

Picture Books on Medical Conditions in Adults

(* denotes series)

General Illness

Beep, Beep, Bubbie by Bonnie Scherr Klein

Kate is upset when grandma (Bubbie) gets a motorized scooter. Will Bubbie still be Bubbie in that scooter? Kate slowly warms to the scooter after she sees what a good friend it is to Bubbie. And shopping at Granville Island turns out to be so much fun! Her little brother Nate loves the scooter's bells and whistles, and Kate makes new friends on their joyous outing.

Ani's Light by Tanu Shree Singh

Ani's stuck in a dark cloud because his mother hasn't been home. His friends and family try to brighten his mood, but nothing helps. When Mama finally comes back, but with her hair missing, Ani's light gets brighter and brighter, chasing away his darkness. The unconditional love between Ani and his mother shines through as the two enjoy their precious time together, whether it's forever, or just for now.

Alzheimers' /Dementia/Memory Loss

Coffee, Rabbit, Snowdrop, Lost by Betina Birkjær

Stump always has a fantastic time with his grandparents, filled with flowers, puzzles, crosswords, and endless love. But one day, Stump's grandfather starts to lose his memory—and his words, which literally fall from him. Stump tries his best to keep the lost words safe, collecting them in a special box. But Grandpa seems to forget more and more everyday, and the situation comes to a head one snowy night when Stump wakes up to find Grandpa missing. Together, Stump and Grandma must find new ways to connect with Grandpa, and show him that he's not alone.

The Day Abuelo Got Lost by Diane de Anda

A touching story about a boy and his grandfather who enjoy a special relationship—until Abuelo starts to lose his memory. Instead of building model planes and cooking together, Luis and his father have to search the neighborhood for Abuelo, and Luis and Abuelo have to find new activities to enjoy together.

My Singing Nana by Pat Mora

This is a compassionate tribute to families dealing with Alzheimer's Disease. This story celebrates the ideals of family, heritage, and happy memories, showing kids that no matter how their loved one might change they always have ways to maintain their special connection.

The Remember Balloons by Jessie Oliveros

James's Grandpa has the best balloons because he has the best memories. He has balloons showing Dad when he was young and Grandma when they were

married. Grandpa also has a silver balloon filled with the memory of a fishing trip he and James took together. But when Grandpa's balloons begin to float away, James is heartbroken. No matter how hard he runs, James can't catch them. One day, Grandpa lets go of the silver balloon—and he doesn't even notice! Grandpa no longer has balloons of his own. But James has many more than before. It's up to him to share those balloons, one by one.

Finding Grandma's Memories by Jiyeon Pak

Grandma loves teatime--and so does her granddaughter--from picking out a special cup, to brewing the tea, to sharing stories at the table. But lately, Grandma seems forgetful. She doesn't always remember to turn off the faucet when filling the teakettle. Sometimes she even confuses her granddaughter's name. How one little girl helps her grandmother remember their special ritual makes for a heartwarming story that will strike a chord with any family coping with elderly relatives who suffer from memory loss.

A Doll for Grandma by Paulette Bochnig Sharkey

Kiera loves spending time with her grandma. They play dress up. They paint their nails. They make cookies for picnics with Kiera's doll. But then Grandma starts to change. She starts misplacing items and forgetting how to do everyday tasks. Soon she has to move out of her home into a memory-care center for people with Alzheimer's. She starts calling Kiera by a different name. Then Kiera has an idea and finds a new way to enjoy time with her Grandma.

Dear Girl by Anne Swerts

Something is different about Grandpa. He forgets things very easily--he even forgets what simple words mean. Grandpa can remember a lot from his childhood, but his granddaughter, Cathy, knows that something is wrong. Join Cathy and her family as they learn about early-onset dementia and find things that Grandpa will hold dear, just like his dear girl, Cathy.

Chronic Illness

Some Days: A Tale of Love, Ice Cream, and My Mom's Chronic Illness by Julie Stamm

Even when Wyatt's mom isn't feeling her best, he still thinks she's a superhero! Rosie and Wyatt go on adventures every day: On sleepy days, they build a cozy pillow fort just for two. On wobbly days, Wyatt gets out Rosie's magical walking stick and they cast spells on his toys. And on one super-special day, the whole family heads to town for the big "funraiser"!

Parkinson's Disease

Bunnies Don't Box by Mary Claire O'Donnell

Merry Bunny loves to play with her bunny friends, but she begins to see differences between them and her. Overwhelmed, she isolates herself until her friend Claire Bear visits. Claire persuades Merry to come to the boxing gym with her to help with their tremors. However, Merry is afraid to box since she is a small animal. Her fears only grow when Wally Wolf growls "bunnies don't box" at the door of the gym. Merry almost gives up, but Claire convinces her to come inside. Her journey as a boxer and with Wally continues from there.

Bipolar Disorder

Up and Down Mom by Child's Play

Living with Mom is a bit like a roller coaster ride. At times, she is excited and full of energy, but at others, she is tired and withdrawn. But she's always my mom, and we're sharing the ride.