration of the Library's history with a yearlong series of events and activities that will culminate with an Anniversary Gala on a date to be announced. We will be holding a 150th Birthday Party on Sunday, April 8th from 2:00 - 4:00 p.m. Please mark your calendars! Other events include a Time Capsule that will be opened in 2068, visits by well-known authors, an exhibit documenting the history of the Library in conjunction with the Northborough Historical Society, children's events and activities, a music video that the Library staff will be producing with help from the staff at NCTV, an Anniversary Quilt designed by Northboro resident Terry Crean, an original watercolor painting of the Gale Library building, anniversary mementos that will be for sale, special recognition of the Library at the annual Applefest Parade in September 2018 and more! Stay tuned for more information on our website and in future issues of this newsletter!

Christopher Lindquist, Library Director

Did You Know?

The first known library in Northborough was established in 1792. The original regulations of the Library were written in 1791. There was a fee of \$3 to belong. There were 30 original members and 100 books. Up to 3 books could be borrowed at a time. The loan period depended on the distance the member lived from the library, which had to be within 1 mile from the Meeting House.



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CONTACT INFO

34 Main Street
Northborough, MA 01532

508-393-5025

northboroughlibrary.org



LIBRARY HOURS

MON
12:00PM – 8:30PM

TUES-WEDS
9:30AM – 8:30PM

THURS-SAT
9:30AM – 5:00PM

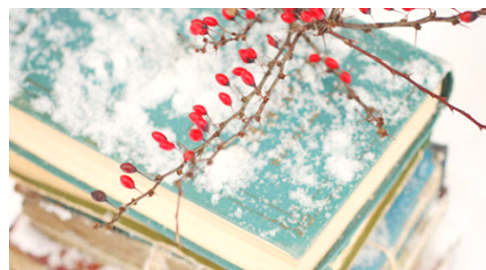
SUNDAY
CLOSED

JANUARY 2018

Adult Programs and Services



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Mindfulness Based Stress Reduction A Four Class Series led by Ginny Wholley Mondays, Jan. 22nd – Feb. 12th

9:30 – 12 pm \$40.00, Registration Required ★

Mindfulness is a moment-to-moment awareness arising from the practice of paying attention to what is. The benefits of practicing mindfulness are far reaching. The latest research on general health and well being puts mindfulness practices at the top of the list for health promotion; along with sleep, good nutrition and exercise.

Participants in this series will become acquainted with mindfulness practices such as mindful breathing, body scan, and yoga, and will develop an awareness in how they normally react to stressful stimulus and how they can change their automatic stress response. The series will explore ways of integrating mindfulness into one's life so that participants can maintain a consistent yet flexible practice. *We are grateful to the Friends of the Library for partially funding this series.*



Registration is for the entire series and opens December 28th. Participants should bring a yoga mat and wear comfortable clothing.

Cyber Security and Password Management Sat., Jan. 27th | 10-11 AM

Computer Lab FREE, Registration Required ★



Do you shop, or do your banking online? Have you checked your email at a public computer? Are you concerned about cyber security, or with keeping your information safe while online?

If you answered yes to any of these questions, then this workshop is for you!

Join us for this interactive, knowledge sharing workshop on cyber security and password management led by library volunteer Abhijeet Nikte. Topics for discussion include:

- What you can do to help keep your identity and information secure online
- How to avoid common pitfalls in managing your online accounts
- Best practices for creating and managing passwords for all your online accounts
- Tools, tips and tricks to stay safe and secure online

Bring your questions, concerns and experiences!

★ Register for these workshops is our website at northboroughlibrary.org/events, email adults@northboroughlibrary.org, or by phone 508-393-5025 ext. 5.

Adult Book Groups

Monday Evening Group

The Handmaid's Tale by

Margaret Atwood

Mon., Jan. 22nd | 7-8:30 PM

Conference Room

Mystery Book Group

The Magpie Murders by

Anthony Horowitz

Weds., Jan. 17th | 7-8:30 PM

Conference Room

Marie's Book Buddies

Offshore by Penelope Fitzgerald

Fri., Jan. 12th | 10-11:30 AM

Conference Room

Teen/Tween Programs



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-TEENS-

LEGEND

★ Registration Required

Minecraft Club

Wednesday, Jan 3rd | 6-8 PM

Monday, Jan 8th | 6-8 PM

Monday, Jan 29th | 6-8 PM

Computer Lab ★

Join our growing club! You are not required to have your own Minecraft account to participate. This club is for all students in grades 6-12.



Manga & Graphic Novel Book Club

Wednesday, Jan 17th | 7-8 PM

Teen Room ★

This month we are reading *Astronaut Academy: Zero Gravity* by Dave Roman. Teens in grades 6-10 are welcome. Don't forget to stop by the Teen Desk to pick up a copy of the book.



Food Wars

Monday, Jan 22nd | 7-8 PM

Meeting Room ★

This month we will be making some cold weather favorites. All materials will be provided. Bring your appetite! This program is for Teens in grades 6-12.



Teen Advisory Group (T.A.G.)

Wednesday, Jan 24th | 7-8 PM

Meeting Room

T.A.G. meets once a month to discuss all things Teen. Teens in grades 6-12 are welcome.





Happy New Year



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KIDS

JANUARY IN CHILDREN'S SERVICES

BILINGUAL STORYTIME

FRENCH/ENGLISH

Thursday, Jan. 4th @ 10:00 a.m.

Join Miss Kathlyn for a special French story time. Sing familiar songs, read old favorites and hear new stories in both English & French. Recommended for children ages 3 through 6 with their caregiver. No registration required.

CHESS KIDS

Tuesday, Jan. 16th @ 5:30 p.m.

Do you like to play chess?
If you know the basics,
join our chess night.

Club meets once a month.

For kids ages 6 - 10. Feel free to
bring your own chess set.
No registration required.



WELCOME, CARLY!

Please stop by to say "hi!" to our new Children's Library Assistant, Carly Coleman! She brings a love of children and a passion for reading and literature to our library.

We are excited to have her onboard!

LOOKING AHEAD

One of our goals for the new year is to get your feedback on the programs and services we provide. We look forward to improving our services based on your responses. Please keep an eye out for a short survey.

Have a happy & healthy 2018!

Please visit www.northboroughlibrary.org for a complete list of our events and registration information.