# Adult Programs .....

Virtual Programming: All events will take place online. Please register @ whitelakelibrary.org or by calling 248-698-4942 ext. 4. Information on how to join online programs will be emailed to you 1 - 2 days before the event.

#### **Tech Time**

Discuss technology trends and tips, plus troubleshoot your tech related questions virtually.



First Thursday of each month 2 - 3 pm

September 3, October 1, November 5, (No December Meeting)

# **Armchair Travels**



Take a trip with us and explore a fun location from your favorite spot at home! We will explore a new destination every month. Second Thursday of every month 2 - 3 pm

September 10, October 8, November 12, December 10

# Craft Junkies Kit Style

Need some crafts in your life? Pick up your kit from the library and join us virtually to craft together!



First Monday of each month, 6:30 - 7:30 pm

Sept 14 (Second Monday), Oct 5, Nov 2, Dec 7

Kits available for pick-up 1 week before program

# Idea Lab



There is always something to do from the Idea Lab! Stop in and grab a project to do at home. Limited supplies available.

September: Origami • October: Magnets November: Paper Quilling • December: Basket Weaving

#### **Senior Book Group**

Readers 50+ are invited to join the Dublin Community Senior Center group for an online book club via Zoom. Book titles and books will be available at the adult information desk one month before the program. Register at whitelakelibrary.org or call the library.

Third Thursday of each month, 10:30 - 11:30 am September 17, October 15, November 19, December 17

# Yin Yoga with Kahlia



Looking for a way to boost your health and decrease stress? Join us as we explore Yin Yoga, which uses breath work and simple, restorative poses for any level of yoga experience. A link to the recorded video will be emailed to registered participants.

Third Friday of each month, 2 pm September 18, October 16, November 20, December 18

# **Read and Discuss**

Read this month's librarian pick and join us for a virtual book club via Zoom. Book titles will be available one month before the discussion. Register by calling the library or at whitelakelibrary.org.



Second Tuesday of each month, 6:30 – 7:30 pm October 10, November 10, December 8

# **One-on-One Computer Help**



Do you need help operating your computer, laptop, or tablet? Need help connecting with loved ones over Skype or Zoom? Become more comfortable with email, the internet, Microsoft Office

software, and downloading eBooks, audiobooks, or magazines from the library. Call or email (reference@whitelakelibrary.org) the Adult Information desk to schedule a half-hour virtual session.

# **Adult Special Programs**

# **Mystery Spice**

Explore a new spice! You will receive a mystery spice, background information about it, and a recipe. Join us for a Zoom meeting to discuss the spice and the recipe (or share any other recipes you found!)



Thursday September 24 • 6:30 - 7:30 pm Spice will be available for pickup 1 week before program



#### **UFOs Over Michigan**

Join Bill Konkolesky, the state director of Michigan Mutual UFO Network, to learn about the history of the biggest UFO sightings in Michigan's history!

Monday September 28 • 6:30 - 7:30 pm

#### Social Emotional Learning at Home

Many students are learning in a virtual environment this year, but they can still benefit from Social Emotional Learning (SEL). Paige Riley, S.Psy.S. will share what SEL is, why it is important, and how to add SEL strategies to the home learning environment.



Thursday October 1 • 6:30 - 7:30 pm

#### **Yooper Talk**



Join Kathryn Remlinger, PHD, from Grand Valley State University, as she shares with us the social and linguistic history of English in the Upper Peninsula, or Yooper Talk. Monday October 12 • 6:30 - 7:30 pm

# Cricut 101

Did you know that the library has a Cricut Maker available? We will share the basic information you need to create a project. A link to the recorded video will be emailed to registered participants.

Tuesday October 13 • 7 pm

#### **Euchre Game Day**

The library is hosting Euchre online this fall! Want in on the trick-taking action? Sign up today! Saturday October 17 • 2:30 - 4:30 pm

#### **Plunder and Pillage:** Weaponry and History of the Caribbean Pirates



Jerry Berg from the

Swordsmanship Museum and Academy will be joining us as we learn about the weaponry and history of the Caribbean Pirates!

Monday October 19 • 6:30 - 7:30 pm

# The Secrets of Fall Migration



Bill Rapai will be joining us to discuss fall bird migration, what migration looks like, what birds migrate, and which birds you are most likely to see.

Monday November 9 • 6:30 - 7:30 pm

# Stress Less with Mindfulness

Mindfulness (paying attention purposefully, in the present and non-judgmentally) reduces stress-related symptoms and helps manage chronic conditions. Learn how



mindfulness can reduce stress from Lisa Tams, LMSW. Tuesday November 10 • 2:30 - 3:30 pm

# WWII In Their Own Words



Larry Martin presents an interview with Colin McKensie, a frontline combatant of WWII serving aboard the USS Pennsylvania at Pearl Harbor on December 7th, 1941.

Monday November 16 • 5:30 - 7:30 pm

# Virtual Concert

Enjoy pop, country, and classic rock tunes performed by Penny and Dan from local band Mr. Moody.

Thursday December 3 • 6:30 pm