Adult Programs

Health & Wellness

Kick off 2019 by taking extra good care of you!

Health Tips and Screening

With Jackie Zysman, Retro Fitness Tue, Jan 15 • 6pm Learn tips and have your own health screening done so you know where you are starting in 2019.

Gentle/Beginning Yoga

With Maraaret Mitard Sat Jan 19, 26, Feb 9 and 16 • 1pm Gentle yoga for beginners – or any level. Bring your own yoga mat.

Rockland County Office for the Aging Tue, Jan 22 • 12:30pm

Have your questions answered and learn about available County services and programs.

SDIRI

Preventing Falls

With Motion Sports Medicine Tue, Jan 22 • 1pm Are you at risk for falling? Join physical therapists as they discuss falls, give you helpful exercises and teach you ways of prevention.

Chair Yoga

With Mary Callan Tue, Feb 26, and Mar 5, 12, and 19 • 2pm Help to increase your strength and flexibility.

Financial Wellness & Retirement Planning With Sarah Milby from Foresters Financial Tue, Mar 19 • 6:30pm Join us for these back-to-back lectures on two timely

financial subjects.

Inner and Outer Peace Through Meditation With Dr. Frank Pawlowski

Tue, Mar 26 • 6:30pm Learn techniques to help you access wisdom, fearlessness, unconditional love and bliss.

Calming Effects of Meditation With Dr. Frank Pawlowski Wed, May 15 • 6:30pm Learn simple techniques that allow you to find the positive benefits derived from mediation.

Μεποιία Day, Mon May 27 Easter, Sun, Apr 21 Presidents Day, Mon Feb 18 WLK, Jr Day, Mon, Jan 21 Closing Dates

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Sara Nugent, Director

Beatrice Sonnenshein ladqodo2 onsol Valerie Kersting səəisnij Kathleen Keefe-Cooperman, Secretary William Sheridan, Treasurer Raleigh Tozer, Vice President Victoria Caramante, President *сцеск*

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LIBRARY **NA99**

Tween & Teen Programs

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Local Tappan Patron

Register online at www.taplib.org or call 359-3877 for assistance.

Exam Prep Series

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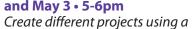
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with Princeton Review Grades 9-12 Take a free, full-length practice test and receive a personalized score report from Princeton Review. Bring two sharpened pencils and a calculator. Max: 20

The Princeton Review[®]

Practice SAT Sat, Feb 2 • 12:30-4:30pm Practice ACT Sat, Mar 2 • 12:30-4:30pm

Teen Art with Alexis Starke Grades 6-12 Fri, Feb 8, Mar 8, Apr 5 and May 3 • 5-6pm



variety of techniques and mediums. Come to one or come to all sessions - Register for as many sessions as you would like Max: 15 per session

Scratch Programming



with Amber Klebanoff Fri, Mar 1 • 5-6:30pm

create games, puzzles, mazes, and animation.

Peeps Birdhouses Grades 4-7

Mon, Apr 8 • 5-6pm Welcome spring with an edible house for your favorite marshmallow bird. Max: 10

Recycled Art Sculptures

Mon, Apr 22 • 5-6pm Celebrate Earth Day by making cool sculptures from recycled materials. Max: 10

Please clip and use when submitting your annual tax deductible donation. Name Address In Honor of In Memory of Please make checks payable to: Tappan Library, 93 Main Street, Tappan, New York 10983



Grades 5-8

Grades 4-7

Learn to code with Scratch and

Register online at www.taplib.org or call 359-3877 for assistance.

Community Services fair Sat, Mar 16 • 1-4pm

Join local community organizations such as the Tappan Fire Department, O'town Police Department, Historical Society of Rockland

Co. and Senior Clubs and find out what they do, how you can participate and get involved in the community. Registration is not required.

Arts and Crafts

Telling Your Life Story With Judy Berkin

Wed, Feb 13 • 1:30pm Every life is unique and valuable. There is no "wrong" approach to telling your story. Judy will help you find your way of sharing your story for your family. This workshop will be held at the Orangeburg Library.

Intermediate Watercolor Class

With Javne Conte Wed, Mar 20, 27, and Apr 3 and 10 • 2pm A four-part class for experienced watercolor painters. Advanced techniques will be explored. Painters must purchase and bring their own supplies. A material list will be provided at registration.

Intermediate Knitting

With Jessica Bowen

Mon, Apr 1, 8, 15, and 22 • 6:30pm

Add the purl stitch to your repertoire and learn to create stockinette stitch, ribbing, basket-weave, and other patterns by alternating knit and purl stitches.

Breaking Up With Clutter

With Jamie Novak Tue, Apr 9 • 6:30pm Get ready for spring cleaning with tips from decluttering expert Jamie Novak.

Local History

History of the Rockland County Courthouse With Justice Alfred J. Weiner (Ret.) Tue, May 14 • 6:30pm *Retired Justice Weiner shares the history of our* Countv's Courthouse.

Shanks Legacy With Mary Cardenas Wed, May 29 • 6pm Find out about the lasting effects Camp Shanks has had on our community.

WINTER/SPRING **NEWSLETTER 2019**

Adult Programs

Register online at www.taplib.org or call 359-3877 for assistance.

BOOK CLUB

with Ellie Pollack All discussions start at 10:30am Books available one month prior to the discussion.



Pavilion of Women, by Pearl S Buck



Fri, Feb 1 **Fools and Mortals**, by Bernard Cornwell

MAID

BENEDICT

ALIN.



Fri, Mar 1 Carnegie's Maid, *by Marie Benedict*

BERNARD CORNWELL Fri, Apr 5 Fools and Mortals

The Paris Wife, by Paula McLain

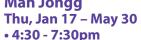


bv Michael Ondaatje

Any Game Open Play

Thu, Jan 17 – Apr 25 • 12pm Bring your sets, cards, or tiles to play your favorite game. Or play one of our classic board games.

Mah Jongg



Bring your set and card. Limited to 20 players. Registration is required.

Intermediate Canasta

With Linda Gottlieb Thu, May 2, 9, 23, 30, Jun 6, and 13 • 1:30pm This six-part class is designed to take your game to the next level. Players must know how to play and the basics of the game.



with Ian Prastien Sat, Jun 1 • 11am-5pm For NYS drivers. Must register in person. \$25 fee (checks payable to lan Prastein) required at time of registration.



In conjunction with PBS's Great American Read program, this past fall we conducted our own patron survey to see which titles were Tappan's favorite reads.

Based on the results we are hosting book/movie events featuring some of your top 10 favorites. *By* collaborating with members of the STAC English Department we expect an extra lively discussion. All ages are welcome to attend

Book: Sun, Jan 13 • 1pm To Kill a Mockingbird, by Harper Lee. Movie: Sat, Jan 19 • 2:30pm To Kill a Mockingbird (NR)

Book: Sun, Feb 10 • 1pm

Charlotte's Web, by E.B. White. moderated by Professor Gold Movie: Sat, Feb 16 • 2:30pm Charlotte's Web (G)

Book: Sun, Mar 3 • 1pm The Great Gatsby, by F. Scott Fitzgerald. Movie: Sat, Mar 9 • 2:30pm The Great Gatsby (PG-13)

Book: Sun, Apr 7 • 1pm The Grapes of Wrath, by John Steinbeck. Movie: Sat, April 13 • 2:30pm The Grapes of Wrath (NR)

Book: Sun, May 5 • 1pm Little Women, by Louisa May Alcott. Movie: Sat, May 11 • 2:30pm Little Women (PG)



Every Mon • 2pm

Each week we will announce the movie for the upcoming week. With the award season upon us, we plan to feature the nominees. Check our website or drop in to see what's playing each week.

INTERNET SAFETY SERIES

Internet Self Defense I Sun, Feb 17 • 2pm

or Tue, Mar 26 • 2pm This class will teach the basics of keeping your information secure on the Internet.

Internet Self Defense II

Tue, Apr 16 • 2pm or Sat, May 18 • 2pm

More advanced tips and tricks to stay safe on the Internet.

TECHNOLOGY HELP Book a Librarian

Trouble downloading books? Not sure how to use Hoopla or Kanopy? Want to *learn a new language with Rosetta Stone?* Call us and make an appointment. Bring in your device and we will help you set up your account!

Artists On Display



Judith Manton Tanenbaum April

May Donna Litz Roger Bester





MusiCare with Miss Sue

Infants to 5 years with a caregiver

Sat, Jan 12, Feb 9, Mar 9, Apr 13 and May 11 • 1-1:30pm Join Miss Sue for fun with music and instruments. Max: 20

Paws for Reading

Mar 13, Apr 10,

adorable dog, Ollie.

Little Artists

Мах: б

with Ollie, certified therapy dog Grades K-5 Wed, Jan 16, Feb 13,

and May 8 • 4:30-5:30pm

Ages 2-5 with a caregiver

and May 16 • 1-1:30pm

Sign up for a one-on-one 10 minute

session and "pause" to read with this

Thu, Jan 17, Feb 7, Mar 14, Apr 18,

An open-ended, no-rules approach to

Pre-K art—dress for mess! Max: 20

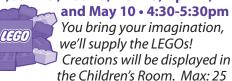


Smallfoot Wed, Feb 20 • 1:30pm exist. Rated PG, 96 min.

Fri, Mar 22 • 1:30pm

LEGO Lab

Grades K-5 Fri, Jan 18, Feb 15, Mar 15, Apr 12,



Kids Yoga with Judy Levin



Mar 29, Fri, May 17 • 4:30-5:30pm

Learn how to move and stretch into fun poses with a certified yoga instructor. Dress comfortably and bring water. Come to one or come to all sessions -*Registration is per session. Max: 20*

Slime Your Valentine Grades 2-5

Mon, Feb 4 • 4:30-5:30pm

Nothing says Valentine's Day like slime! Mix up a batch of sparkly, stretchy slime in pink, red, and purple for someone you love. Max: 10

Max: 20

Initial Art

Grades K-6

Thu, Feb. 28 • 11:30-12:15pm Ages 2-5 with a caregiver

Peppa's Muddy Puddles

Ages 2-5 with a caregiver Thu, Mar 28 • 11:30-12:15pm Come jump in (pretend) puddles like Peppa and make a project celebrating everyone's favorite little pig. Max: 20



Fire & Ice with Mad Science

Ages 4-11

2-3pm

Tue, Feb 19•

Childrens Programs

Register online at www.taplib.org or call 359-3877 for assistance.



sizzlin' excitement!

Learn about the amazing properties of fire and combustion, and then cool off with spectacular demonstrations involving dry

Family Movies

Enjoy these family-friendly hits on our big screen. No registration required.

A Yeti is convinced that the elusive creatures known as "humans" really do

Ralph Breaks the Internet

Ralph and Vanellope, discover a Wi-Fi router in their arcade, leading them to a new adventure. Rated PG, 112 min.

Mary Poppins Returns Wed, Apr 24 • 1:30pm

The practically perfect nanny is back and this film features the now arownup Banks children. Rated PG, 130 min.

Thu, Feb 21 • 2-3pm

Celebrate your name! Raid the craft closet and decorate a cut-out of your first initial.



It's Dr. Seuss' birthday! Enjoy Seussical stories, crafts, games, and treats. Max: 20

Clay Day Grades K-6 Thu, Apr 25 • 2-3pm

What can you make with polymer clay? Anything you want! Join us for a "clay date" and take home a one-of-a-kind sculpture. Max: 12

Mother's Day Flowers Grades K-5

Mon, May 6 • 4:30-5:30pm



Use recycled materials to create flowers for your mom. grandma, or aunt that never need waterina. Max: 20



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This season's storytime sessions are being funded by a generous donation from Books R Us. Books R Us is a local group of avid readers dedicated to promoting children's literacy. We thank them for selecting Tappan!

Baby Time

Infants to 18 months w/caregiver Tue, Jan 8 – May 21 • 11-11:30am Music, movement, bubbles, and parachute play! Max: 20

Preschool Time

Ages 3-5 years w/caregiver Wed, Jan 9 – May 22 • 10:30-11am Develop learning and listening skills, make new friends and have fun! Max: 20

Toddler Time

Ages 19 months to 2 years w/caregiver Tue, Jan 8- May 21 • 11:15-11:45am

Wed, Jan 9- May 22 • 2-2:30pm Shake your sillies out with songs, scarves, and bubbles! Max: 20

1000 Books Before Kindergarten is a program designed for kids under five. For more

information, please visit our website or stop by!

