

**NORTHBOROUGH
FREE LIBRARY**

**DID YOU
KNOW?**

We now
subscribe to
Rosetta Stone
which you can
access using
your library
card to learn
up to 30
languages?

**LIBRARY
HOURS**

Monday
12 noon — 8:30 p.m.

**Tuesday &
Wednesday**
9:30 a.m. — 8:30 p.m.

**Thursday—
Saturday**
9:30 a.m. — 5:00 p.m.

Closed Sundays

**34 Main Street
Northborough,
MA 01532**

**PHONE:
508-393-5025**

**www.
northborough
library.org**

Gale Forecast

JULY 2016

Teen Summer Reading Programs

Minute to Win It

Wednesday, July 6th, 6:30-8 p.m. Registration is required. This event will be in the Meeting Room.

Teen Movie Night

Monday, July 11th, 6-8 p.m. No registration is required. This event will be in the Meeting Room.

Candy Sushi

Thursday, July 14th, 3-4 p.m. Registration is required. All materials will be provided. This event will be in the Meeting Room.

Monday, July 18th, 6-7 p.m. Join us for a night of recess style games. Registration is required. This event will be in the Meeting Room.

Obstacle Course Challenge

Wednesday, July 20th, 6-8 p.m. Bring a friend and construct an obstacle for others to test out. All supplies will be provided. Registration is required. This event will be in the Meeting Room.

Monday, July 25th, 6-8 p.m. Reading *The Maze Runner* by James Dashner. Teens entering grades 6-8 are welcome. Snacks will be served. Registration is required. This event will be in the Meeting Room.

Teen Movie Night

Wednesday, August 3rd, 6-8 p.m. No registration is required. This event will be in the Meeting Room.

Need more information? Check with Bonny Krantz in the Teen Room or call 508-393-5025 ext. 7.

Teen Games Night

Middle School Book & Movie Book Club

Bonny Krantz
Teen Services Librarian

Volunteer Spotlight

Marsha Fouracre

Marsha grew up in Northborough and returned to her "hometown" in 2004. She has been a Library patron since school days and remembers Miss Coffin was the Librarian in the 1940s - 50s). She worked as a secretary for Data General/EMC for many years, retiring in 2000.

Marsha started volunteering at the Library in the fall of 2009. Her job is to process new books for circulation. Wednesday is her regular day to work. Mysteries are Marsha's favorite reading material. She is a big fan of English/BBC mystery DVDs and hopes the Library will purchase more in the future!

Marsha said she feels right

at home at the Library. The staff is very friendly and she has had many chances to meet up with old friends and acquaintances from her youth who still patronize the Library.

Ellie Olivieri

Ellie has been volunteering at the Library for about five years. She comes in one afternoon each week and processes the non-print books, CDs, and DVDs. If time allows she also processes the print books, both hard cover and paperback. Before retiring, Ellie worked in the accounting office for a Westboro Company. She now works two days per week as a librarian assistant at the Worcester Historical Museum. Ellie is very interested in Worcester history and finds

the work both interesting and rewarding. She and her husband have lived in the Northborough area for 43 years and she has been a regular patron of the Library. She said the staff is friendly and it makes volunteering here pleasant. Ellie also likes being surrounded by books. Her favorite books this year were *The Golden Son* and *Secret Daughter* by Shilpi Somaya Gowda.

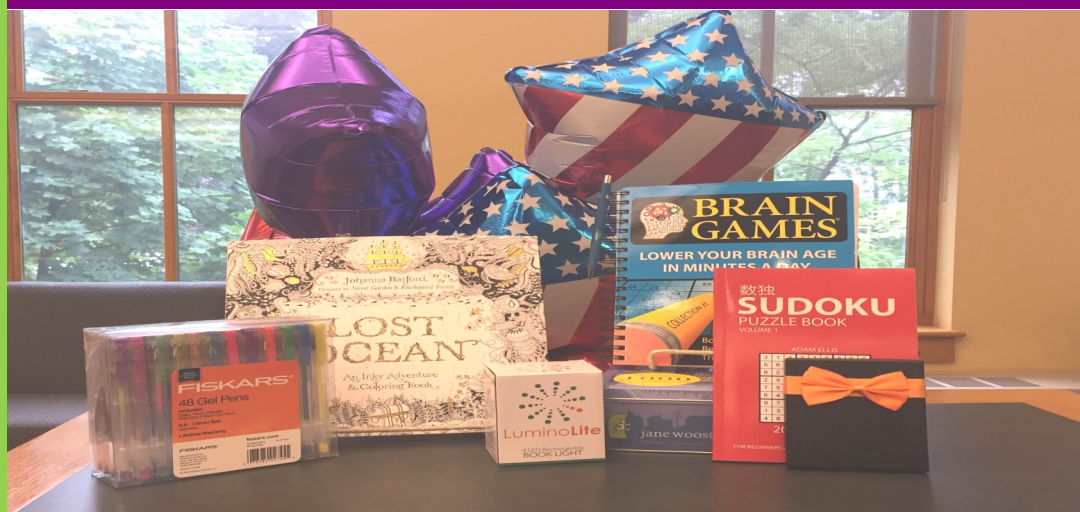
Ellie and her husband are grateful to have two wonderful sons and the pleasure of enjoying their four grandchildren.

Thank you to Marsha and Ellie and *all* of our wonderful volunteers for the work they do in support of the Library!

Christopher Lindquist
Library Director

Adult Summer Reading

Enter a drawing to win FREE prizes, including the Grand Prize: A Kindle Paperwhite!



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Summer Reading is Not Just for Kids!

Exercise Your Mind — Read! is the theme of our adult program this summer, and we've made it so easy breezy for busy grownups to participate. Just visit the library through August 13th and fill out a raffle ticket every time you do something to exercise your mind. You could win some great prizes. The grand prize is a Kindle Paperwhite. Three additional prizes will also be drawn this summer, including a brain-building adult puzzle pack, and mini stress-reducing "stay-cation" prize pack.

Here are some of the activities you've shared with us on the raffle tickets we've collected so far: Practicing qigong, reading for 30 minutes before bedtime, learning new music on the piano, eating different salads, and working in the vegetable garden. For more ideas on how to help keep your brain active and healthy this summer, visit our adult summer reading station in the lobby or download the brochure at www.northboroughlibrary.org. You can also get bonus raffle tickets for posting on our Facebook page, recommending a great book you are reading, or participating in one of the mind strengthening events offered this summer. For questions and more information about **Exercise the Mind — Read!** please visit the Adult Services desk, email us at adults@northboroughlibrary.org, or call 508-393-5025 ext. 5.

Introduction to Qigong - Mondays, July 11th and 18th, 12:15 - 12:45 p.m.

We invite you to quiet your mind and gently stretch your body in moving meditation with an introduction to qigong. An ancient Chinese health care system that integrates physical postures, breathing techniques and focused intention, Qigong practice benefits the mind and body. Yogini Kathleen Jean will guide us through this half-hour lesson showing us how simple breathing techniques and body postures will reduce stress and leave us feeling calm and centered. Wear comfortable shoes, and dress in something easy to move in. Free. You may sign-up for one or more sessions. This event is part of the adult summer reading program Exercise the Mind- Read and is supported by the Friends of the Northborough Library. For adults ages 18 and up.

Adult Coloring Night – Monday, August 1st, 7:00 - 8:15 p.m.

Our popular Adult Coloring Club continues through the summer. Join us the first Monday of each month to sit, chat, relax and color a while. We'll provide coloring sheets and supplies, or feel free to bring your own. Drop in.

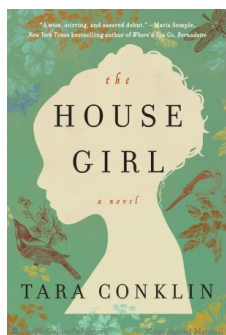
Robert Rivest - Saturday, August 13th, 10:00 - 11:00 a.m.

Renowned comic mime artist and accomplished health, literacy and stress relief educator Robert Rivest returns this summer for an encore presentation to wrap-up Exercise the Mind-Read! adult summer reading program. Reducing chronic stress is important in maintaining healthy brain structure and connectivity. Using mime, comedy, insight, and interaction Robert offers both "comic relief" and practical stress relieving techniques, including a introduction to Laughter Yoga. Don't miss out on learning an easy and natural way to reduce stress! Free. For adults ages 18 and up. Please register in advance.



Deborah Hersh
Adult Services Librarian

Join Our Book Groups!



Monday Evening Book Group, 7:00 - 8:30 p.m. Meets at the Northborough Free Library

Usually meets 3rd Monday of each month, except when holidays prevent.

July 18

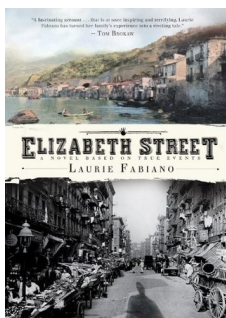
The House Girl, by Tara Conklin

Senior Center Book Club, Wednesdays @ 1:30 p.m. Meets at the Northborough Senior Center

Meets the 3rd Wednesday of the month

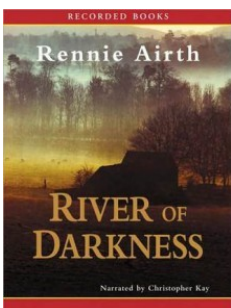
July 20

Elizabeth Street: A novel based on true events,
by Laurie Fabiano



Mystery Book Club, Wednesdays, 7:00 - 8:30 p.m. Meets at the Northborough Free Library

Meets the 3rd Wednesday of each month.

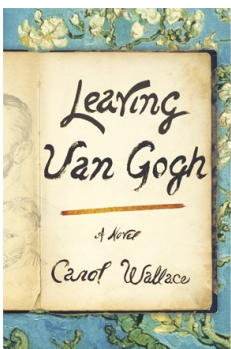


July 20

River of Darkness, by Rennie Airth

Friday Morning Book Group, 10:00 - 11:30 a.m. Meets at the Northborough Free Library

Usually meets the 2nd Friday of the month.



July 8

Leaving Van Gogh, by Carol Wallace

August 12

I Am Malala, by Malala Yousafzai

September 9

We Took to the Woods, by Louise Dickinson Rich

October 14

All the Light We Cannot See, by Anthony Doerr

*~ Copies of these books are available
at the Circulation Desk the month before a meeting ~*

The Northborough Free Library Presents Children's Summer Reading Program 2016

Mon	Tues	Wed	Thurs	Fri	Sat
JULY				1 Toddler Time 10:00 am	2 CLOSED
4 CLOSED	5 Active Soles 10:30 am	6 MGOL 9:45 & 10:30 am Have a Ball! 2:00 pm Wind-Down Wednesdays 6:00 pm	7 On Your Mark Storytime @ Assabet Park 10:00 am	8 Toddler Time 10:00 am Crafternoon 1:00-4:00 pm	9
11 	12 Active Soles 10:30 am Crafternoon 1:00-4:00 pm	13 MGOL 9:45 & 10:30 am Read to Finnegan 4:00 pm Wind-Down Wednesdays 6:00 pm	14 On Your Mark Storytime 10:00 am	15 Toddler Time @ Assabet Park 10:00 am	16 Sportstacular 10:30 am
18 Circle Time Hoola Hoop 1:00 pm	19 Active Soles 10:30 am Nursery Rhyme Relays 2:00 pm	20 MGOL 9:45 & 10:30 am Read to Finnegan 4:00 pm Wind-Down Wednesdays 6:00 pm	21 Dora the Explorer 10:00 am	22 Toddler Time 10:00 am Crafternoon 1:00-4:00 pm	23
25 Fun with Food 3:00 pm	26 Active Soles 10:30 am Crafternoon 1:00-4:00 pm	27 MGOL 9:45 & 10:30 am Read to Finnegan 4:00 pm Wind-Down Wednesdays 6:00 pm	28 On Your Mark Storytime 10:00 am	29 Toddler Time 10:00 am	30 
1 Read to Finnegan 4:00 pm	2 Color Me A Story 10:00 am Music Mashup	3 MGOL 9:45 & 10:30 am Super Soup Spectacular 4:00 pm	4 On Your Mark Storytime 10:00 am	5 Toddler Time 10:00 am	6
8 Ninja Party! 6:30 pm	9 Color Me A Story 10:00 am Music Mashup 10:30 am Crafternoon 1:00-4:00 pm	10 MGOL 9:45 & 10:30 am Wind-Down Wednesdays 6:00 pm	11 On Your Mark Storytime 10:00 am Fun with Food 3:00 pm	12 Toddler Time 10:00 am	13 Summer Reading Finale 3:00 pm (Summer Program ends)
15	16 Color Me A Story 10:00 am Music Mashup 10:30 am	17 MGOL 9:45 & 10:30 am	18 On Your Mark Storytime 10:00 am	19 Toddler Time 10:00 am	20
22	23	24 Read to Finnegan 4:00 pm	25	26	27 August
Register online at www.northboroughlibrary.org/summerreading.asp					