



## Celebrating the Gale Library 1895 ~ 2018



**NORTHBOROUGH  
FREE LIBRARY**  
— YOUR PLACE TO CONNECT —



### CONTACT INFO

34 Main Street  
Northborough, MA 01532

508-393-5025

[northboroughlibrary.org](http://northboroughlibrary.org)



**Ellen Hubbard Gale**



**Cyrus Gale, Jr.**

In conjunction with our 150th anniversary celebration this year, a special exhibit called the **Gale Library Exhibit** is now on view in the Library's main meeting room through December 31st. The exhibit, which was curated by Library Director Chris Lindquist, with assistance from Northborough Historical Society Museum Curator Ellen Racine, documents the growth and evolution of the Northborough Free Library and the Gale Library Building from the time it opened on June 12, 1895 to today. The Gale Library Building cost \$30,000 when it was built. Of that amount, \$15,000 was donated by Cyrus Gale, Jr., whose father, Captain Cyrus Gale, helped establish the Northborough Free Library at the first meeting of the Library Trustees at his home on Main Street, on April 8, 1868. The handwritten minutes of that first meeting are part of a bound volume of Trustee minutes which is included in the exhibit. Cyrus Gale, Jr. also donated the land on which the building was built. The Classical Revival/Neoclassical building is made of pink granite quarried in Mass. and was designed by Amos P. Cutting of Worcester. Many of the items on display are on loan from the Historical Society Museum. One of the items on view is the 1791 Regulations for the social library that preceded the Northborough Free Library by 77 years. Stop by and help celebrate our storied history!



### LIBRARY HOURS

**MON**  
12:00PM – 8:30PM

**TUES-WEDS**  
9:30AM – 8:30PM

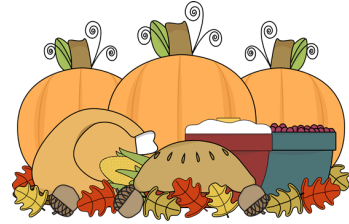
**THURS-SAT**  
9:30AM – 5:00PM

**SUNDAY  
CLOSED**

# Adult Programs



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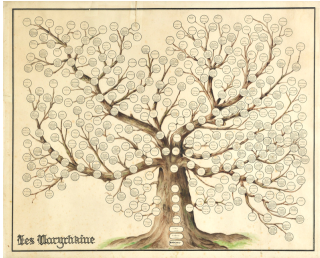


## Mediation Practice for Health & Well-Being: A 7-Part Series

This seven-week course will meet once a week for 1.5 hours starting on November 20th at 6:30 p.m. The first half-hour will be presentation by Prof. Dhanjoo Ghista, a lifelong practitioner of meditation who has conducted meditation classes at the Library before. The second half-hour will be collective or group meditation. The third half-hour will be an informal discussion about our meditation experiences and shared interests leading to a better frame of mind, health and well-being. Class size is limited. To register, go to [www.northboroughlibrary.org/Events](http://www.northboroughlibrary.org/Events).



## Starting Your Genealogy



Kenney in this introductory presentation and learn the best practices to conduct genealogical research. Seema will teach you how to organize your research, read basic genealogical records like the census, and ask your living relatives the most useful questions. After this hour-long session, you will have the skills to begin your journey to the past. Ages 18 & up. Free. Sat., Nov. 17th | 10 - 11:30 am | Library Conference Room.

### To Register for these Events

website: [northboroughlibrary.org/Events](http://northboroughlibrary.org/Events)  
email: [adults@northboroughlibrary.org](mailto:adults@northboroughlibrary.org)  
telephone: 508.393.5025 ext. 5



## Holiday Stress Reduction Through Meditation with Dr. Allan Hughes.

Join Dr. Allan Hughes, long time meditator as he discusses the extraordinary effect of meditation to reduce stress-related responses, improve concentration, and enhance clarity of thought and mental equilibrium. Dr. Hughes will also guide participants through a simple yet powerful meditation technique that can enrich one's life and help with seasonal stress. Everyone aged 16 and up are welcome. Free. Sat., Dec. 8th | 10 am - 12 pm | Library Meeting Room |

## Adult Book Groups

### Monday Evening Group

Mon., Nov. 19th | 7-8:30 PM  
Conference Room

*Lean In : Women, Work, and the Will to Lead* by Sheryl Sandberg with Nell Scovell.

### Mystery Book Group

Weds., Nov. 28th | 7-8:30 PM  
Conference Room

*The Right Side*  
by Spencer Quinn

### Marie's Book Buddies

Fri., Nov. 9th | 10-11:30 AM  
Conference Room

*Gilead* by Marilynne Robinson



# Teen Programs



**NORTHBOROUGH**  
FREE LIBRARY  
**—TEENS—**

## LEGEND

★ Registration Required

### Minecraft Club

Monday, Nov 5th | 6-8 PM  
Monday, Nov 26th | 6-8 PM

#### Computer Lab ★

Join our growing club! You are not required to have your own Minecraft account to participate. This club is for all students in grades 6-12.



### Teen Lock-In

Friday, Nov 9th | 7-9 PM

#### Meeting Room ★

Join us for an evening of fun, games, and food! Teens in grades 6-12 are welcome. Registration is required and space is limited. \*Please note: this program is taking place after the library's regular closing time.\*



### Graphic Novel Book Club

Wednesday, Nov 14th | 7-8 PM

#### Teen Room ★

This month we are reading *Stitched* by Mariah McCourt. Teens in grades 6-10 are welcome. Don't forget to stop by the Teen Desk to pick up a copy of the book.

### Food Wars

Monday, Nov 19th | 7-8 PM

#### Meeting Room ★

This month we will be making two pumpkin themed recipes. All materials will be provided. Bring your appetite! This program is for Teens in grades 6-12.



### Teen Advisory Group (T.A.G.)

Wednesday, 28th | 7-8 PM

#### Meeting Room

T.A.G. meets once a month to discuss all things Teen. T.A.G. plans Teen events and helps the Teen Librarian choose new materials for the Teen Room. Teens in grades 6-12 are welcome.

# Kid Programs



**NORTHBOROUGH**  
FREE LIBRARY  
**KIDS**

## LEGEND

★ Registration Required

### PAWS to Read with Kodiak & Echo

Saturdays | 11:00 AM -12:30 PM

#### Room of Requirement ★

Kodiak and Echo are Bernese Mountain Dogs who are trained to sit with children and listen to them read. This kind of support from lovable puppies can foster your child's self-confidence, build reading skills, and it's just plain fun!

### Young Scientists

November 1st, 8th, 15th | 1:00 -2:00 PM

#### Room of Requirement ★

This is a free class facilitated by Stem Beginnings and sponsored by the YFCP. Children, ages 3-5, with a parent/caregiver will learn STEM concepts through hands-on activities, story time, challenges and simple experiments.

### NEW! STEM Lab: Illumination

November 8th | 3:30-4:30 PM

#### Room of Requirement ★

We live in a world ever more dependent on constant electrical flow. How is our electricity generated? How do basic circuits in our home work? We will build basic circuits and even take home a flashlight built from scratch! For kids in grades 1-5.

### Saturday Stories: Sensory Storytime

November 10th | 10:00 -10:30 AM

#### Room of Requirement ★

This is an inclusive story time is designed for children with sensory integration challenges. It combines books, songs, movement, and therapeutic activities to stimulate all five senses and promote learning. For families with kids ages 3 through 6.

### NEW! P.J. Storytime

November 13th | 6:30-7:00 PM

#### Room of Requirement

Get dressed in your pajama best and join Ms. Lindsay for a bedtime themed storytime. Bring your favorite stuffed animal and enjoy cozy stories to end the night right. Best suited for families with children ages 2 to 6.

### NEW! Kids' Crochet Circle

November 14th | 6:30-7:30 PM

#### Room of Requirement

Do you love to crochet or would you love to learn? Stop by the library to unwind while you learn the basics of crochet or work on a favorite project. Beginners welcome! Best suited for kids in grades 3-5. Materials will be provided.

### Chew on This Book Club

November 19th | 6:30-7:30 PM

#### Room of Requirement

While we 'chew' on the books, ★e'll chew on a delicious themed or seasonal snack, too! The theme for November is THANKFUL FOR DIVERSITY; a list of book suggestions is available at the library. We will be chewing on cranberry scones and ginger ale.

### STEAM Lab

Tuesdays & Thursdays | 3:30 - 5:00 PM

#### Room of Requirement

Calling all curious minds: The STEAM Lab is open! Elementary school students are invited to drop by and explore a variety of STEAM concepts. This month's projects include magical disappearing color tops, coffee filter leaves, lego building challenges, cranberry engineering, and recycled bird feeders. See online calendar for specific event descriptions.

Please visit [www.northboroughlibrary.org](http://www.northboroughlibrary.org)  
for a complete list of our events and  
registration information.