



Cook Memorial Library
93 Main Street
Tamworth, NH 03886
603-323-8510

**Hours: Mon 10-5, Tues & Wed 10-8,
Fri 10-5, Sat 10-2**

[Events Calendar](#)

Catalog: catalog.tamworthlibrary.org

Website: tamworthlibrary.org

August 2024 newsletter: Vol. XXI No. 8

This month: More summer for reading and adventures, music on the lawn, drama book club, campfire, outdoor movie, hula hoops, and caterpillars.

Art Show: Our August exhibit features Barnstormers Theatre posters from past years. It's always fun to revisit these works by local artists, and remember the shows.

Library Trustees meeting, Monday, August 12, 5:30 PM

Music on the Lawn, Wednesdays 6:30-7:30 PM on the library's front lawn (rain location UUFES). Two more times this summer: 8/7 Welles Stafford, 8/14 White Mountain Ceili Band

Outdoor Nature-based Storytime for young children, every Tuesday at 10:30 AM

Adventure begins at the Cook Memorial Library! Our Summer Reading Program continues this month. We've loved hearing about your summer reading and other adventures.

- Keep bringing in your adventure logs to get raffle tickets for a chance to win one of our summer reading prizes.
- Prize drawings will take place on Saturday, August 17 at the Hula Hoop Party.
- Check out the adventure backpacks packed with activities curated by Tin Mountain Conservation Center, Tamworth Recycling Project, Tamworth Conservation Commission, Tamworth History Center, and White Mountain Mushroom Company.



Summer Reading Program adventure schedule:

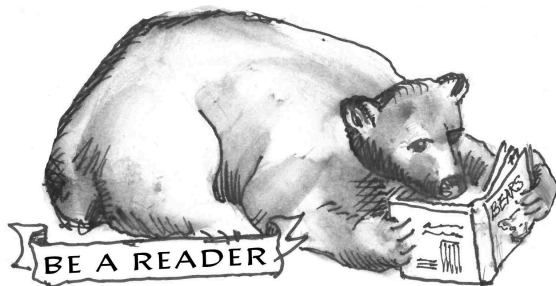
- **Family campfire and camp out behind the library,** Tuesday, August 13: Come from 7:00-9:00 PM for songs and stories with Dexter Harding around the campfire. Families who choose to camp overnight must provide all of their own camping equipment. Register ahead of time online at bit.ly/4fubE1h. All children must be accompanied by a parent or guardian at all times. Parents/guardians must sign a participation agreement for overnight camping. Questions? See Amy Carter at the library.
- **Hula Hoop Party,** Saturday, August 17, 10:00-11:30 AM: Come spin with Josie Lamb, hula hoop expert and nurse practitioner at the White Mountain Community Health Center. We'll have hula hoops for you to use, or bring your own. Popcorn, too!
- **Outdoor movie night,** Wednesday, August 21, 7:00 PM: Bring a blanket or chair and come watch the film *Storm Boy* outside behind the library. Read a description of the film at <https://catalog.tamworthlibrary.org/Record/105765>
- **Caterpillar Lab,** Saturday, August 24, 10:00 AM-2:00 PM: Come learn about biodiversity and an interactive exhibit of native New England caterpillars brought by The Caterpillar Lab of Marlborough, NH. Sponsored by the Friends of Cook Memorial Library.

Board Games for Summer Evenings, Tuesdays, 5:00-8:00 PM. For teens and adults. Come play a variety of board games in our historic front room. Feel free to bring a game you'd like to teach others.



Drama Book Club with The Barnstormers, Monday, August 12, 1:00-2:00 PM. Whether you're a drama buff or have never set foot in a theater, the Drama Book Club is a whole new way to experience a play with members of The Barnstormers Theatre. Join long time Barnstormer actor, Doug Shapiro, as he leads you and members of the community, plus other surprise guests, in reading a play aloud together. Scripts will be

provided in advance for those who might like to take a look prior to the club meeting, but preparation is not necessary. Each meeting will feature a different play, so there is sure to be something for everyone. No acting or theater experience required—we're here to have a good time!



Poetry Hour, Monday, August 26 at 5:00 PM. If it's nice out, we'll meet outside, inside if not.

CML Book Group will not meet in August. For this fall, we're moving our book group to Fridays at noon, in person at the library. Bring a bag lunch and join us on Friday, September 27 to choose books for our 2025 discussions. Looking ahead to October, we have copies of this year's

[One Book One Valley](#) title, *The Road to Dalton* by Shannon Bowring, available to borrow.

Raising Happy, Healthy, Kind Kids in a Screen-Saturated World, Thursday, August 29 at 7:00 PM in person at the library, a talk by Dr. Michael Rich, author of *The Mediatrix's Guide: A Joyful Approach to Raising Healthy, Smart, Kind Kids in a Screen-Saturated World*. Dr. Rich will discuss the effects of media exposure on a child's health and well-being during various stages of development, and some of the specific health problems related to media use. Rich will also talk about how context is as important as the content of the media kids consume, and will offer actionable strategies and tips organized by children's developmental stages from infancy to young adulthood.

This talk will not be recorded. The library has a copy of Dr. Rich's book to lend, and there will also be copies available for sale after the presentation.